



**DEL PUERTO HEALTH CARE DISTRICT
2021 COMMUNITY HEALTH ASSESSMENT AND NEEDS SURVEY
METHODOLOGY AND OUTCOMES REPORT**

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Introduction

Created in 2014, the Public Health Survey Research Program (PHSRP) aligns the research needs of the California Department of Public Health (CDPH) with the dynamic faculty and student capacities of California State University, Sacramento (Sacramento State). PHSRP runs an English/Spanish bilingual, Computer Assisted Telephone Interview (CATI) call center with over 50 stations for interviewing and onsite interview monitoring. Housed in Sacramento State's Folsom Hall, the allied health hub of the campus, PHSRP is a collaboration of CDPH, and Sacramento State's Academic Affairs, and the Colleges of Health and Human Services and Social Sciences and Interdisciplinary Studies. PHSRP conducts research, which increases understanding of people's health behaviors and their health needs, and provides policy makers with the data they require to make evidence based decisions.

In 2020, the Del Puerto Health Care District (DPHCD) contracted PHSRP to design and conduct a Community Health Assessment and Needs Survey (CHANS) of their residents by household. The purpose of the project is to better understand the health and health care needs of DPHCD residents (persons living in the ZIP codes 95313, 95363, 95385, and 95387, termed the "West Side"), as well as assess the prevalence of health care conditions and health care accessibility. The survey was conducted in English and Spanish by mail and internet.

This document describes the methods, implementation, and outcomes of the data collection process. Also presented here are bivariate comparisons between CHANS variables, using significance testing (Pearson's chi-squared, Independent Samples t Test, and One-way ANOVA; significance set a $p < .05$ unless otherwise noted). All comparisons conducted are listed, but only significant comparisons are described and graphed (unless otherwise noted). The dataset and codebook are provided separately from this report.

The data presented here can tell many stories about CHANS respondents by following a population of interest through the report to see what the data say about their lived experiences.

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Project Design

Data Collection Method

In order to assess the health and health needs of residents, the Del Puerto Health Care District (DPHCD) desired a Community Health Assessment and Needs Survey (CHANS) with 300-400 household responses to a survey. The aim was to target households (not individuals) on the West Side (i.e., the four Del Puerto ZIP codes: 95313, 95363, 95385, and 95387). A team of DPHCD and Public Health Survey Research Program (PHSRP) staff considered several data collection methods to reach this goal. Random-Digit-Dialing was not feasible due to: (1) the small target geographic area, which makes phone number sampling unreliable, (2) phone sampling makes targeting households as opposed to individual more difficult, (3) declining phone response rates, and (4) high cost. An internet and/or mail paper survey would allow for sampling of nearly every residential household in the target geographical area. While an internet only survey would save on printing and mailing costs versus a mailed paper survey, it was not desirable for several reasons: (1) low mail invitation response rates, (2) high survey drop off rates due to length, and (3) low internet use in rural and low-income areas (i.e., the digital divide). As a result, the team developed a 3-pronged approach to yield the best response within the budget and timeframe.

This approach consisted of a mailed paper survey to every residential household on the West Side (prong 1), with a cover-letter that included an invitation to the survey via internet (prong 2). In addition, the sample purchased included potential phone numbers associated with each address (see Sample below), allowing PHSRP to call potential participants who had not completed the survey by mail or internet after a sufficient time, and additional survey were needed to reach the goal (prong 3). The team also determined the timeline for the project. The goal was to mail the paper surveys at the beginning of January 2021, data collection would continue through the end of February 2021. Finally, in order to incentive participation, the team determined that 3 randomly chosen participants would receive a \$200 gift card.

Sample

PHSRP purchased the mailing and phone sample from Marketing Systems Group (MSG; <http://www.m-s-g.com>), which has been providing sampling services for survey research since 1987 (including the CDC's Behavioral Risk Factor Surveillance System). MSG provided every residential address in the four ZIP codes that comprise the West Side (95313, 95363, 95385, and 95387; including P.O. boxes for residences without direct mail), as well as up to two phone numbers potentially associated with the residential address. The sample consisted of 9,025 records (i.e., addresses), of which 5,888 (65.2%) had at least one phone number associated with them; see Table 1 for the breakdown of the sample by ZIP code. PHSRP randomly assigned each record a unique ID between 10001-19025.

Table 1: Sample Records by ZIP Code and Number of Phone Numbers

ZIP Code	No Phone Number	1 Phone Number	2 Phone Numbers	Total Records
95313	162	129	74	365
95363	2,606	3,466	2,072	8,144
95385	43	33	17	93
95387	326	84	13	423
Total	3,137	3,712	2,176	9,025

Survey Design

DPHCD staff compiled a list of potential survey questions, several from another population health survey, the California Health Interview Survey (CHIS), in order to allow for comparison of data. Several questions were reworded to assess for health conditions and behaviors at the household as opposed to person level. PHSRP staff reviewed the proposed questions and made suggestions on order, as well as question wording that better suited the data collection method and question intent. The team developed a cover letter for the mailed survey that included an explanation of the survey purpose, the survey incentive, including that the survey needed to be completed by February 28th, 2021, and the invitation to the online survey.

PHSRP worked with Sacramento State's University Print and Mail department to determine the best survey format to keep print and mail costs down. Given the length of the survey, the recommended format was an 8-page booklet, composed of two 11x17 inch papers folded and stapled in the middle. The result is an 8-page booklet, positioning the cover letter on the front page, and the survey on booklet pages 2-8 (including the back page). PHSRP translated the cover letter and survey into Spanish and formatted both versions into the 8-page booklets (see Appendix A). Every sample record was mailed an English and Spanish version of the booklet, with a postage paid return envelope.

PHSRP then developed a paper version of the online survey (see Appendix B) which included an online specific introduction, repeated definition of "the West Side" through the survey, and added a "Prefer not to answer" option to every question. The addition of "Prefer not to answer" allows for every question on the survey to be required before submitting. PHSRP utilized Qualtrics (<https://www.qualtrics.com/>) for the online version of the survey. In order to simplify the online survey invitation, the Qualtrics Survey URL (https://csus.co1.qualtrics.com/jfe/form/SV_e990Od7xLDyUJHn) assigned a Tiny URL (<https://tinyurl.com/y5ze49b7>). In order to link online surveys to the specific sample record/address the paper survey was sent to, the cover letter included a survey code specific to that address. Upon going to the online survey, the participant had to enter that code to continue. This allowed PHSRP to link each sample record to the online survey, disallow duplicate entries from the same household, and display the address in the first survey question, which confirms address.

Both the paper and mailed surveys provided participants with the option to be included in the drawing for the three \$200 gift card incentives by providing their first name and phone number.

Project Implementation and Response

The 9,025 sampled households were mailed the CHANS on January 19th, 2021. The first online CHANS were completed on January 21st, 2021. University Mail provided PHSRP with the first batch of returned mail CHANS on February 9th, 2021. By mid-February, PHSRP had received more than the goal of 400 responses, and so did not conduct phone surveys.

As mail surveys were returned, PHSRP staff entered their data using the online survey. If there was an unclear answer on the paper survey, and the participant consented to contact about such issues, PHSRP called to clarify answers. Following data entry, the online data were exported into SPSS (Statistical Package for the Social Sciences, version 27; <https://www.ibm.com/analytics/spss-statistics-software>) For quality control (QC), and data analysis. A different staff person from the data enterer conducted QC, comparing every electronic data record to the paper copy and correcting any data entry errors.

PHSRP received a total of 539 CHANS responses, however one respondent had moved out of the target ZIP codes and was removed from the dataset. Three (3) households returned both the English and Spanish versions of the survey completed by different household members. PHSRP reached out to these households when possible for clarification of which survey should be included, but no participant responded. PHSRP randomly chose a survey from each of these households. As a result there are a total of 535 valid responses from households on the West Side. See Table 2 for a breakdown of final survey responses by method (mail versus online), language, and ZIP code. Over 12% of respondents completed the survey in Spanish. Overall, there was a higher level of participation than anticipated. Most of the ZIP codes had a response rate of greater than 5%, except 95387 which had a response rate of 2.6%.

Table 2: Final CHANS Responses by Method and ZIP Code, and Response Rate

ZIP Code	Method		Language		Total	Sample Records	Response Rate
	Mail # (%)	Online # (%)	English # (%)	Spanish # (%)			
95313	18 (94.7)	1 (5.3)	19 (100)	0 (0)	19	365	5.2%
95363	405 (81.0)	95 (19.0)	436 (87.2)	64 (12.8)	500	8,144	6.1%
95385	5 (100)	0 (0)	4 (80.0)	1 (20.0)	5	93	5.4%
95387	9 (81.8)	2 (18.2)	10 (90.9)	1 (9.1)	11	423	2.6%
Total	437 (81.7)	98 (18.3)	469 (87.7)	66 (12.3)	535	9,025	5.9%

The final dataset provided with this report is de-identified, which means exact address and contact information (first name and phone number when provided) were removed. The dataset does include ZIP code and city and so should not be publically available to protect participant identities. Due to the small geographical area and population surveyed, PHSRP strongly encourages significant caution be used when publically reporting data where sample sizes are small, especially if ZIP code is used, to protect participant confidentiality.

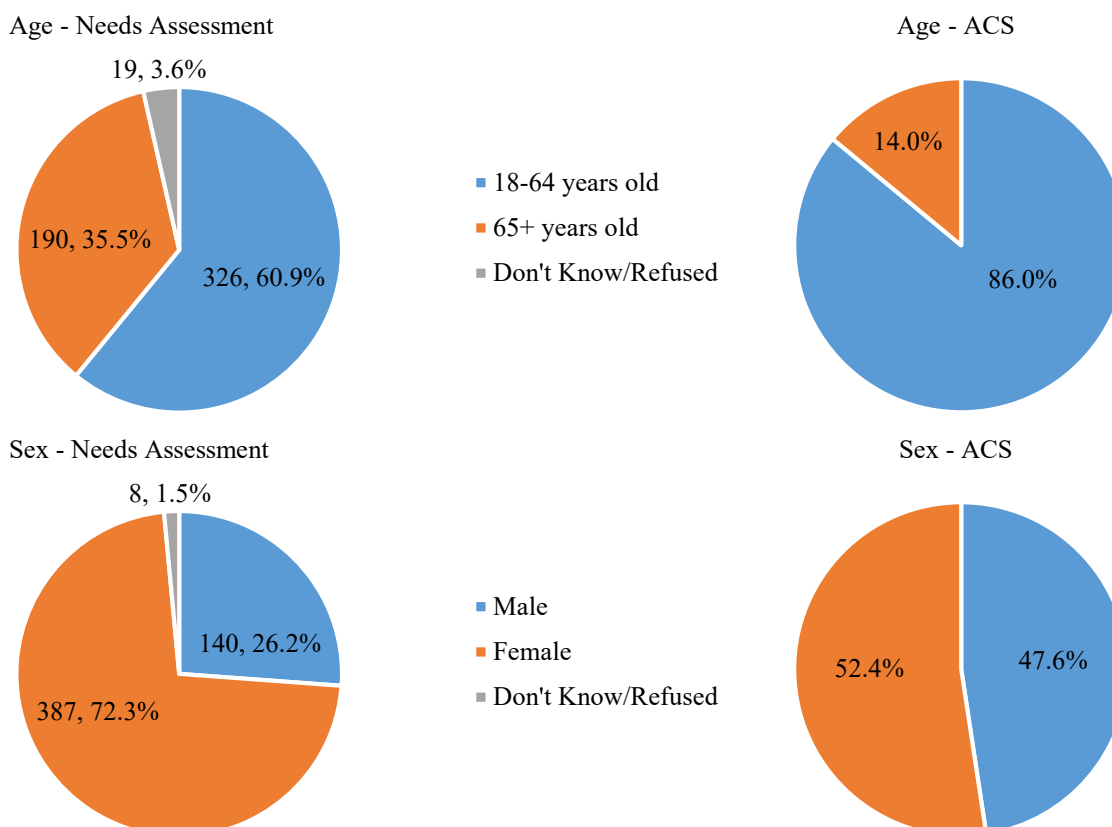
PHSRP provided a separate list of incentive recipients, randomly selected from final participating surveys, to DPCHD on March 14th, 2021. This file contained only 3 first names and phone number for gift card recipients.

CHANS Data

Individual Demographics

The majority of CHANS respondents are female, over 50 years old, non-Latino/Hispanic, and White. Respondents' average age is 58.0 years (standard deviation = 15.7, median = 60, range = 18-97). Compared to the West Side population (assessed using the Census Bureau's 2019 American Community Survey [ACS] 5-year estimates for ZIP Codes 95313, 95363, 95385, and 95387), CHANS respondents are more likely to be 65 years and older, more likely to be female. See Figure Set 1.

Figure Set 1: Age and Sex (Questions 2 and 3), CHANS and ACS*



*2019 ACS 5-year estimates for age and sex are restricted to adults. ACS estimates are accessible from (<https://data.census.gov/cedsci/>) table B01001.

Ethnicity (i.e., Hispanic/Latino/a) and race can be viewed as separate demographics, or as a combined demographic, with all Hispanic/Latino/a respondents categorized as Hispanic/Latino/a, and all non-Hispanic/Latino/a categorized by their race. When viewed separately, CHANS respondents are less likely to be Hispanic/Latino/a and White, and more likely to be some other race compared to the West Side population; when viewed combined, CHANS respondents are less likely to be Hispanic/Latino/a and more likely to be White, non-Hispanic/Latino/a (Table 3). Interestingly, 59 respondents selected other for race and wrote in an answer that is captured by ethnicity (e.g., “Mexican,” “Latino,” “hispano”); and for 51 of these respondents Other is the only race selected (all 59 are in the Hispanic/Latino/a). This explains why the CHANS

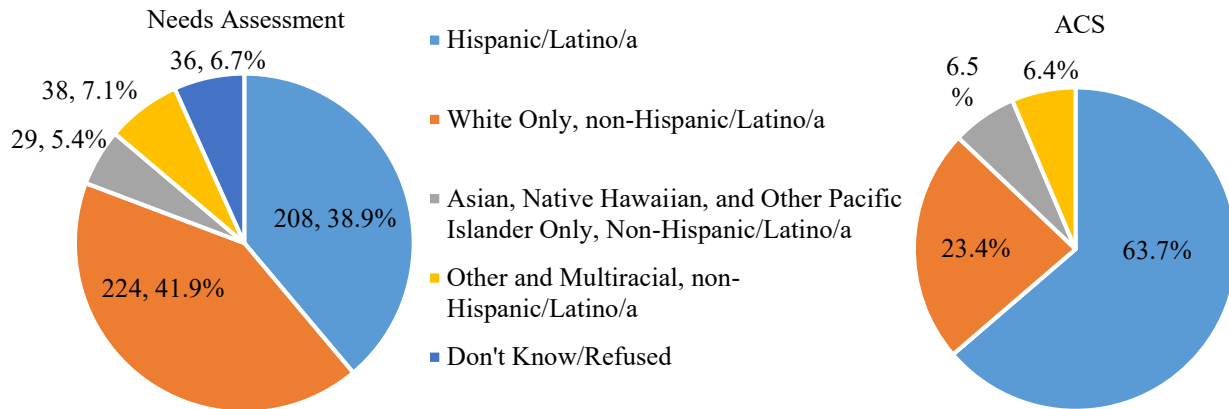
respondents are more likely to be other when ethnicity and race are viewed separately, but not when viewed combined. In order to conduct statistical comparisons, the combined ethnicity and race variable is used, with several categories with fewer than 5% of respondents combined (Figure Set 2).

Table 3: Ethnicity and Race (Questions 4 and 5), CHANS and ACS*

Demographic	CHANS			ACS
	#	%	valid %	%
Ethnicity (Hispanic/Latino/a)				
Yes	208	38.9	40.6	63.7
No	304	56.8	59.4	36.3
Don't know/Refused	23	4.3	--	--
Race				
White only	314	58.7	68.9	78.1
Asian only	26	4.9	5.7	5.2
Native Hawaiian and Other Pacific Islander only	4	0.7	0.9	1.6
Black and African American only	18	3.4	3.9	5.5
American Indian and Alaskan Native only	9	1.7	2.0	0.4
Other only	59	11.0	12.9	5.8
Multiracial	26	4.9	5.7	3.5
Don't know/Refused	79	14.8	--	--
Ethnicity/Race				
Hispanic/Latino/a	208	38.9	41.7	63.7
White Only, non-Hispanic/Latino/a	224	41.9	44.9	23.4
Asian Only, non-Hispanic/Latino/a	26	4.9	5.2	5.0
Native Hawaiian and Other Pacific Islander Only, non-Hispanic/Latino/a	3	0.6	0.6	1.5
Black and African American Only, non-Hispanic/Latino/a	17	3.2	3.4	4.9
American Indian and Alaska Native Only, non-Hispanic/Latino/a	2	0.4	0.4	0.1
Other only, non-Hispanic/Latino/a	4	0.7	0.8	<0.1
Multiracial, non-Hispanic/Latino/a	15	2.8	3.0	1.3
Don't know/Refused	36	6.7	--	--

*2019 ACS 5-year estimates for Ethnicity and Race are for the entire population, not restricted to adults. ACS estimates are accessible from (<https://data.census.gov/cedsci/>) tables B02001 and B03002.

Figure Set 2: Ethnicity/Race Collapsed (Questions 4 and 5), CHANS and ACS



Throughout the rest of this report, for brevity, the categories for collapsed ethnicity/race will be referred to as Hispanic/Latino/a, White, Asian/Pacific Islander, and Other/Multiracial.

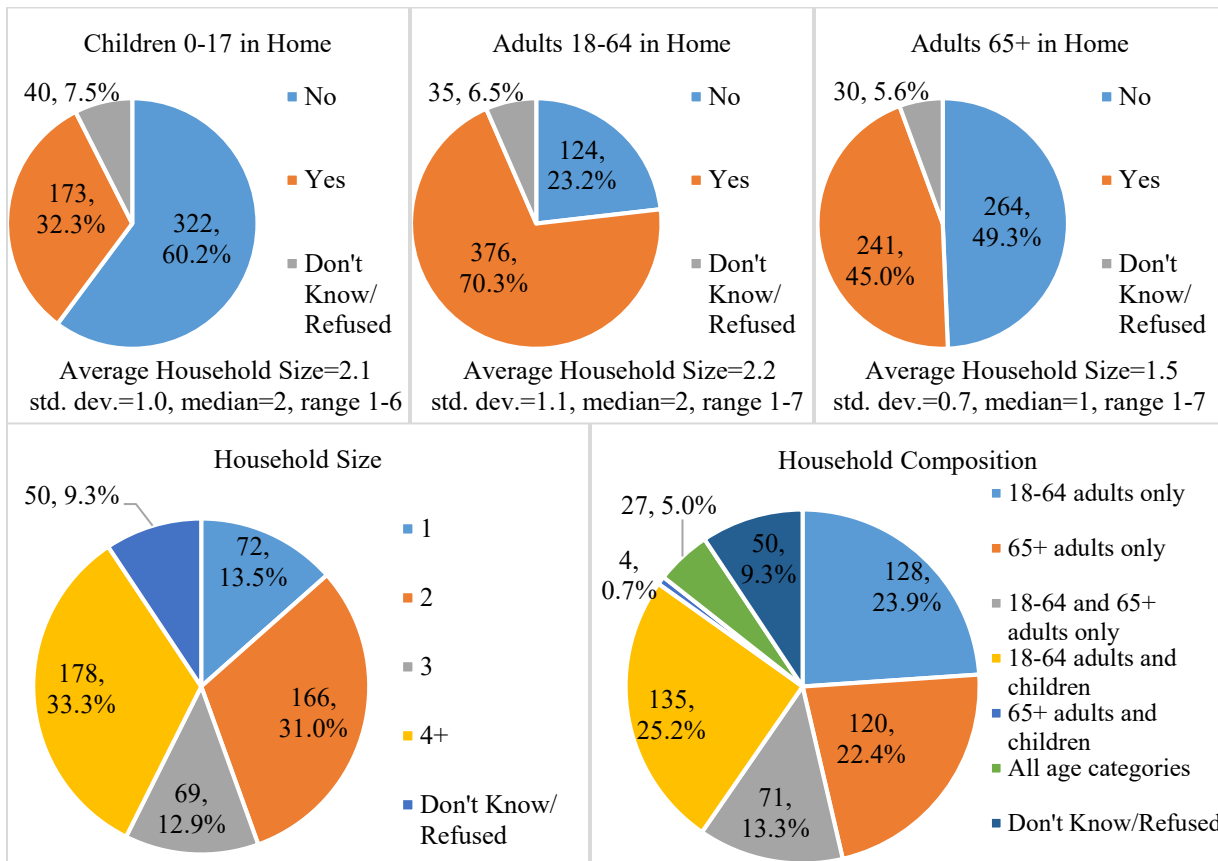
While the demographic proportional makeup of the CHANS sample differs from the population at large, as represented by the American Community Survey, limits the ability of the CHANS to exactly reflect underrepresented groups, the number of persons in each demographic sub-category are sufficient to allow for robust comparisons of data by demographics.

Household Demographics

Ages and Size

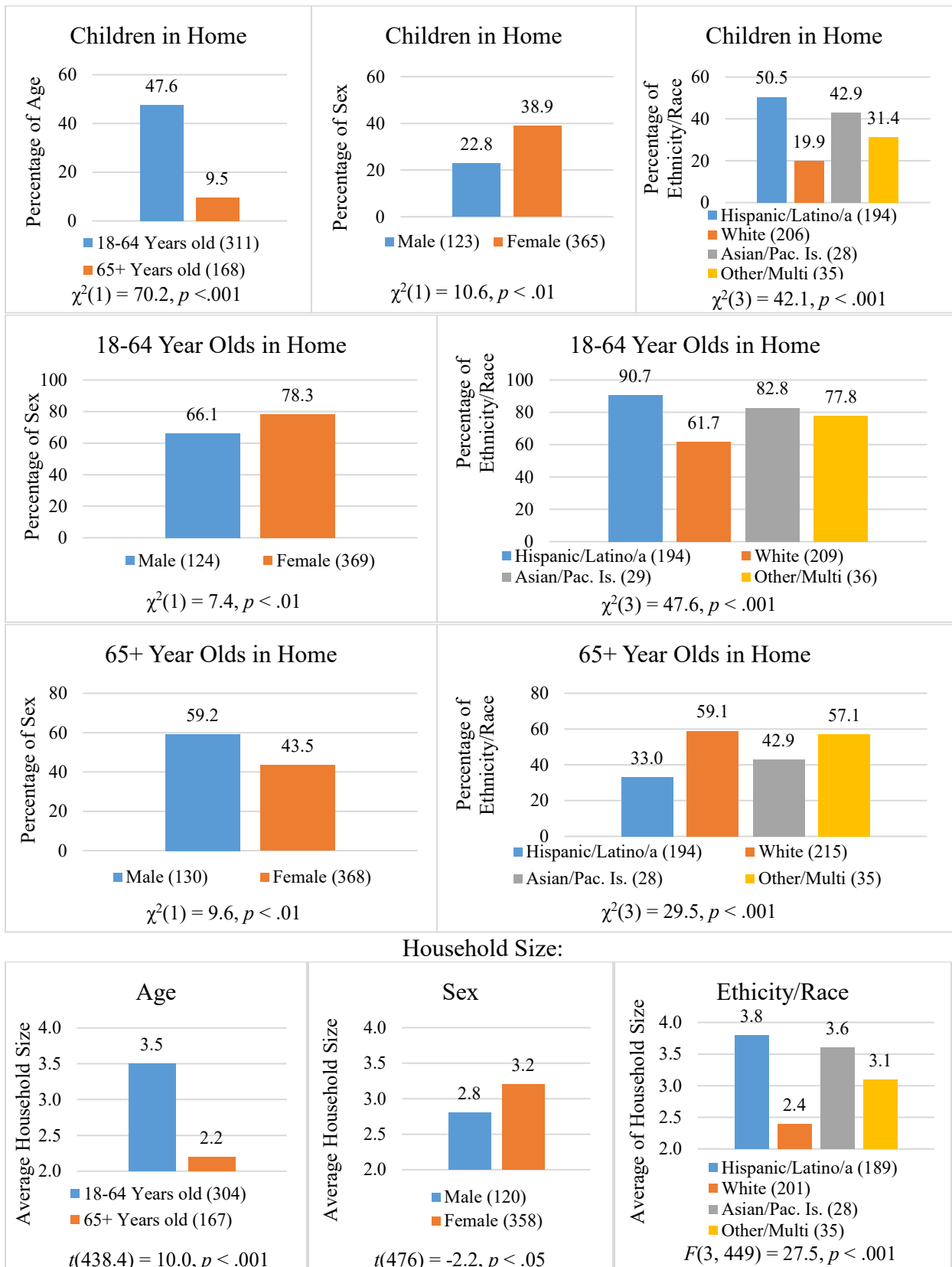
In addition to individual demographics, the CHANS collected general demographics on the household. Respondents were asked to report the number of household members in each of three age categories (0-17 years old, 18-64 years old, and 65 years and older). From these, the total number of people in the household and age category composition of household were created (Figure Set 3). Most households do not have children, and about half of households have an older adult. Households range from 1-10 people in size with an average household size of 3.1 (standard deviation = 1.7, median =3). If we sum the total number of people across survey households (limited to surveys which fully responded to the household size questions, 485 surveys), plus 50 people from surveys who did not fully complete the household size questions, the CHANS dataset represents 1,536 people.

Figure Set 3: Household Ages and Size (Questions 27a-c)



Household ages and size are compared to respondent age (18-64 vs. 65+), sex, and ethnicity/race, with differences found for each to a varying degree (Figure Set 4). Younger respondents are more likely to have children in the home. Female respondents are more likely to have children and 18-64 year olds in the home, and less likely to have 65+ year olds in the home. Hispanic/Latino/a respondents are the most likely and White respondents the least likely to have children and 18-64 year olds in the home. Hispanic/Latino/a respondents are the least likely to have 65+ year olds in the home, while White and Other/Multiracial respondents are the most likely. Respondents live in somewhat smaller households when they are older, male, and White.

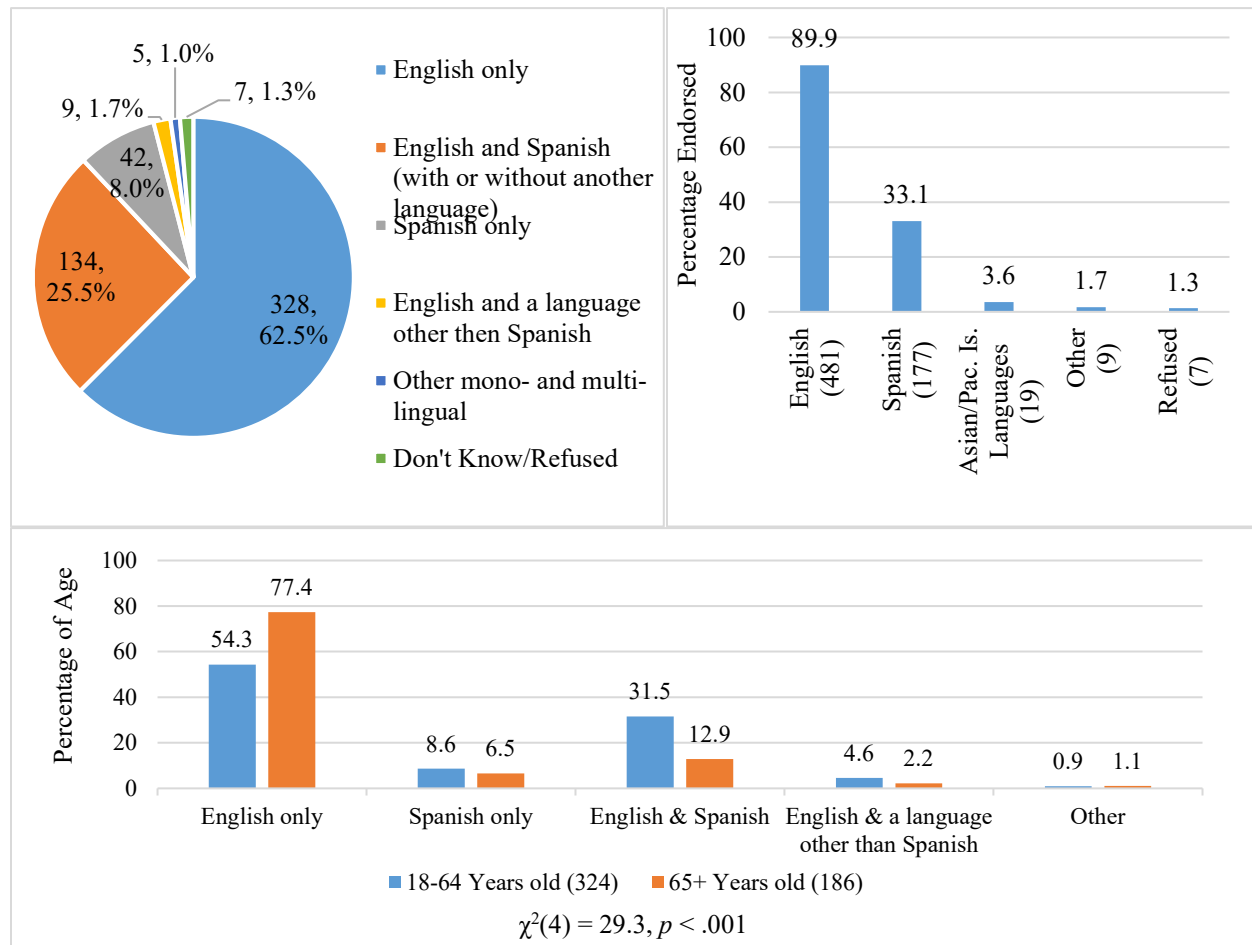
Figure Set 4: Household Ages and Size by Demographics



Languages

Respondents reported on the language(s) spoken in their home, with nearly all homes having an English speaker, and a third having a Spanish speaker. Almost two-thirds of homes spoke English only, followed by a quarter speaking English and Spanish (with or without another language), and fewer than one-tenth speaking Spanish only. Language is only compared to age, with Older respondents are more likely to live in English only households, and younger respondents are more likely to live in English and Spanish (with or without another language) speaking households. See Figure Set 5.

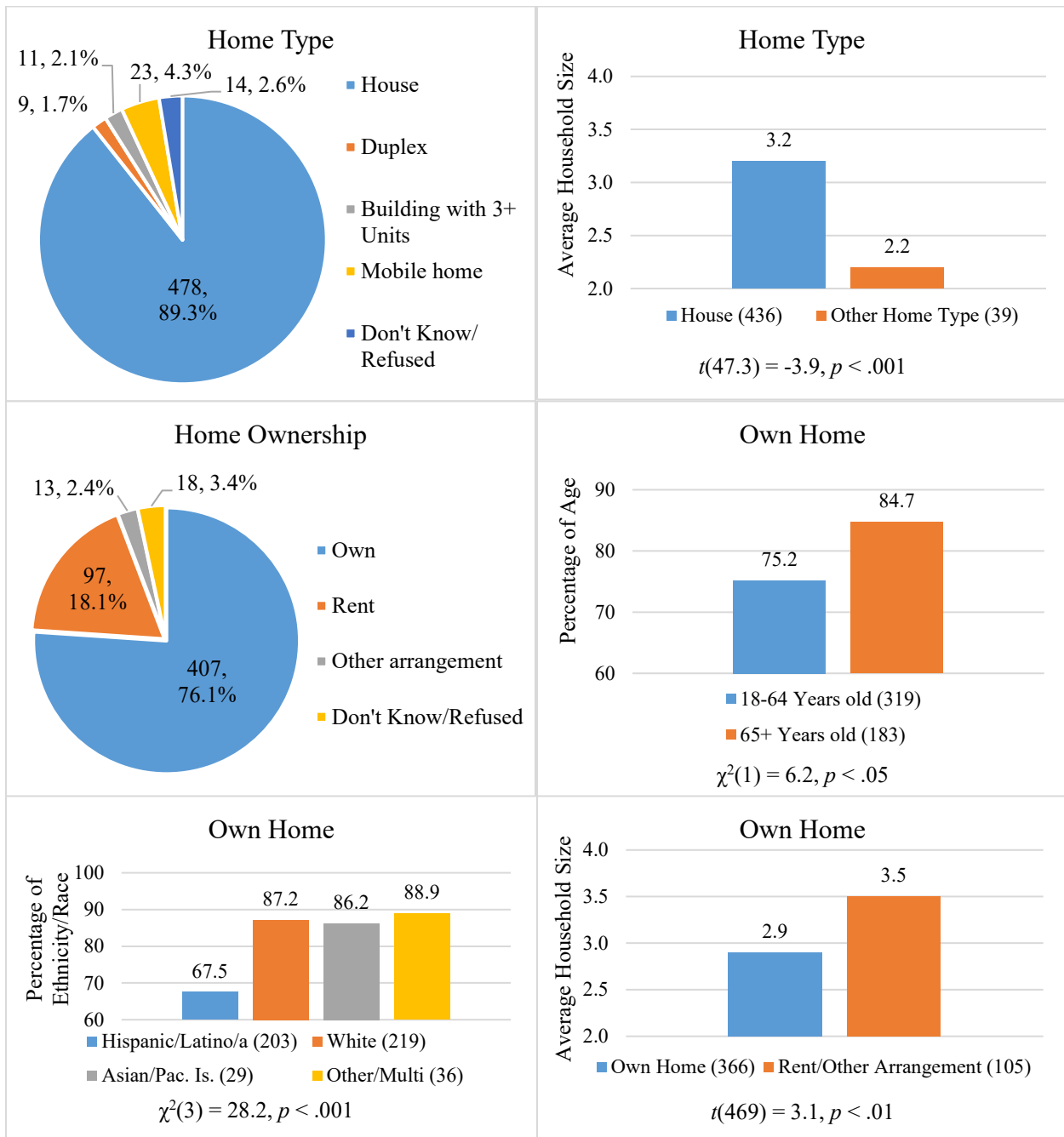
Figure Set 5: Languages Spoken in Household (Question 28)



Home Type and Ownership

Nearly all respondents reported living in a house, and owning their home. Home type is not associated with age, sex, or ethnicity/race, and home ownership is related to age, ethnicity/race, but not sex. Respondents who own their home are more likely to be older, and non-Hispanic/Latino/a. Both home type and home ownership are related to household size such that respondents living in a house have larger household sizes, and home ownership is associated with a slightly smaller household size (likely because older respondents are more likely to own their home and live in smaller households). See Figure Set 6.

Figure Set 6: Home Type and Ownership (Questions 44 and 45)

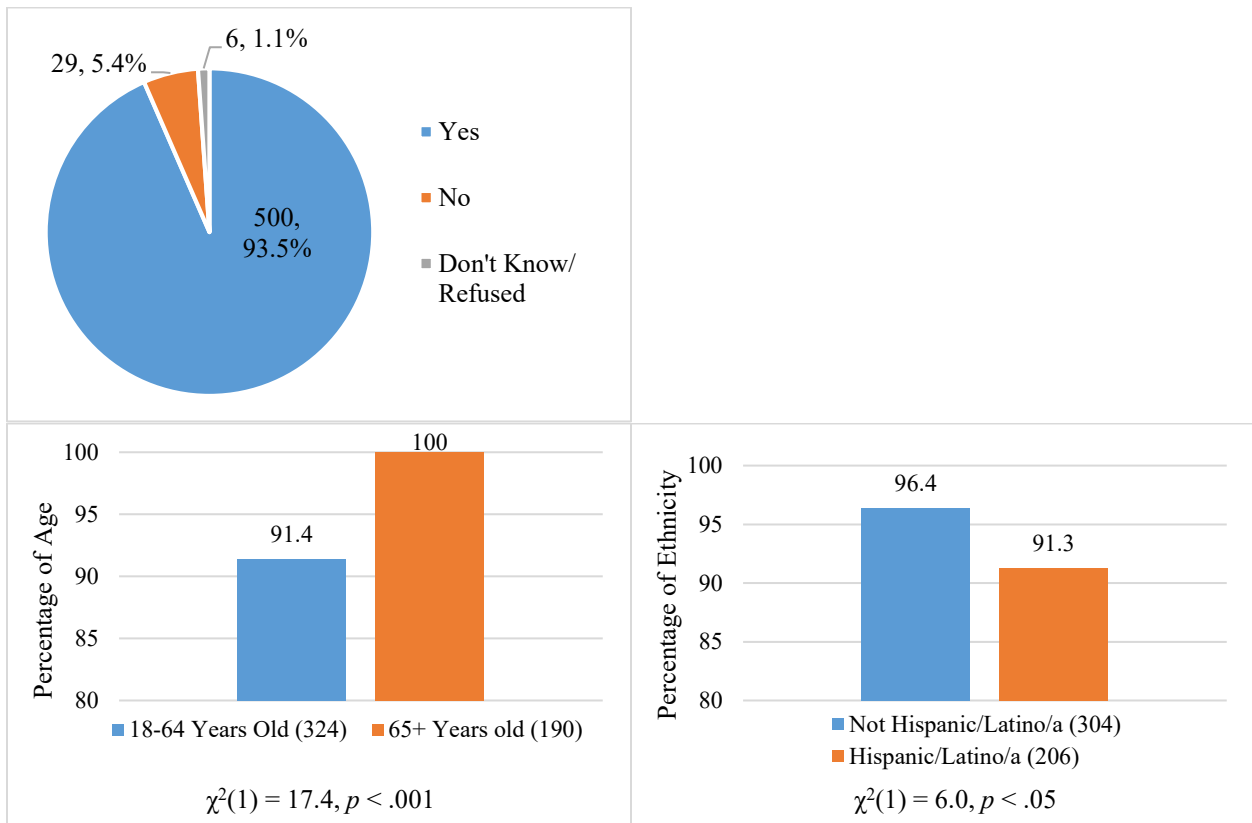


Health Care Access and Use

Health Care Coverage

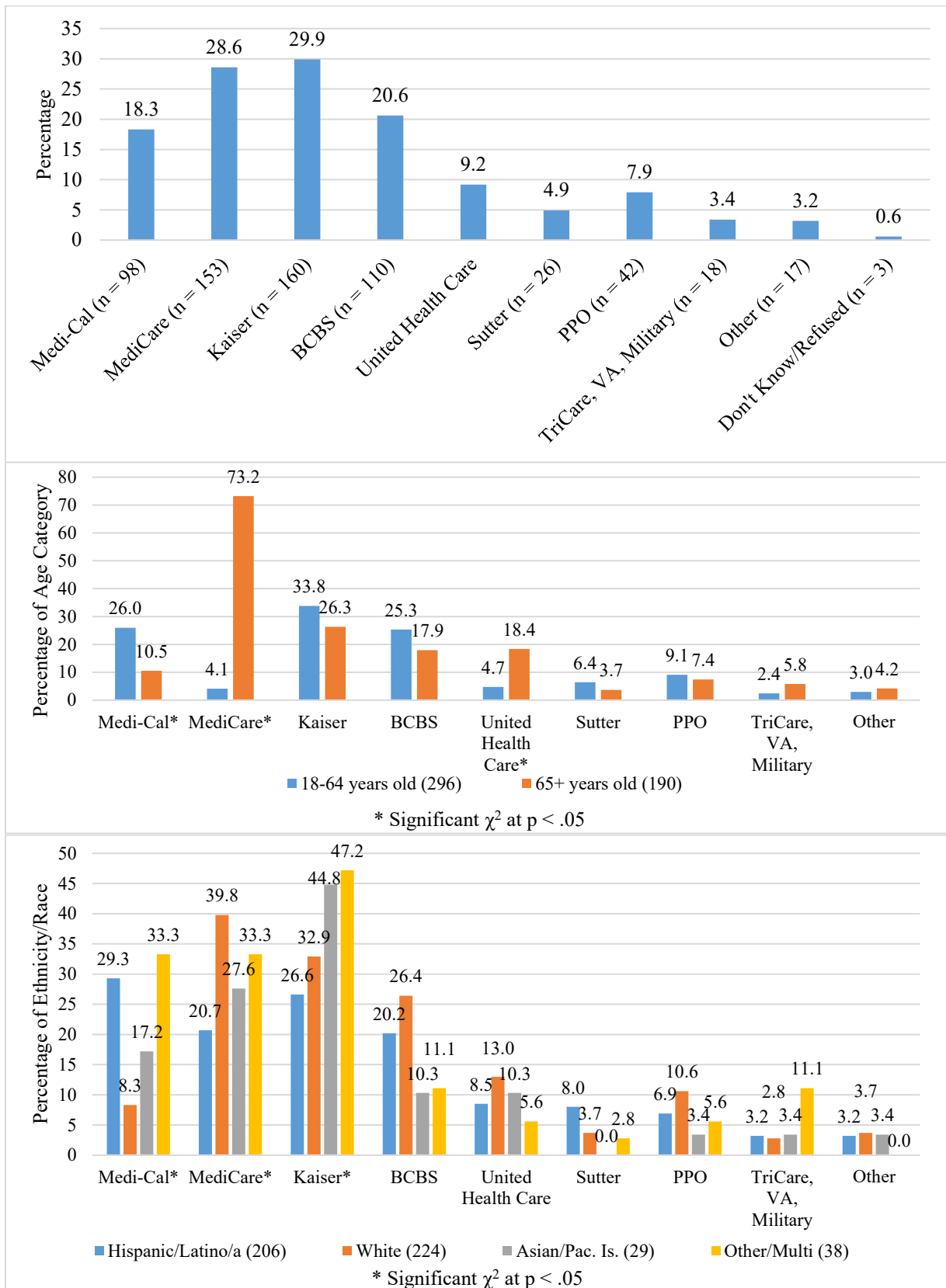
CHANS respondents reported whether or not they had health care coverage and nearly all report having coverage of some kind. There are no differences in health care coverage by sex or ethnicity/race, but are found for age and ethnicity alone. Older and non-Hispanic/Latino/a respondents are more likely to have health care coverage. See Figure Set 7.

Figure Set 7: Have Health Care Coverage (Question 7)



Respondents with health care coverage reported on the type(s) of coverage they have. The most common is Kaiser, followed by MediCare, and then Blue Cross-Blue Shield. Each health coverage type is compared to age, sex, and ethnicity/race. The only difference by sex is for Tricare/VA/Military, with males being more likely to have that coverage (9.1% of 132 males, compared to 1.6% of 364 females), $\chi^2(1) = 15.3, p < .001$ (small sample sizes make test unreliable). For age, older respondents are less likely to have Medi-Cal, more likely to have MediCare (18-64 year olds can be eligible for MediCare if they meet disability requirements), and more likely to have United Health Care. Hispanic/Latino/a and Other/Multiracial respondents are most likely to have Medi-Cal. White respondents are most likely and Hispanic/o/a respondents are least likely to have Medi-Care. Asian/Pacific Islander and Other/Multiracial respondents are most likely to have Kaiser. See Figure Set 8.

Figure Set 8: Health Care Coverage Type(s) (Question 8)

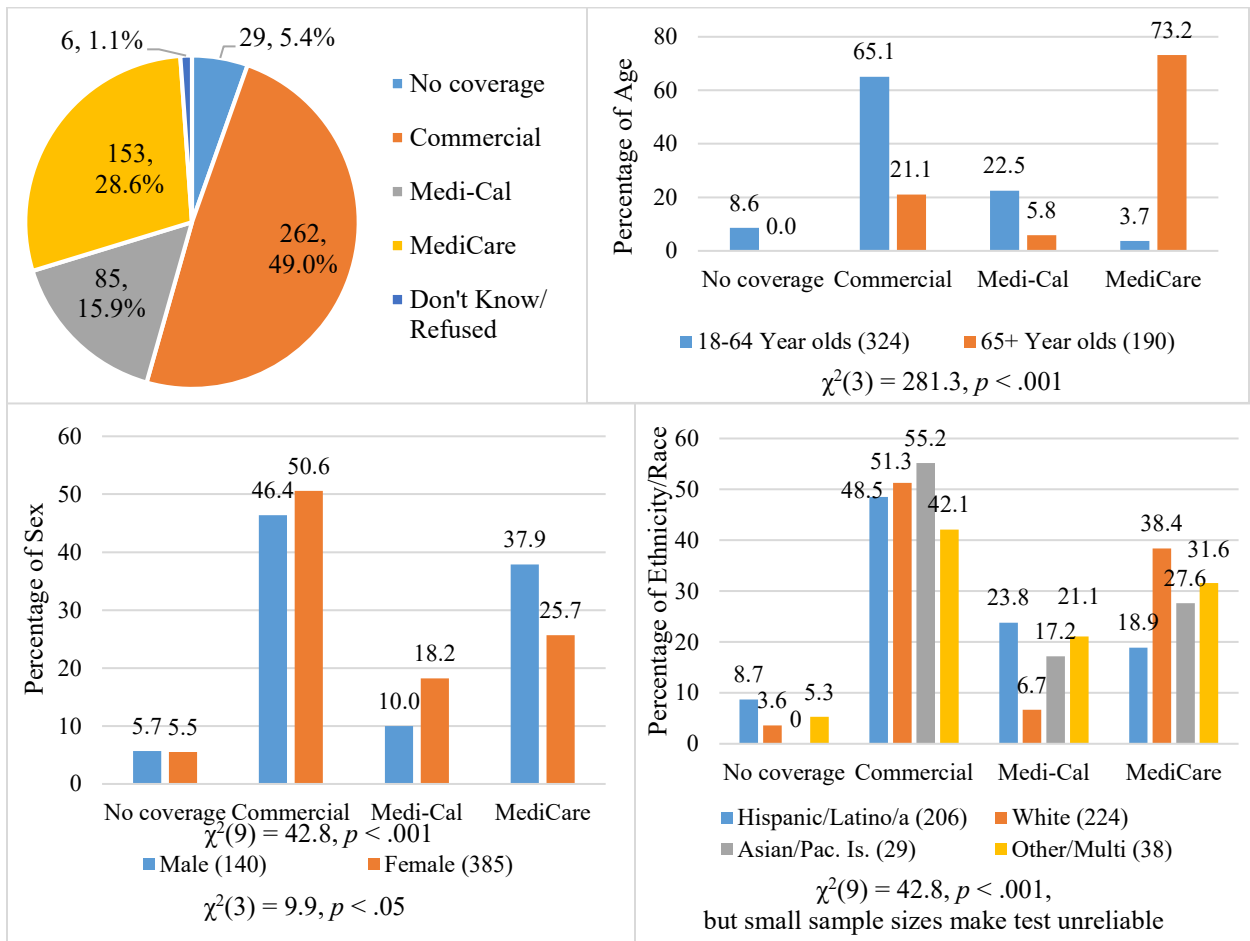


In order to compare both having health care coverage and type of coverage more easily to other items (including demographics) a single Health Care Coverage variable with the following categories was created from Questions 7 and 8:

- **No coverage:** This category is respondents reported not having coverage on Question 7
- **Commercial Coverage:** This category includes respondents who:
 - on Question 7, selected Yes,
 - on Question 8, selected Kaiser, BlueCross/BlueShield, United Health Care, Sutter, PPO, Tricare/VA/Military, and/or Other,
 - and on Question 8, they did not select Medi-Cal or Medicare.
- **Medi-Cal:** This category includes respondents who:
 - on Question 7, selected Yes,
 - on Question 8, selected Medi-Cal, and possibly other coverage types except,
 - on Question 8, they did not select Medicare.
- **MediCare:** This category includes respondents who:
 - on Question 7, selected Yes,
 - on Question 8, selected Medicare, even if they also selected another coverage types (including Medi-Cal).
- **Don't know/Refused:** This category includes respondents who selected Don't Know or did not answer Question 7 and/or 8.

Nearly half of all respondents are commercially insured, and another almost half of respondents have Medi-Cal and/or Medicare. Health care coverage is compared to age, sex, and ethnicity/race. Older respondents are less likely to have no coverage, commercial coverage, and Medi-Cal, while being more likely to have Medicare. Hispanic/Latino/a respondents being more likely to have no coverage than White and Asian/Pacific Islander respondents. Asian/Pacific Islanders are the least likely to have no coverage. Other/Multiracial respondents are least likely to have commercial coverage, White respondents are least likely to have Medi-Cal, more likely to have Medicare. Hispanic/Latino/a respondents are least likely to have Medicare. See Figure Set 9.

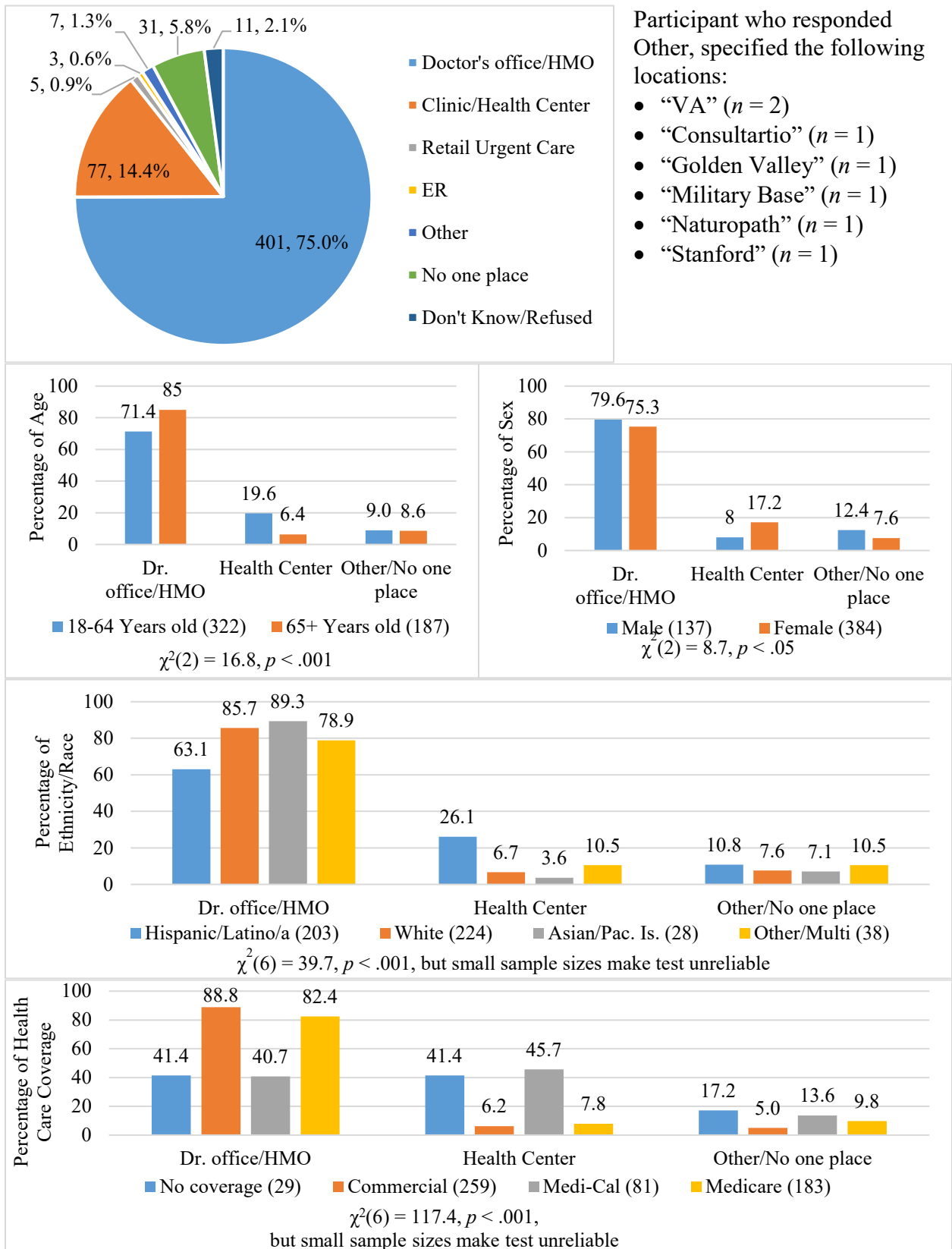
Figure Set 9: Health Care Coverage (Questions 7 and 8, Combined and Collapsed)



Medical Care

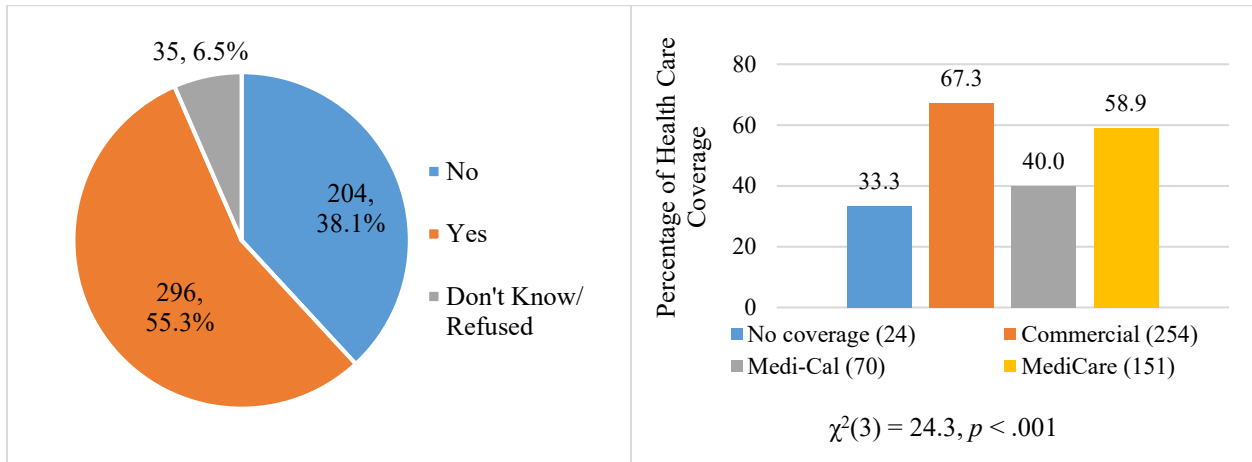
Three-quarters of CHANS respondents most often receive their medical care from a doctor's office, or at an HMO location such as Kaiser. In order to facilitate data comparisons, the categories Retail Urgent Care, ER, other, and no one place are combined. Comparisons are made with age, sex, ethnicity/race, and health care coverage. Older respondents are more likely to get care at a doctor's office/HMO, and younger respondents are more likely to get care at a clinic/health center. Female respondents are more likely to receive care at a clinic/health center and men are more likely to get care from some other place or no one place. Hispanic/Latino/a respondents are least likely to use a doctor's office/HMO and most likely to use a clinic than everyone else. Where people receive their care is also related to health care coverage, with those who have no coverage or Medi-Cal being more likely to get care at a clinic/health center, from some other place, or other/no one place. Respondents with commercial coverage and Medicare are more likely to receive their care at a doctor's office/HMO. See Figure Set 10.

Figure Set 10: Where Receive Medical Care Most Often (Question 9)



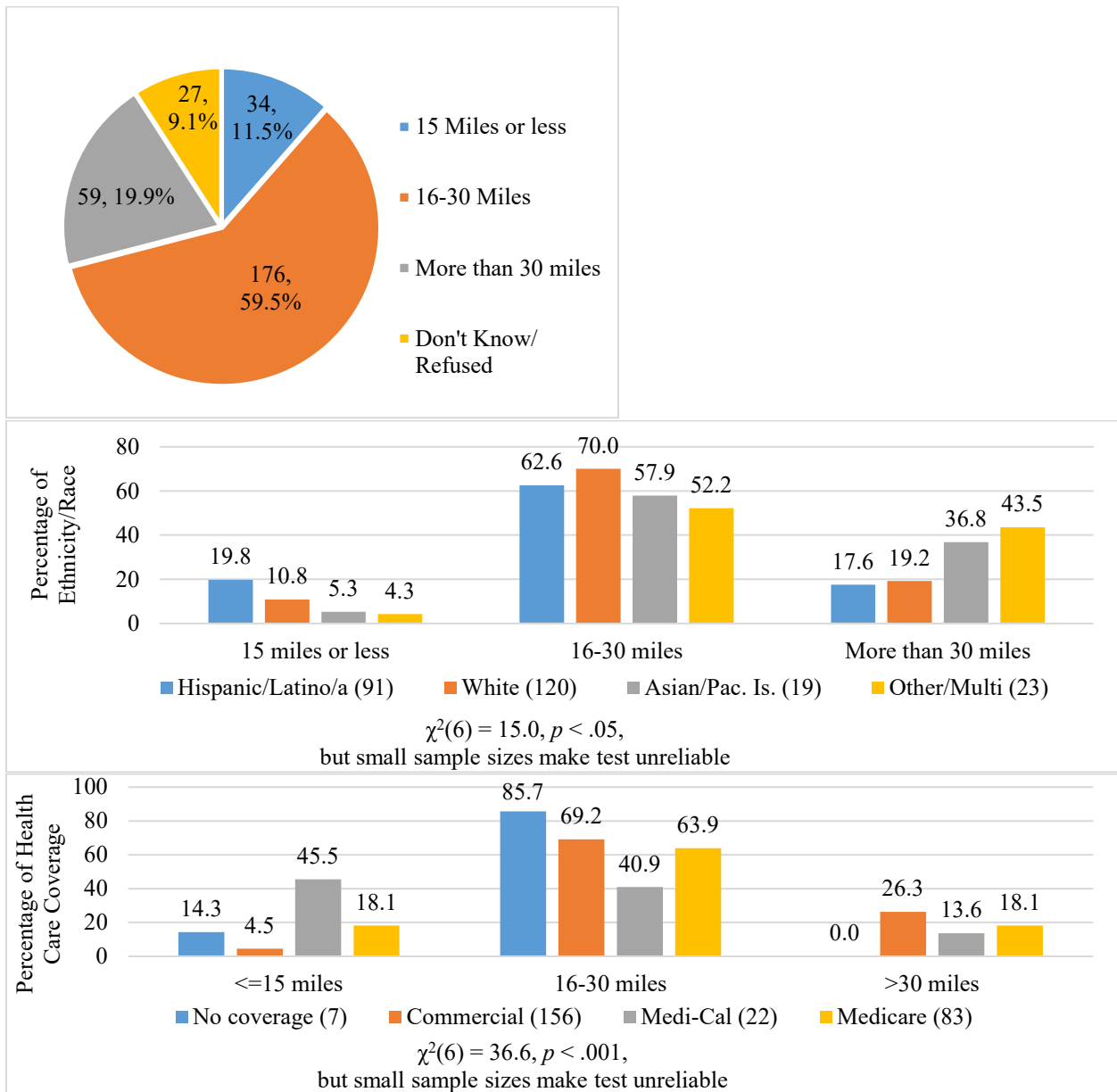
More than half of respondents report they leave the West Side in order to visit their regular doctor. Leaving the West Side for medical care is not related to age, sex, or ethnicity/race, but is related to health care coverage. Each of the coverage categories are different from the others in the likelihood to leave the West Side with commercially covered respondents being most likely, followed by MediCare, then Medi-Cal, and those without health care coverage being the least likely to leave the West Side. See Figure Set 11.

Figure Set 11: Leaves West Side to Visit Doctor (Questions 10)



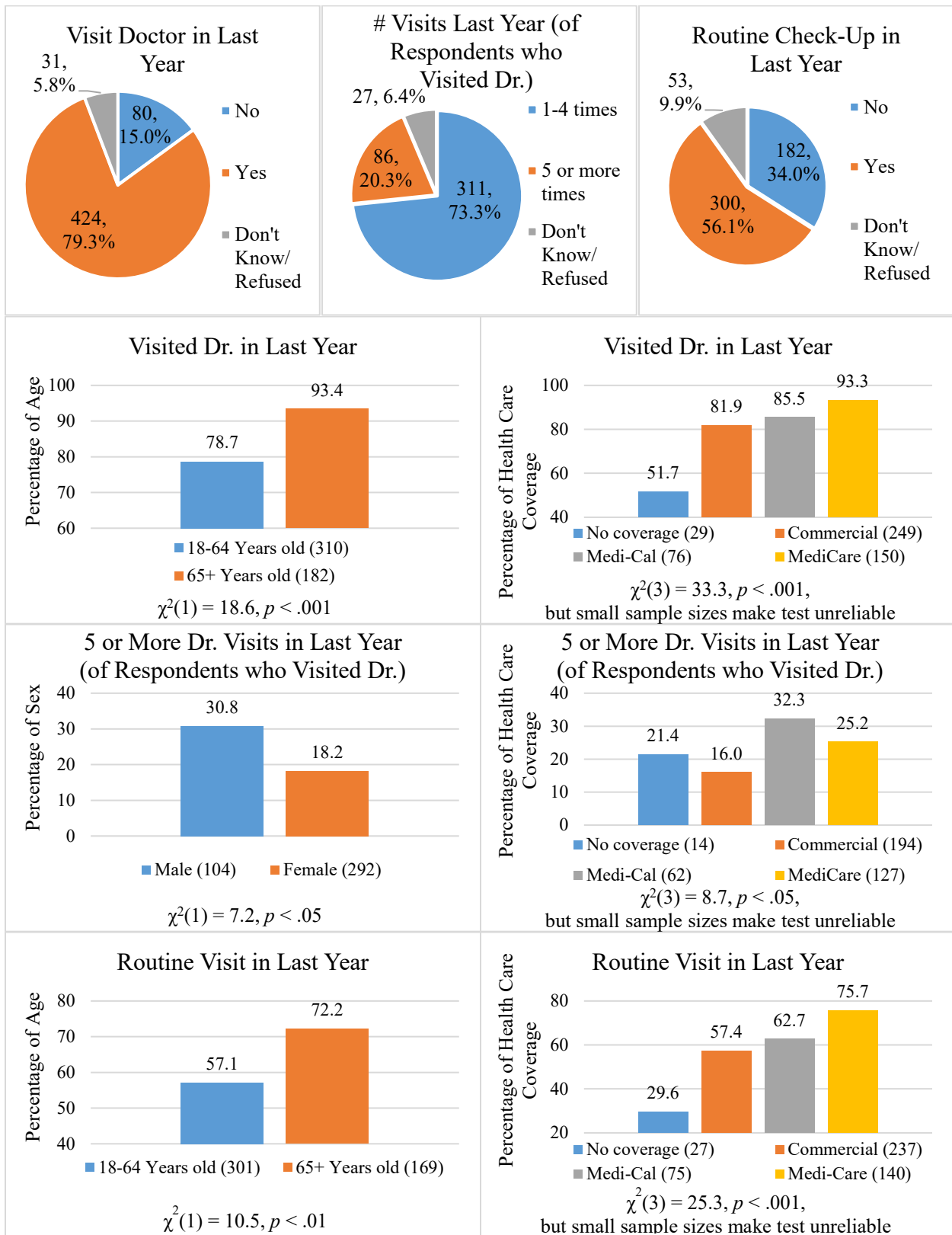
For the respondents that leave the West Side to see their doctor, over half travel 15-30 miles to do so, and one in five travel more than 30 miles. Distance travelled is not related to age, or sex, but is related to ethnicity/race and health care coverage. Hispanic/Latino/a respondents are the most likely to travel 15 miles or less, while Asian/Pacific Islander and Other/Multiracial respondents are the least likely. White respondents are the most likely to travel 16-30 miles and Other/Multiracial respondents are the least likely. Finally Asian/Pacific Islander and Other/Multiracial respondents are the most likely to travel more than 30 miles. See Figure Set 12.

Figure Set 12: Distance to Doctor (of Respondents who Leave the West Side) (Question 11)



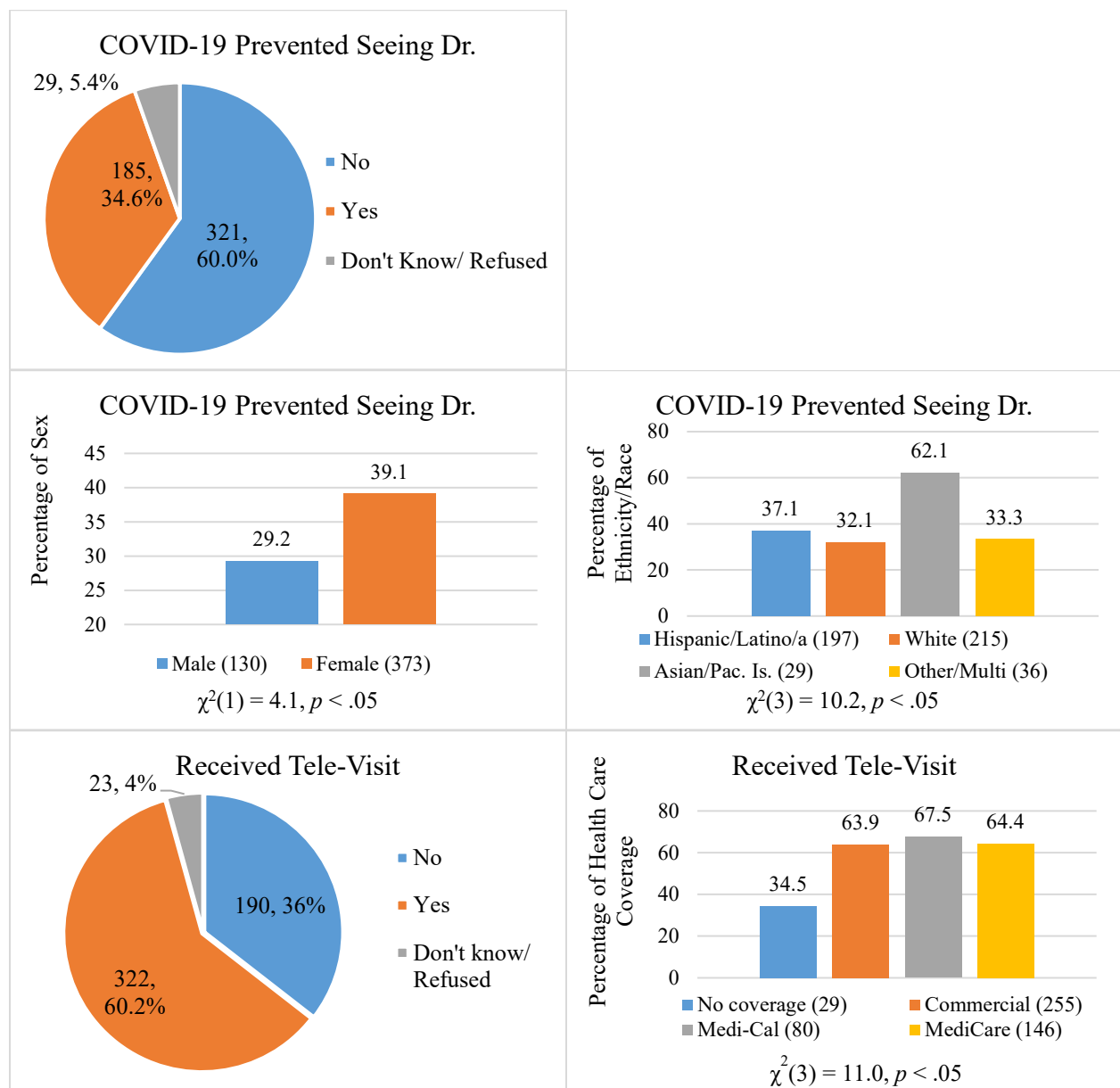
The majority of CHANS respondents visited a doctor in the last year, and one in five of those respondents had done so 5 or more times. Most respondents also reported having a routine check-up in the last year. Visiting a doctor, number of visits, and having a routine visit in the last year are compared to age, sex, ethnicity/race, and health care coverage. Visiting a Doctor and having a routine check up are both related to age, number of visits is related to sex, and all three are related to health care coverage. Older respondents are more likely to have visited a doctor, and have a routine check-up in the last year. Women are more likely to have had 5 or more doctor visits in the last year. Respondents with no health care coverage are the least likely to have seen a doctor or have a routine visit in the last year, while those with MediCare are the most likely. Responses with Commercial health care coverage are less likely and those with Medi-Cal are the most likely to have visited a doctor at least 5 times in the last year. See Figure Set 13.

Figure Set 13: Visit the Doctor in the Last Year (Questions 12 - 14)



Given the high rate of seeing a doctor in the last year, it is not surprising that most respondents reported that COVID-19 did not prevent them from seeing their doctor in the past year. This may be because most participants reported receiving care through a tele-visit (by video or phone) as opposed to an office visit in the last year. Both of these variables are compared to age, sex, ethnicity/race, and health care coverage. Sex and race are related to reporting COVID-19 prevented respondents from seeing a doctor, but age and health care coverage are not. Female respondents more likely to say they were prevented from seeing a doctor as are Asian/Pacific Islander respondents. Age, sex and ethnicity/race are not related to receiving care via a tele-visit in the last year, but health care coverage is; respondents with no coverage are less likely to receive a tele-visit than everyone else. See Figure Set 14.

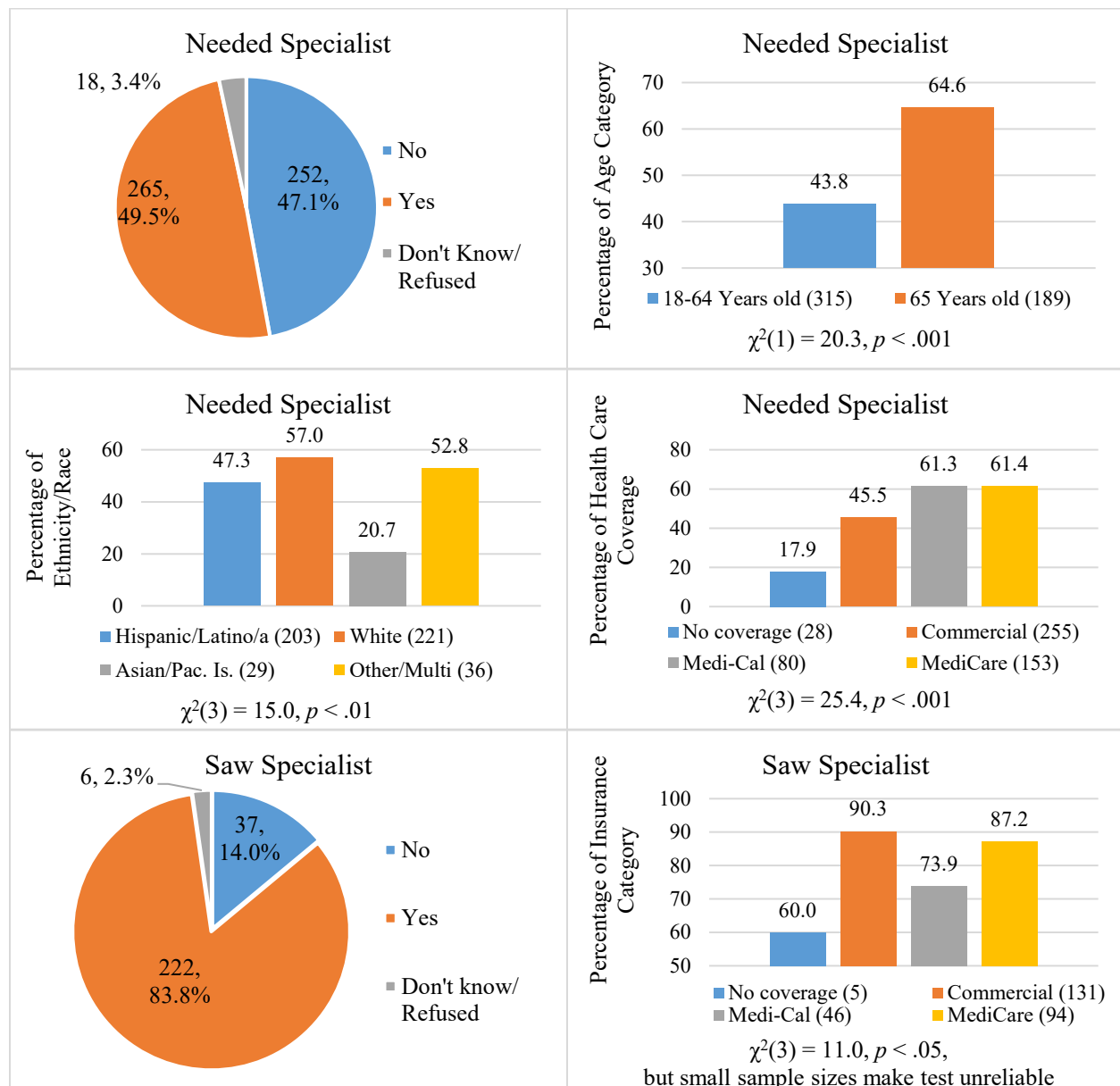
Figure Set 14: COVID-19 Prevented Seeing Dr. and Received Tele-Visit in Last Year (Questions 15 and 16)



Specialists

About half of CHANS respondents reported that they or a doctor thought they needed to see a medical specialist in the past year, and over four-fifths of those participants saw the specialist. Needing a specialist is not related to sex or to leaving the West Side to see a doctor, but is related to age, ethnicity/race, and health care coverage. Older respondents are more likely to need a specialist. Asian/Pacific Islander respondents are the least likely to need a specialist. Medi-Cal and MediCare respondents are the most likely to need a specialist, and respondents with no coverage are the least likely. Seeing the specialist is not related to age, sex, ethnicity/race, or to leaving the West Side to see a doctor, but is related to health care coverage. Commercially covered and MediCare respondents are the most likely to see a specialist, and uncovered respondents are the least likely. See Figure Set 15.

Figure Set 15: Needed and Saw a Medical Specialist in the Last Year (Questions 17 and 18)



The 37 respondents that needed but did not see a specialist reported on why:

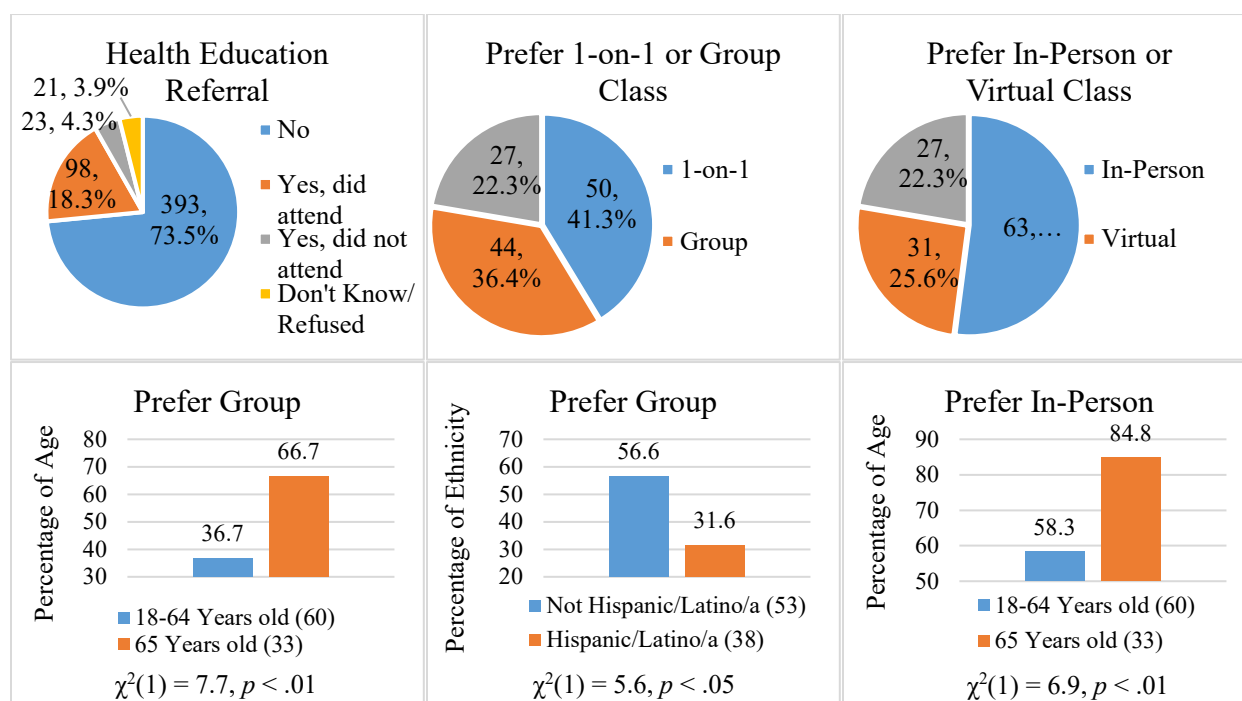
- Couldn't get an appointment (11, 29.7%)
- No insurance (2, 5.4%)
- My insurance not accepted (1, 2.7%)
- No child care (1, 2.7%)
- Forgot or lost referral (1, 2.7%)
- Other (15, 40.5%)
- Don't know/Refused (6, 16.2%)

Of the 15 respondents who selected other, 9 (60.0%) wrote in something related to COVID concerns, and 1 (6.7%) each said: they are not ready to have the procedure, they do not want the procedure, they want to wait to and see future test results, they plan on going, they need to follow up with primary care provider, and the doctor kept cancelling their appointment.

Health Education

Almost one-quarter of respondents reported having ever been advised to attend a health education class. There are no differences in ever being advised to take a class (with both yes categories combined) by age, sex, ethnicity/race, or health care coverage. Respondents who had attended a class and reported travel distance to the class (44.9%, 44 of 98), reported traveling an average of 25.3 miles to do so (standard deviation = 15.3, range 0-75), with a fifth (7, 18.2%) needing to travel more than 30 miles. Of the people who were ever referred to a health class, about half who reported a preference prefer a one-on-one versus a group class, and two-thirds an in-person versus virtual/online class. Differences in class preference are examined by age, sex, ethnicity/race, and health care coverage. Older respondents are more likely to prefer group classes and younger respondents are more likely to prefer on-on-one. Older respondents are more likely to prefer in-person to virtual/online classes. There are no differences by sex, ethnicity/race, or health care coverage. Ethnicity alone is related to group versus one-on-one class preference (but not in-person versus virtual), with non-Hispanic/Latino/a respondents more likely to prefer groups and Hispanic/Latino/a respondents more likely to prefer one-on-one. See Figure Set 16.

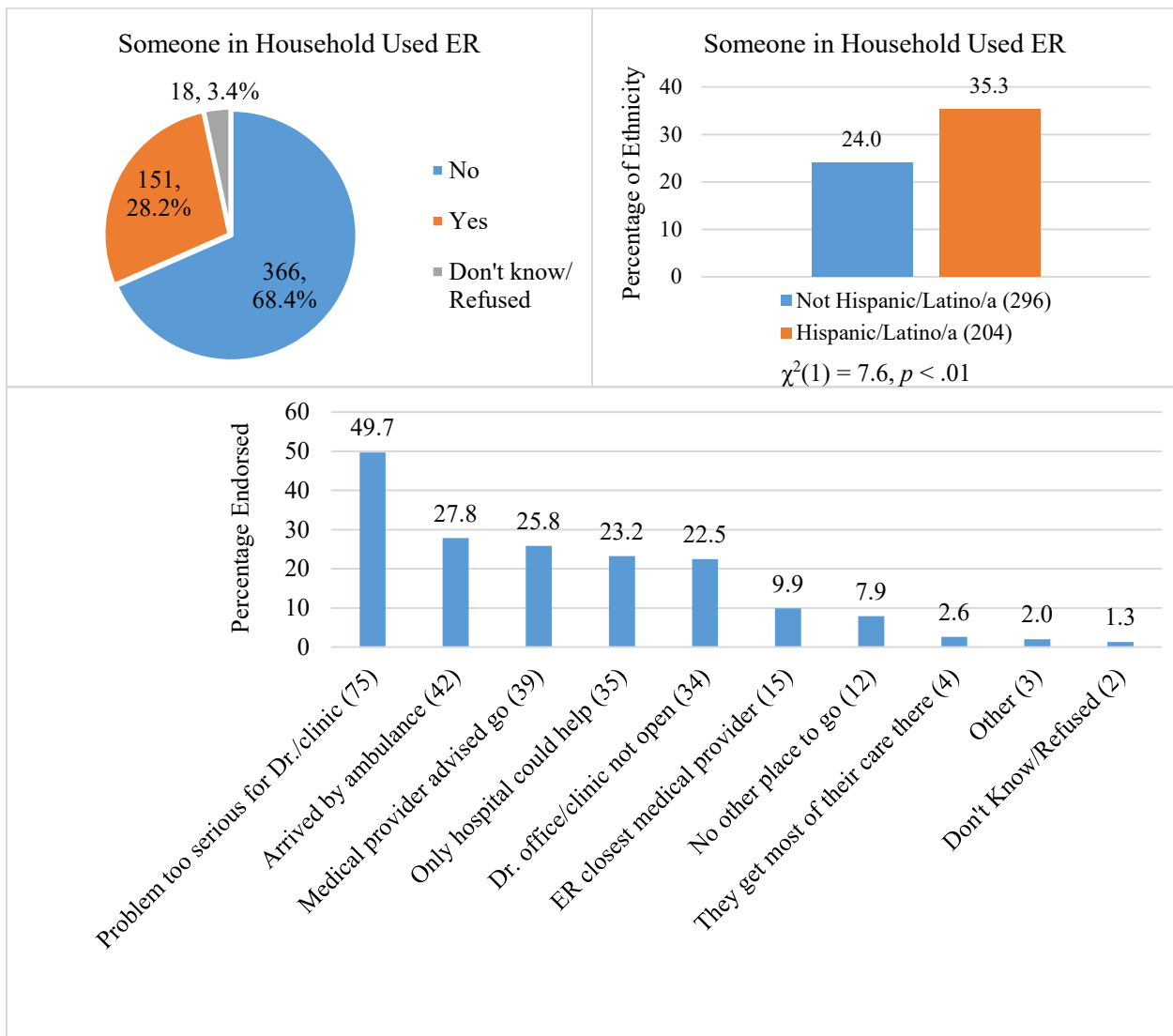
Figure Set 16: Health Education Class Referral and Preference (Questions 20 and 21)



Household Emergency Room Use

Over a quarter of respondents reported someone in their household had used an emergency room (ER) in the past 12 months. There are no age, sex, ethnicity/race, health care coverage, ages in household (child, 18-64 year old, 65+ year old present in home) differences in household ER use. Ethnicity alone is associated with ER use, with Hispanic/Latino/a respondents being more likely to report use. The most common reason respondents reported using the ER was because the problem was too serious for a doctor or clinic. A small but important number of households reported using the ER because it was the closest medical provider, there was no other place to go, and/or that is where they usually get their care (24 of 151, 15.9%), indicating a lack of access to other care facilities. See Figure Set 15.

Figure Set 17: Household Emergency Room Use (Questions 36 and 37)



The 3 other reasons respondents provided are:

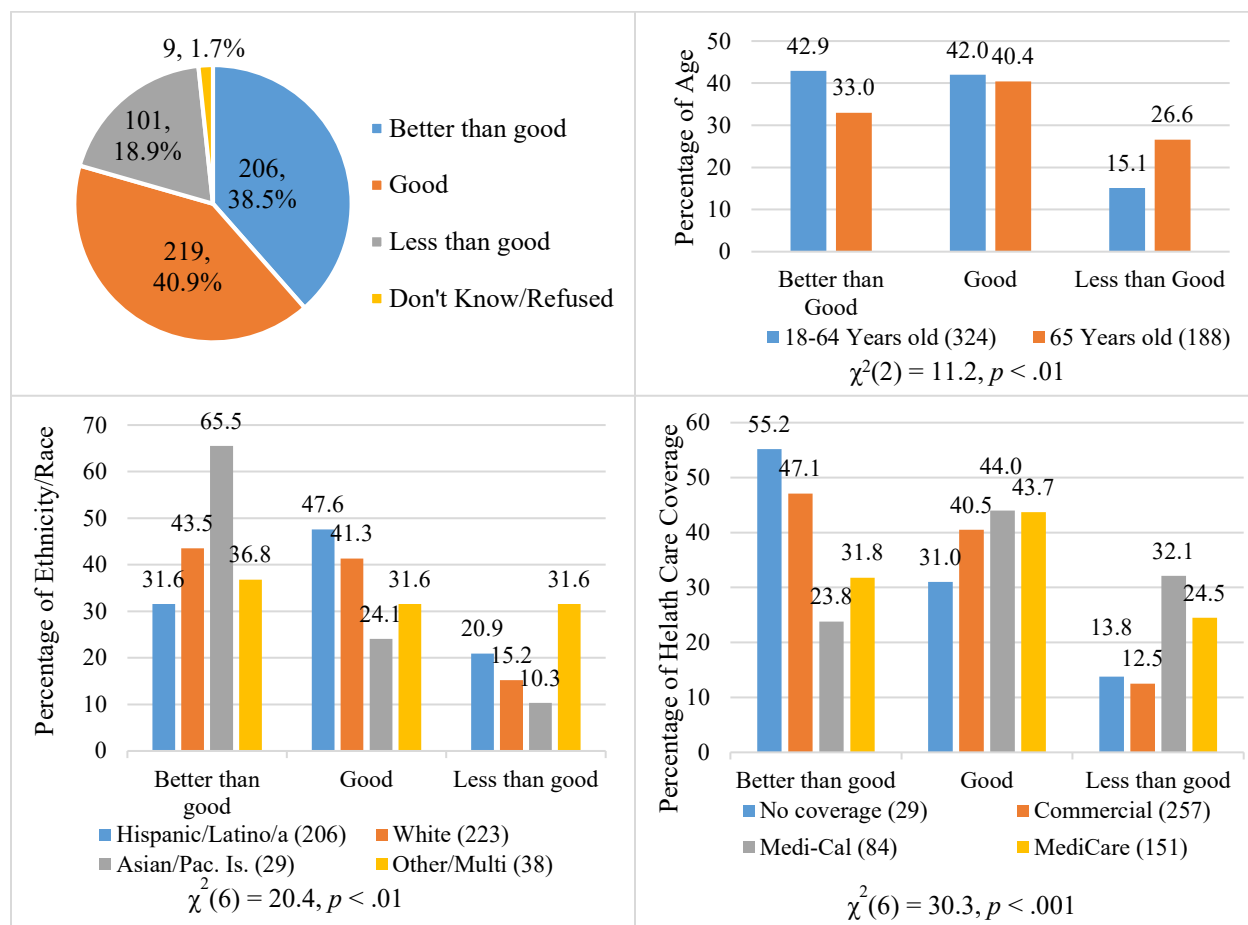
- “The clinic didn’t have anything available soon”
- “Sudden onset of symptoms”
- “She is a children’s hospital patient since age 3.”

General Health, Health Behaviors, and Chronic Conditions

Individual

Overall, respondents rated their health positively, with 79.4% reporting their health as Good or better. Health rating is related to age, ethnicity/race, and health care coverage, but not sex. Older respondents are more likely to report their health as less than good while younger respondents are more likely to report their health as better than good. Hispanic/Latino/a respondents are least likely to report their health as better than good and most likely to report their health as good. Asian/Pacific Islander respondents are most likely to report their health as better than good and least likely to report their health as good. Other/multiracial respondents are most likely to report their health as less than good. Medi-Cal respondents are the least likely to rate their health as better than good and most likely to rate it as less than good. Respondents with no health care coverage are most likely to rate their health as better than good and least likely to rate their health as good. Respondents with no coverage or commercial coverage are least likely to rate their health as less than good. See Figure Set 18.

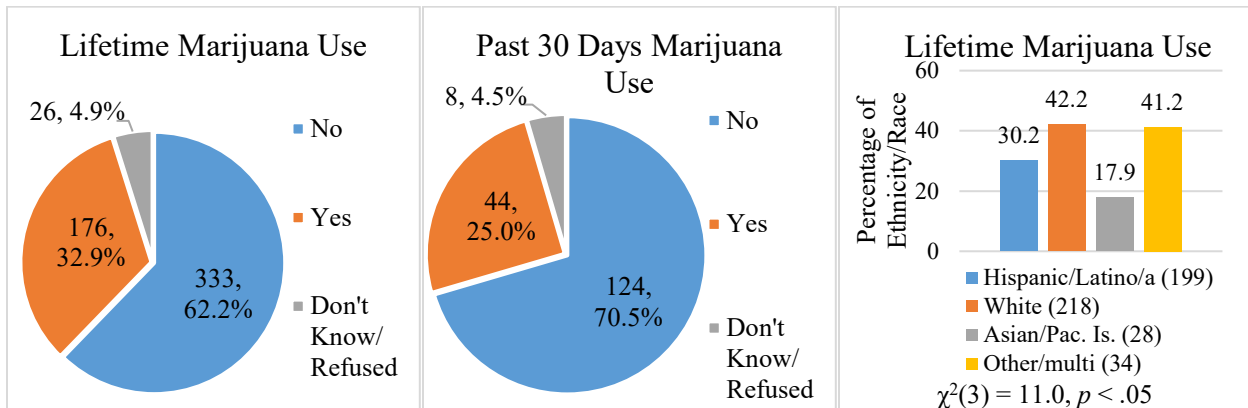
Figure Set 18: Rating of Health (Question 6)



CHANS respondents reported on lifetime and 30 day prevalence of marijuana use, with one-third reporting ever trying marijuana, and one-quarters of them having used marijuana in the last 30 days. Of respondents who used marijuana in the last 30 days, almost one-fifth (8 of 44, 18.2%)

reported at least some of their recent marijuana use was recommended by a doctor/health professional. Lifetime use is not related to age, sex, or health care coverage, but is related to ethnicity/race with White and other/multiracial respondents being most likely to have ever tried marijuana, and Asian/Pacific Islanders being least likely. Of respondents who had ever used marijuana, there are no differences in using marijuana in the last 30 days by age, sex, ethnicity/race, or health care coverage. Of respondents who had used marijuana in the last 30 days there are no differences in in age, sex, race/ethnicity or health care coverage for using as per a doctor/health professional’s recommendation, however the sample size is too small for reliable comparison. See Figure Set 19.

Figure Set 19: Marijuana Use (Questions 40 and 41)

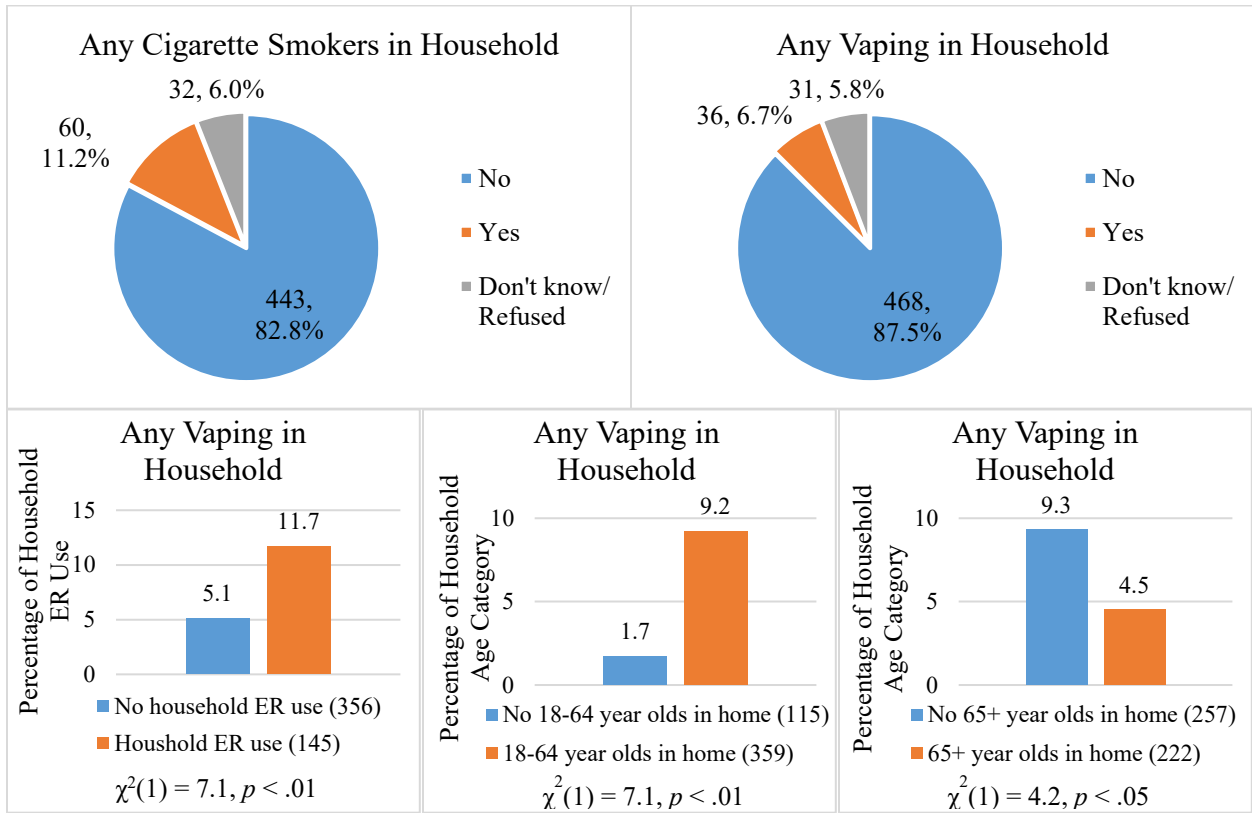


Household

Respondents reported on cigarette smoking and vaping (of any substance) behaviors in their household. Most respondents (over 80%) reported no current smokers or vape users in their homes. There are no differences in household smoking by ethnicity/race, health care coverage, past year household emergency room use, or having children, 18-64 year olds, or 65+ year olds in the household. See Figure Set 20. All respondents reported if anyone in their household had quit smoking for one day or longer in the past year. Only 36 (7.3%) of household said yes, but a third of them (13, 36.1%) are in households with no current smokers.

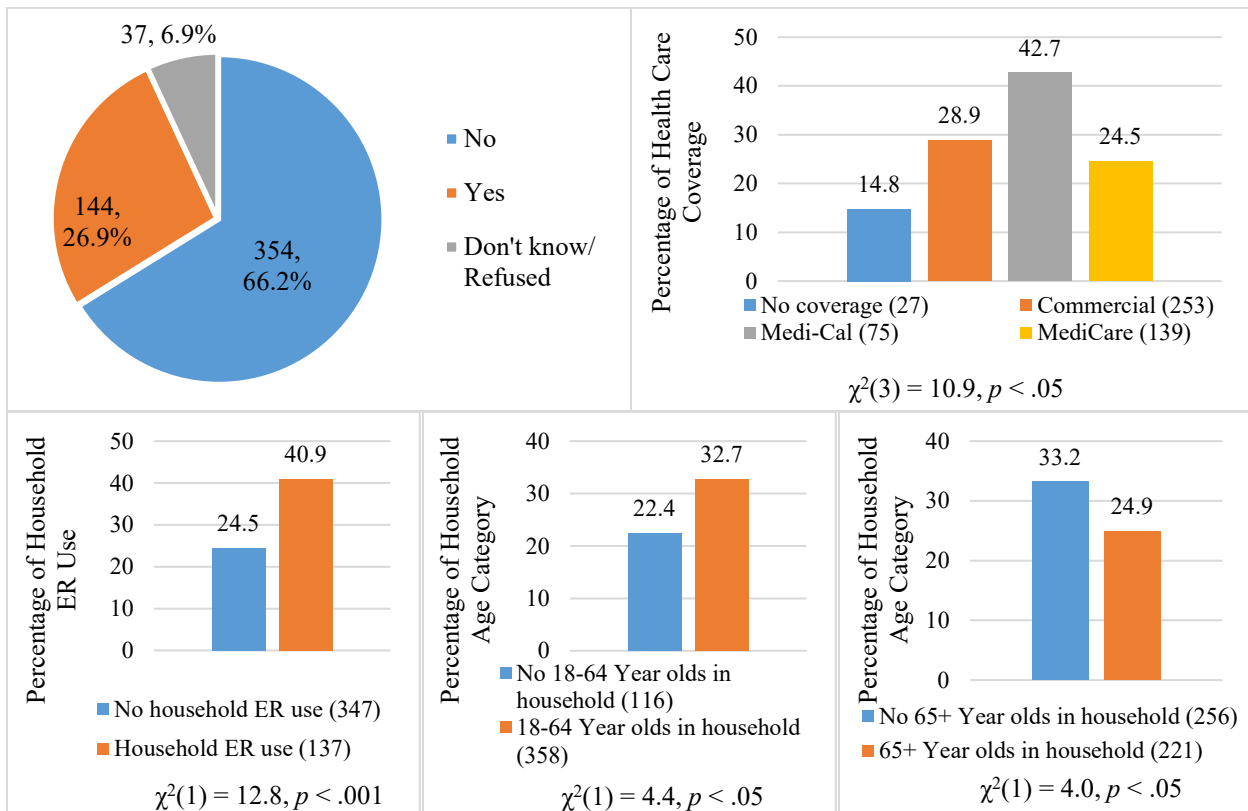
There are no differences in household vaping by ethnicity/race, health care coverage, or having children in the home, but there are by past year household emergency room use and having 18-64 year olds and 65+ year olds in the home. Vaping households more likely to have used the emergency room, to have a 18-64 year old in the home and to not have a 65+ year old in the home. See Figure Set 20.

Figure Set 20: Household Smoking and Vaping (Questions 38 and 43)



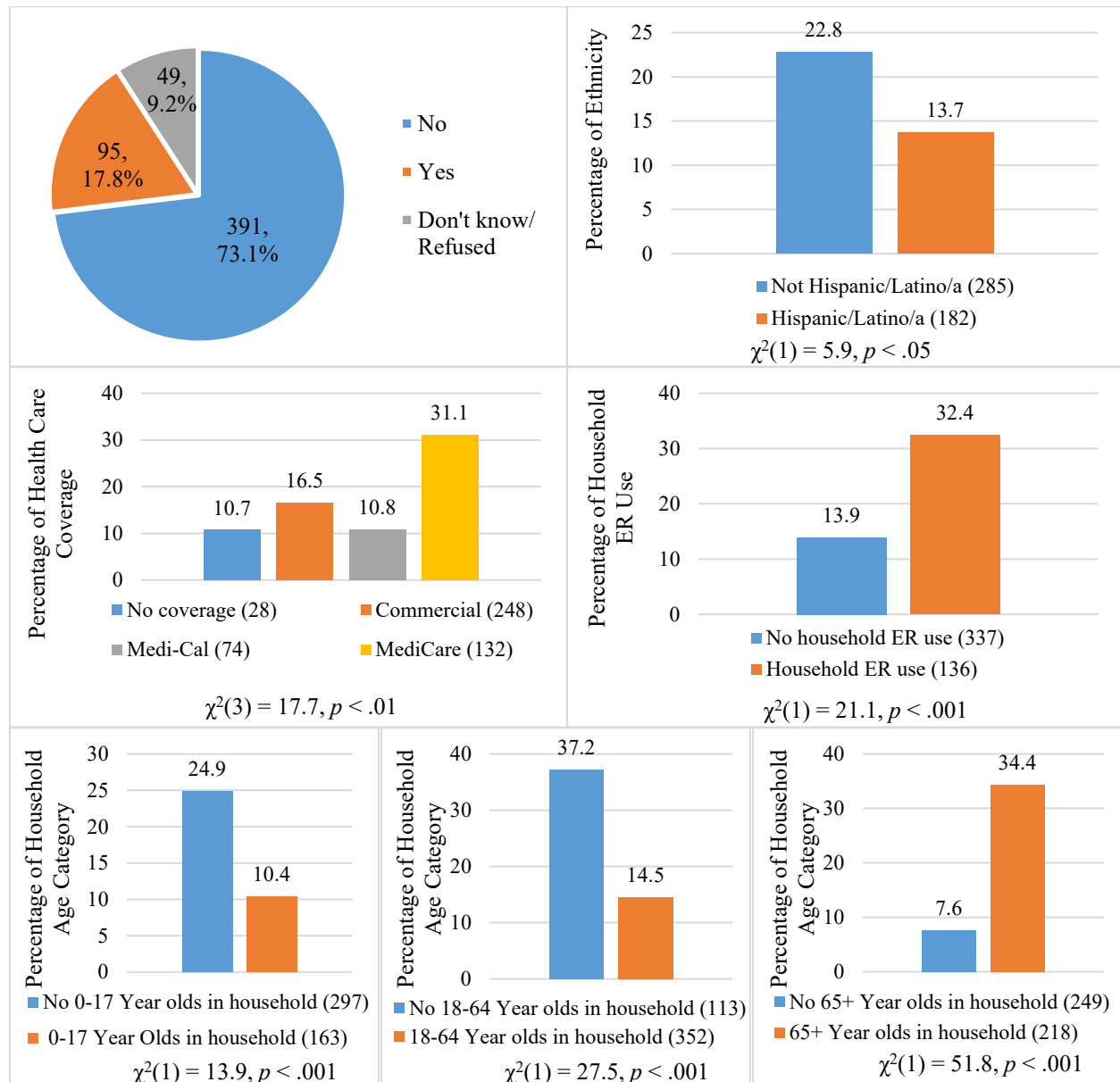
CHANS respondents reported on whether or not anyone in their household had each of the following chronic diseases: asthma, heart disease, depression or other mental health condition, diabetes, and high blood pressure. A quarter of households have someone with asthma, and respondents in these households are more likely to have Medi-Cal and less likely to not have health care coverage. These households are more likely to have a visit the ER in the last year and have 18-64 year olds in the household. Asthma households are less likely to have 65+ year olds in the household. Household asthma is not related to respondent ethnicity/race, or having children, a smoker, or a vape user in the home. See Figure Set 21.

Figure Set 21: Household Asthma (Question 33a)



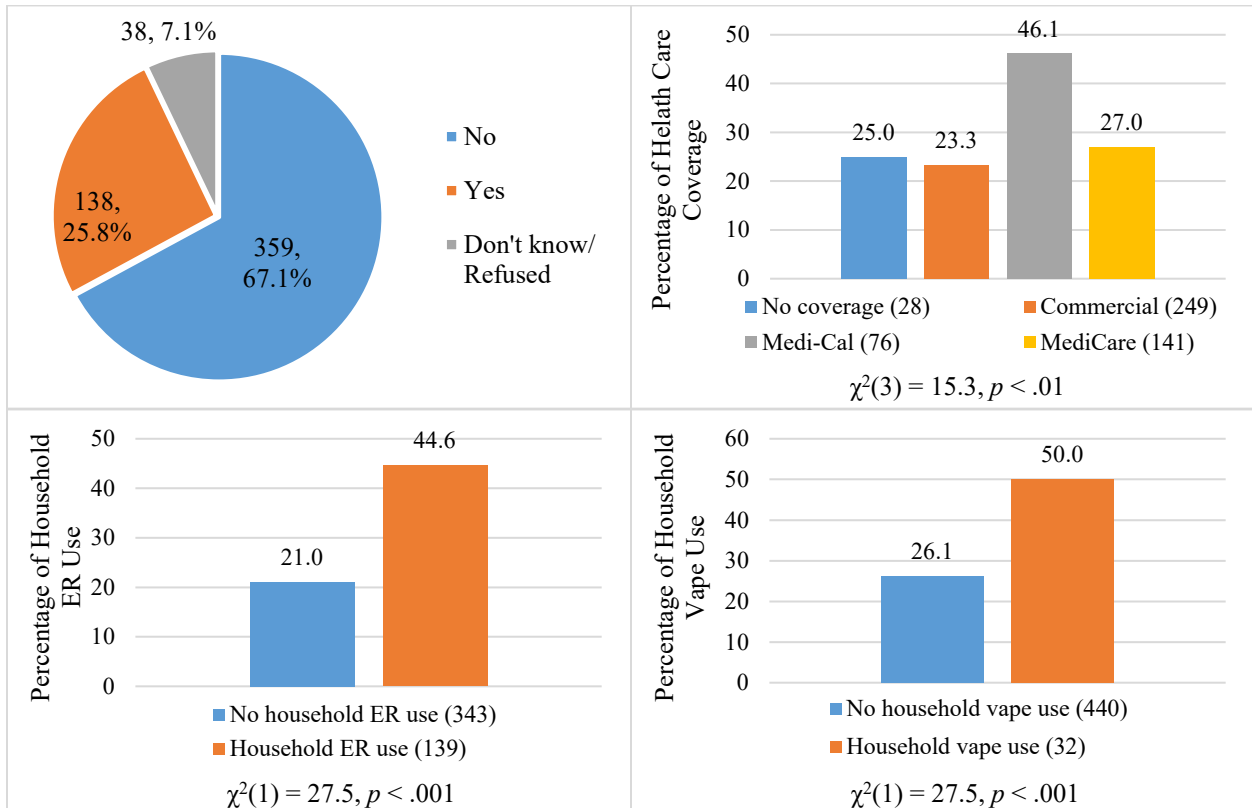
Under a fifth of respondents reported someone with heart disease in their home. Respondents in households with heart disease are less likely to be Hispanic/Latino/a (versus not; ethnicity alone) and more likely to be covered by MediCare. Those households with heart disease are more likely to have a household visit the ER in the last year, and have 65+ year olds in the home, while being less likely to have children and 18-64 year olds in home. Household heart disease is not related to ethnicity/race combined, or having a smoker or a vape user in the home. See Figure Set 22.

Figure Set 22: Household Heart Disease (Question 33b)



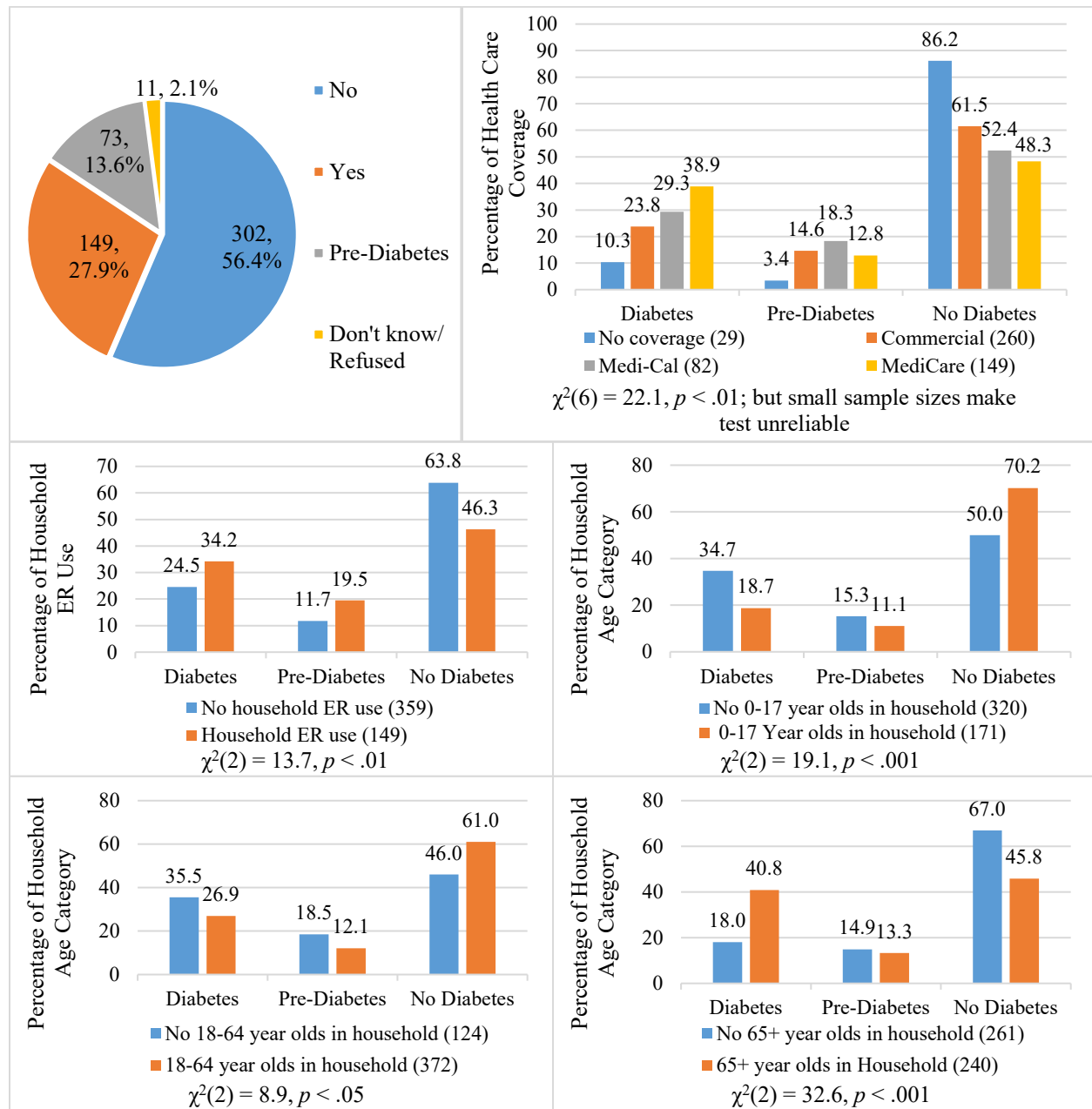
A quarter of respondents reported someone with a mental health condition in their household. In those households, the respondent is more likely to have commercial health care coverage, and the household is more likely to have a visit the ER in the last year, and have a vape user. Household mental health is not related to the respondent's ethnicity/race, having children, 18-64 year olds, or 65+ year olds in the home, or having a smoker in the home. See Figure Set 23.

Figure Set 23: Household Mental Health Condition (Question 33c)



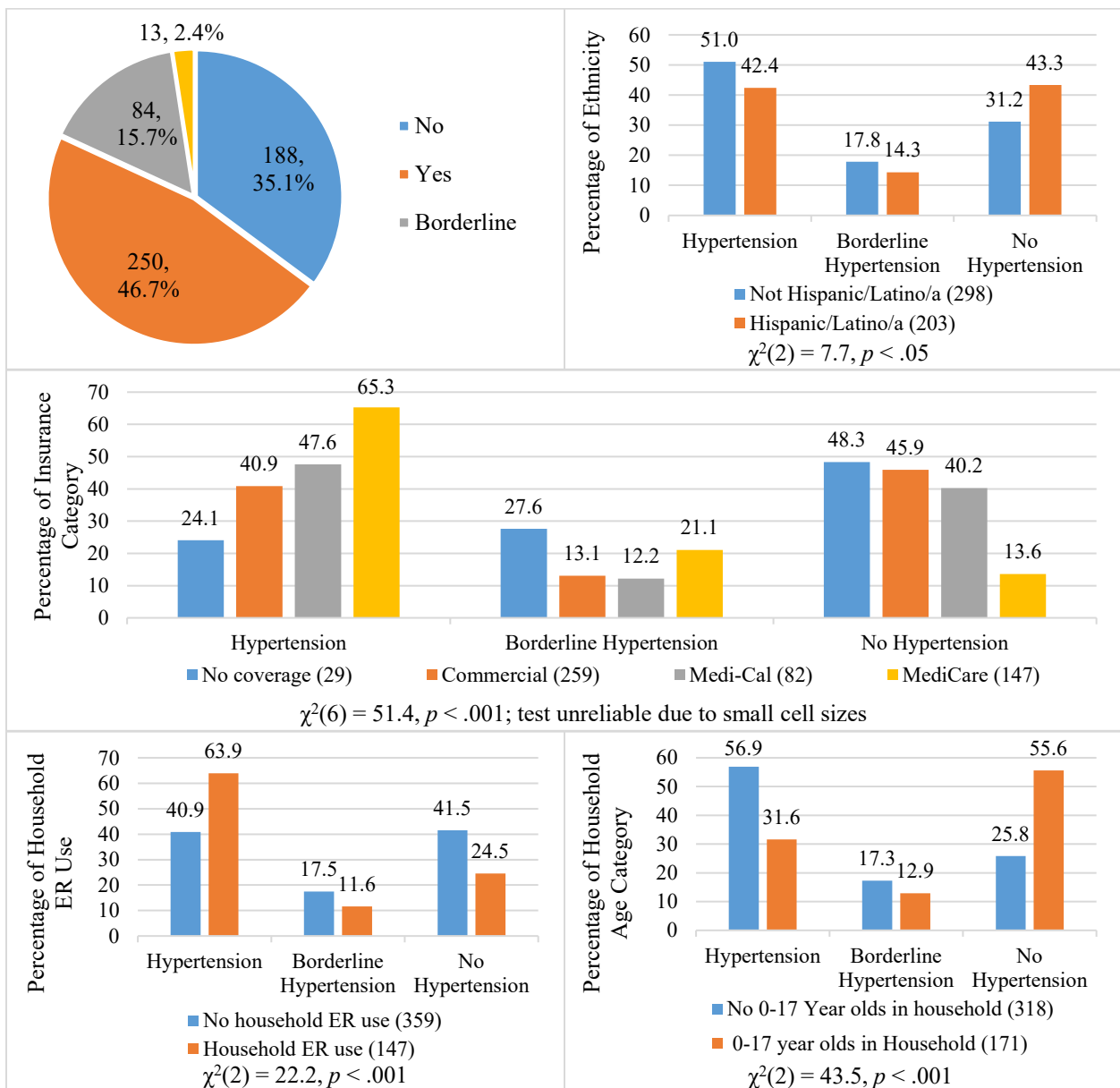
Over a quarter of respondents reported someone with diabetes in the household, and a sixth reported someone in the household with pre-diabetes. Respondents in households with diabetes or pre-diabetes are less likely to have no health care coverage, and those in households with diabetes are more likely to have MediCare. Households with diabetes or pre-diabetes are more likely to have an ER visit in the last year, and those with diabetes are more likely to have a 65+ year old in the household. Households with diabetes or pre-diabetes are less likely to have a child or an 18-64 year old in the household. Household diabetes is not related to respondent ethnicity/race, or having a smoker or vape user in the household. See Figure Set 24.

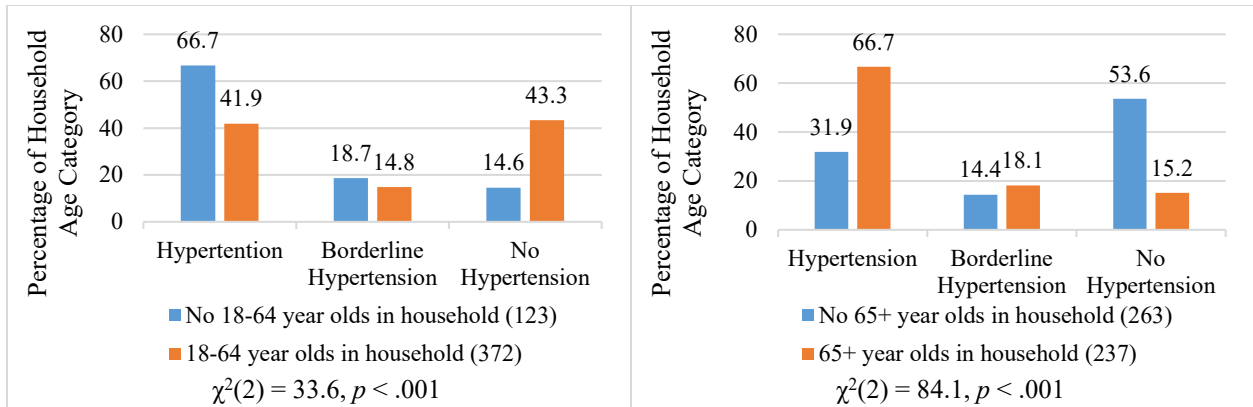
Figure Set 24: Household Diabetes (Question 34)



Nearly half of respondents reported someone in their household with hypertension, and a sixth reported someone in the household with borderline hypertension. Respondents in these households with hypertension are less likely to be Hispanic/Latino/a (versus not; ethnicity alone), less likely to have no health care coverage, and more likely to be covered by MediCare. Respondents in households with borderline hypertension are more likely to have no health care coverage and MediCare. Households with hypertension are less likely to have children and 18-64 year olds in the house, and more likely to have used the ER in the last year, and have 65+ year olds in the home. Hypertension in the home is not related to respondent ethnicity/race combined, or having a smoker or a vape user in the home. See Figure Set 25.

Figure Set 25: Household Hypertension (Question 35)

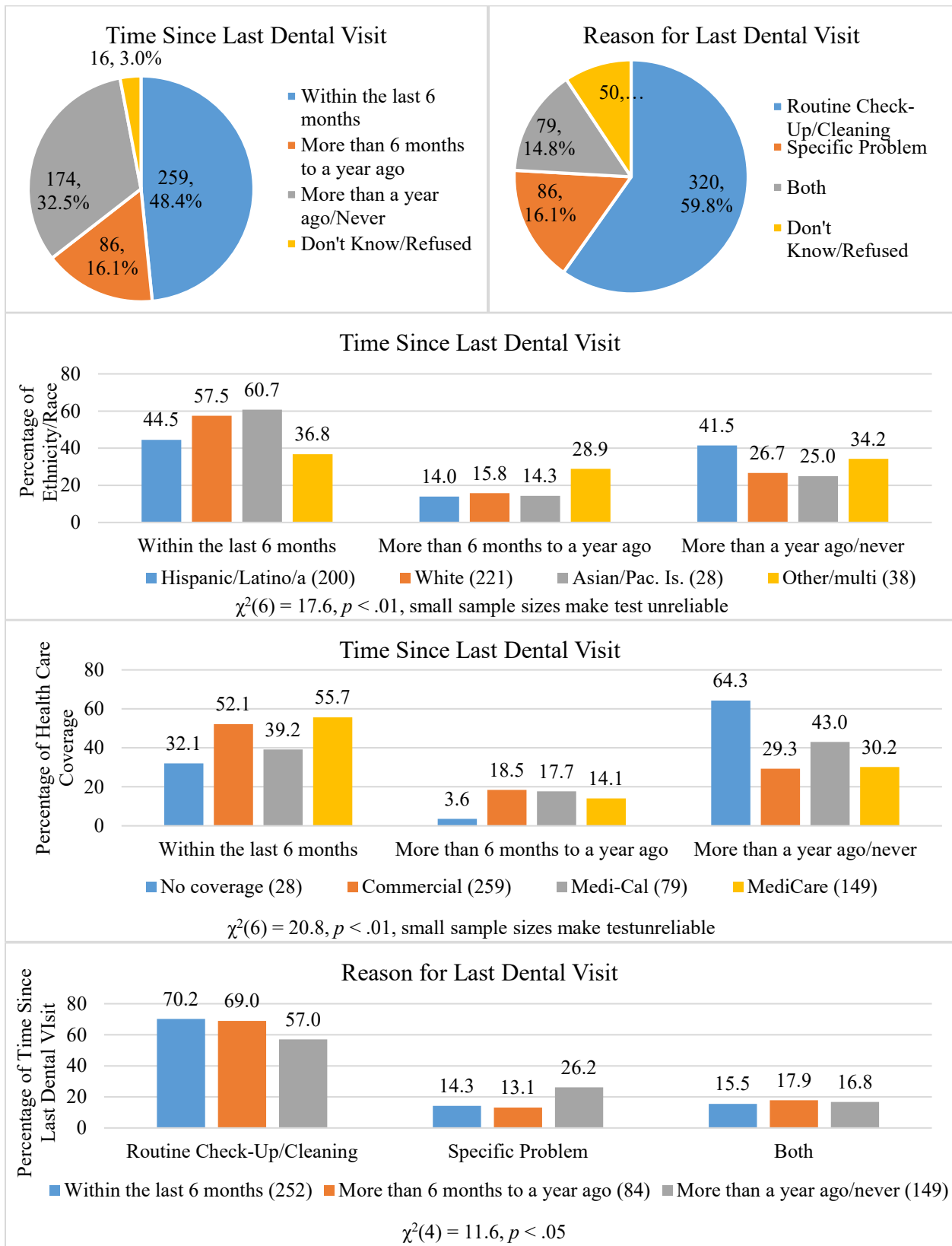




Dental Health

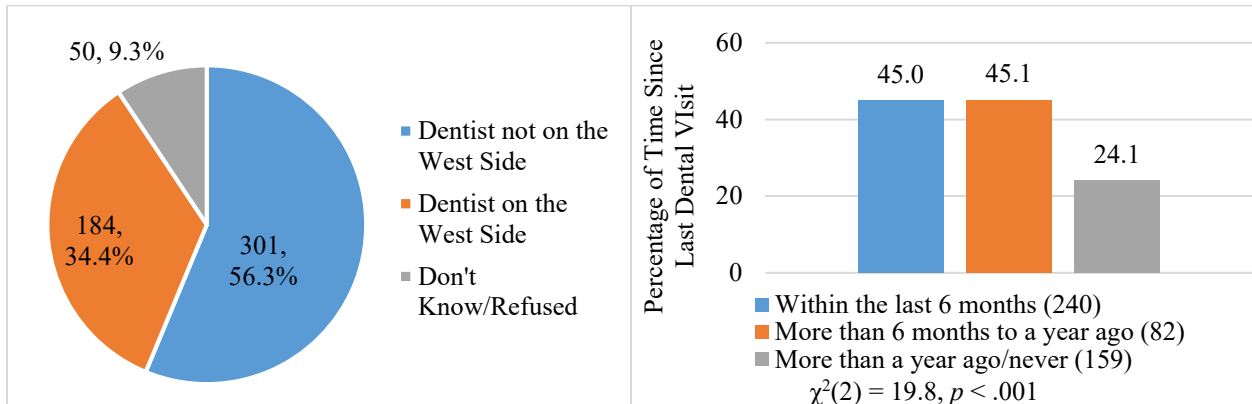
Nearly half of CHANS respondents reported visiting the dentist within the past 6 months, and last visited the dentist for a routine check-up. Time since visiting the dentist is not related to age or sex. It is associated with ethnicity/race, such that other/multiracial respondents are least likely to have visited in the last year, but most likely to have visited more than 6 months to a year ago. Hispanic/Latino/a respondents are more likely to have visited over a year ago or never. Time since visiting the dentist is also associated with health care coverage, and respondents with no coverage are the most likely to have visited more than a year ago or never, while those with commercial coverage and MediCare are most likely to have visited within the last 6 months,. Reason for the respondent's last visit to the dentist is not associated with age, sex, ethnicity/race, or health care coverage, but is related to time since visiting the dentist, with those who last visited for a non-routine specific problem being most likely to have visited a dentist more than a year ago or never. See Figure Set 26.

Figure Set 26: Last Dental Visit (Questions 23 and 24)



Most CHANS respondents get their dental care outside of the West Side. There are no differences by age, sex, ethnicity/race, or health care coverage with getting dental care on the West Side, but there is an association with time since last visited the dentist. Those that leave the West Side are most likely to have last visited the dentist over a year ago or never. See Figure Set 27.

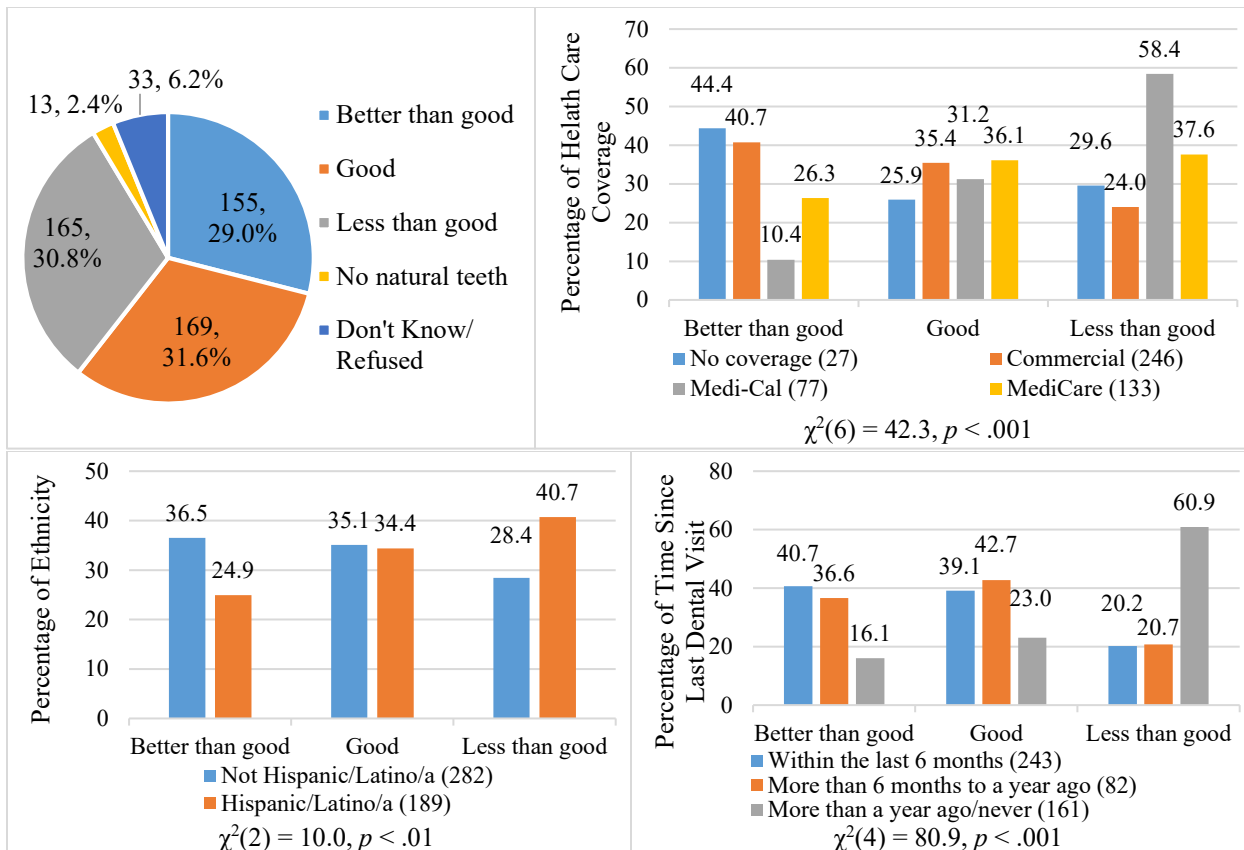
Figure Set 27: Dental Care on the West Side (Question 26)



Like their general health, respondents rated their dental health, with an even split between better than good, good, and less than good. Difference in ratings of dental health are present for ethnicity alone, health care coverage, and time since last dental visit, but not age, sex, or ethnicity/race combined.

Differences in dental health rating are present by ethnicity/race, insurance, and time since last dental visit, but not age and sex. Hispanic/Latino/a respondents are least likely to rate their dental health as Excellent and Very Good and most likely to rate their dental health as Fair and Poor, $\chi^2(4) = 11.5, p < .05$. Respondents who rate their dental health as Excellent are most likely to have Medi-Cal and/or MediCare, those who rated their dental health as Very Good are least likely to have Medi-Cal (without MediCare), while those who rated it as Fair or Poor are mostly likely to have Medi-Cal (without MediCare), and those who rated it as Poor are least likely to have in non-Medi-Cal or MediCare insurance, $\chi^2(12) = 47.1, p < .001$. Respondents who rated their dental health as excellent are most likely to have visited the dentist within the last 6 months, respondents who rated their dental health as Very Good and Good are least likely to have visited more than a year ago or never, and respondents who rated their dental health as Fair or Poos are mostly likely to have visited more than a year ago or never, $\chi^2(8) = 84.5, p < .001$. See Figure Set 26.

Figure Set 28: Rating of Dental Health (Question 25)



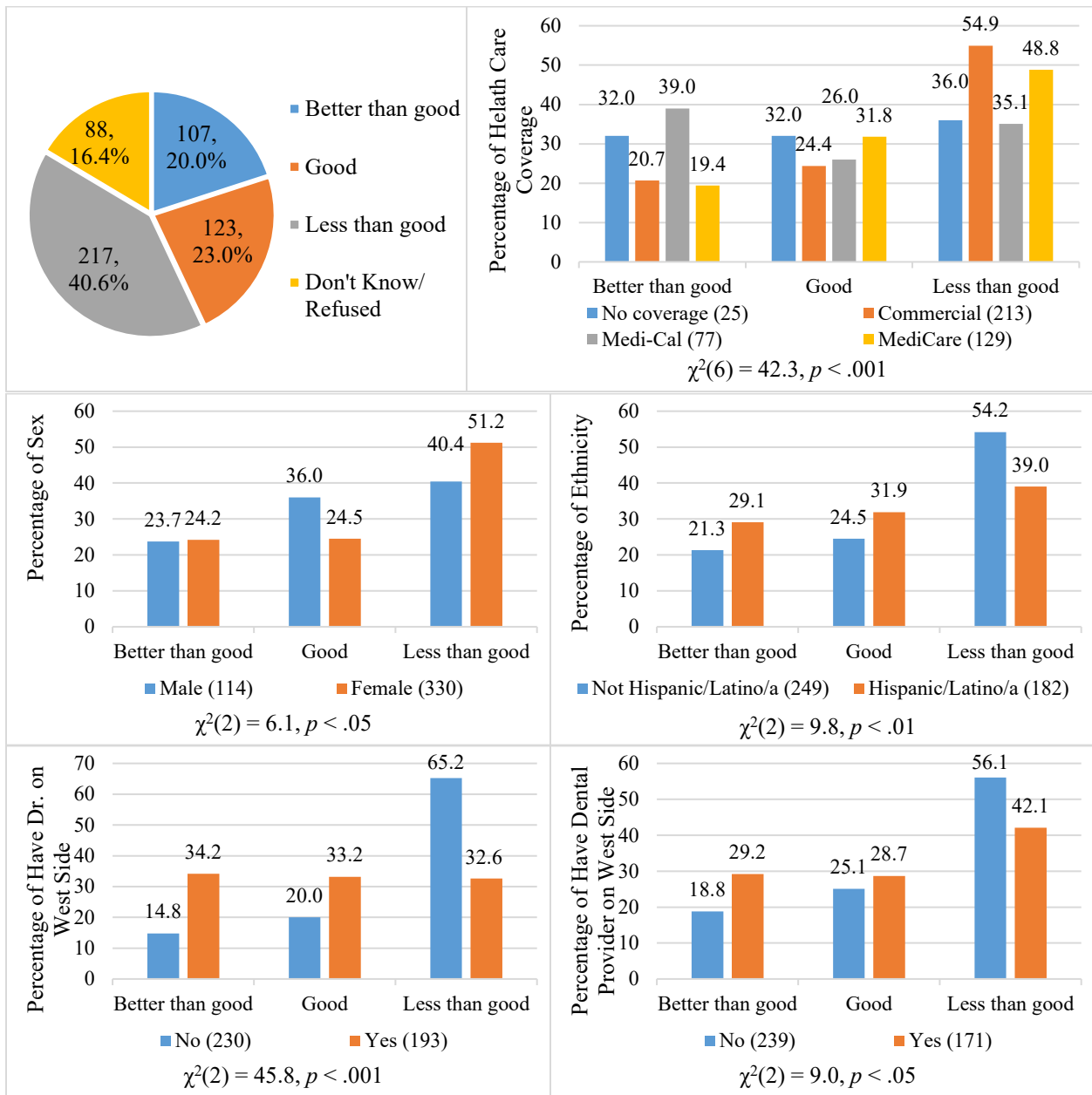
Other Topics

CHANS respondents were asked about several other topics that do not fit into the above categories.

Availability of Health Care on the West Side

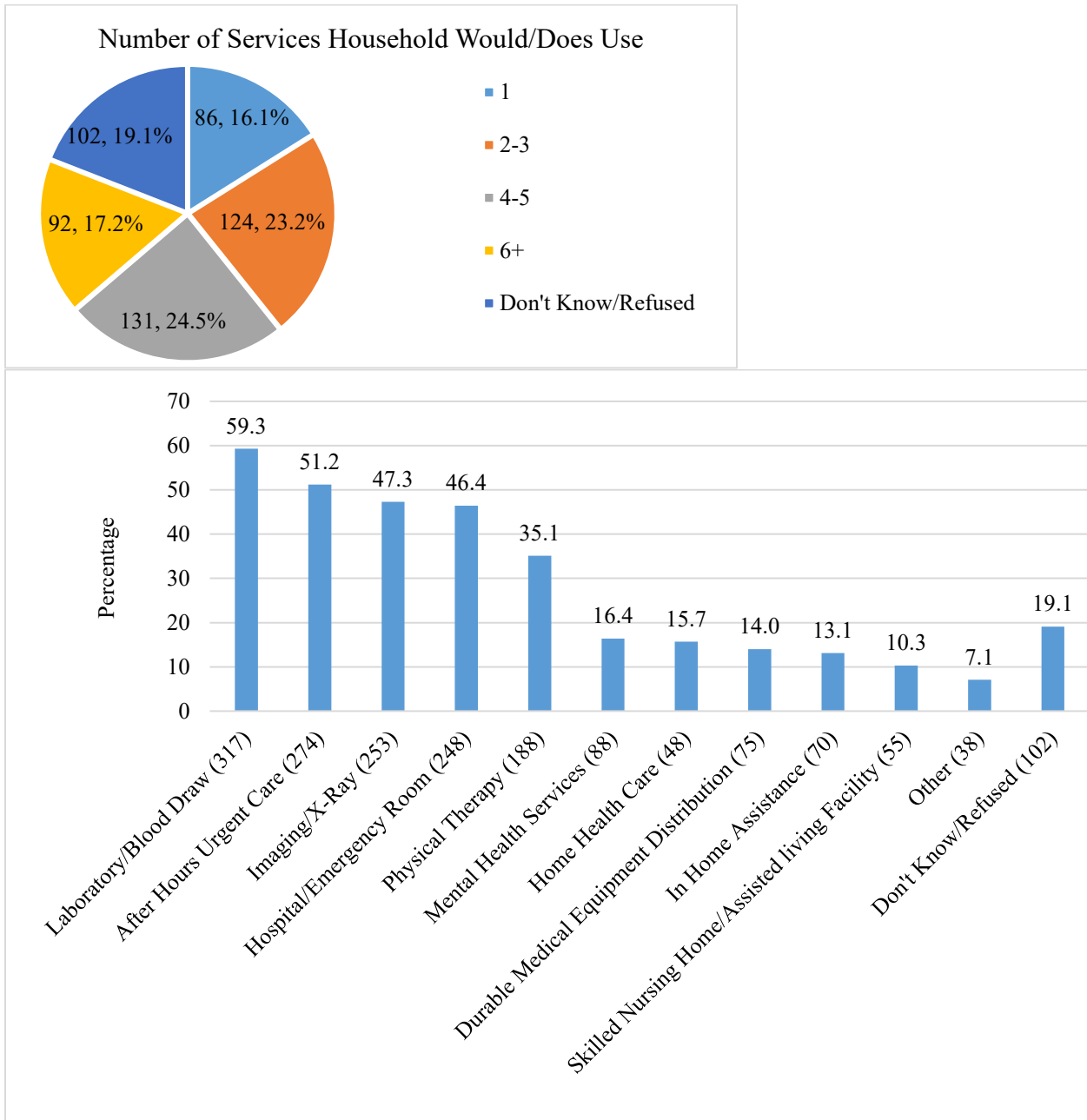
Respondents rated the overall availability of health care services on the West Side with more respondents choosing a rating of less than good compared to good or better than good. Rating of the West Side health care services is not associated with age, ethnicity/race combined, ages of people in the household (children, 18-64 year olds, 65+ year olds), or household ER use in the past year, but is associated with sex, ethnicity alone, health care coverage, having a doctor on the West Side, and having a dentist on the West Side. Males and females are equally likely to rate the West Side services as better than good, but males are more likely to rate the services as good, and females to rate services as less than good. Respondents with no health care coverage and Medi-Cal are more likely to choose a rating of better than good, and those with commercial coverage and MediCare are more likely to choose a rating of less than good. Hispanic/Latino/a respondents are more likely to rate services on the West Side as good or better than good. Respondents with medical and dental providers on the West Side are more likely to rate services on the West Side a good or better. DPHCD was also specifically interested in whether older adults differed in rating the West Side by having a specialist referral, but they did not. See Figure Set 29.

Figure Set 29: Rating of Health Care Services on the West Side (Question 49)



Respondents reported on which of 11 types of health care services their household would or does use on the west side. The most common service households would/do use is Laboratory/Blood Draws, followed by After Hours Urgent Care, Imaging/X-Ray, and Hospital/ER. See Figure Set 30.

Figure Set 30: Types of Health Care Services Household Would/Does Use (Question 50)



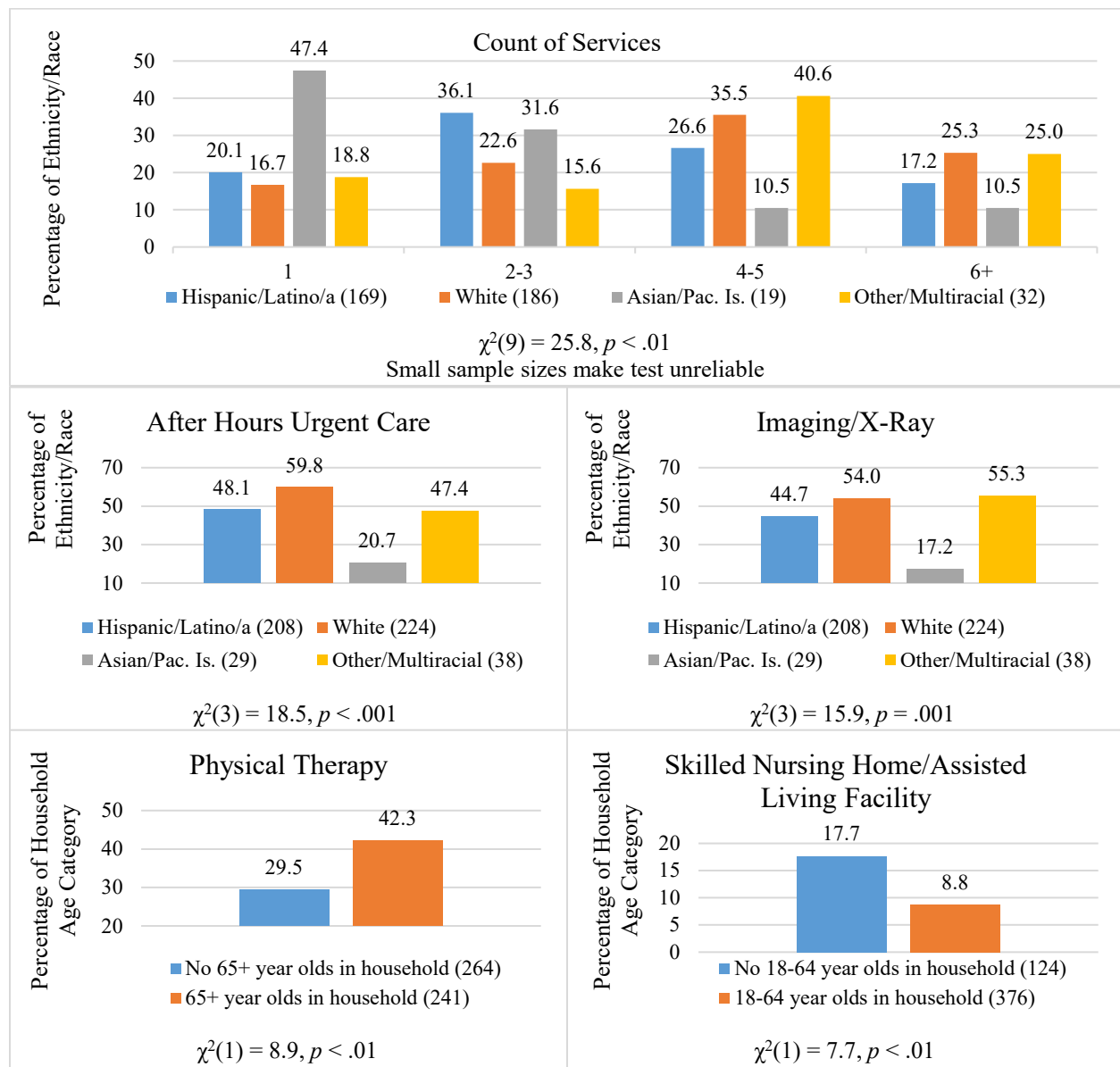
Thirty-eight respondents selected “Other” and Table 4 lists their verbatim responses, except for one respondent who did not write anything.

Table 4: Other Service Household Would/Does Use

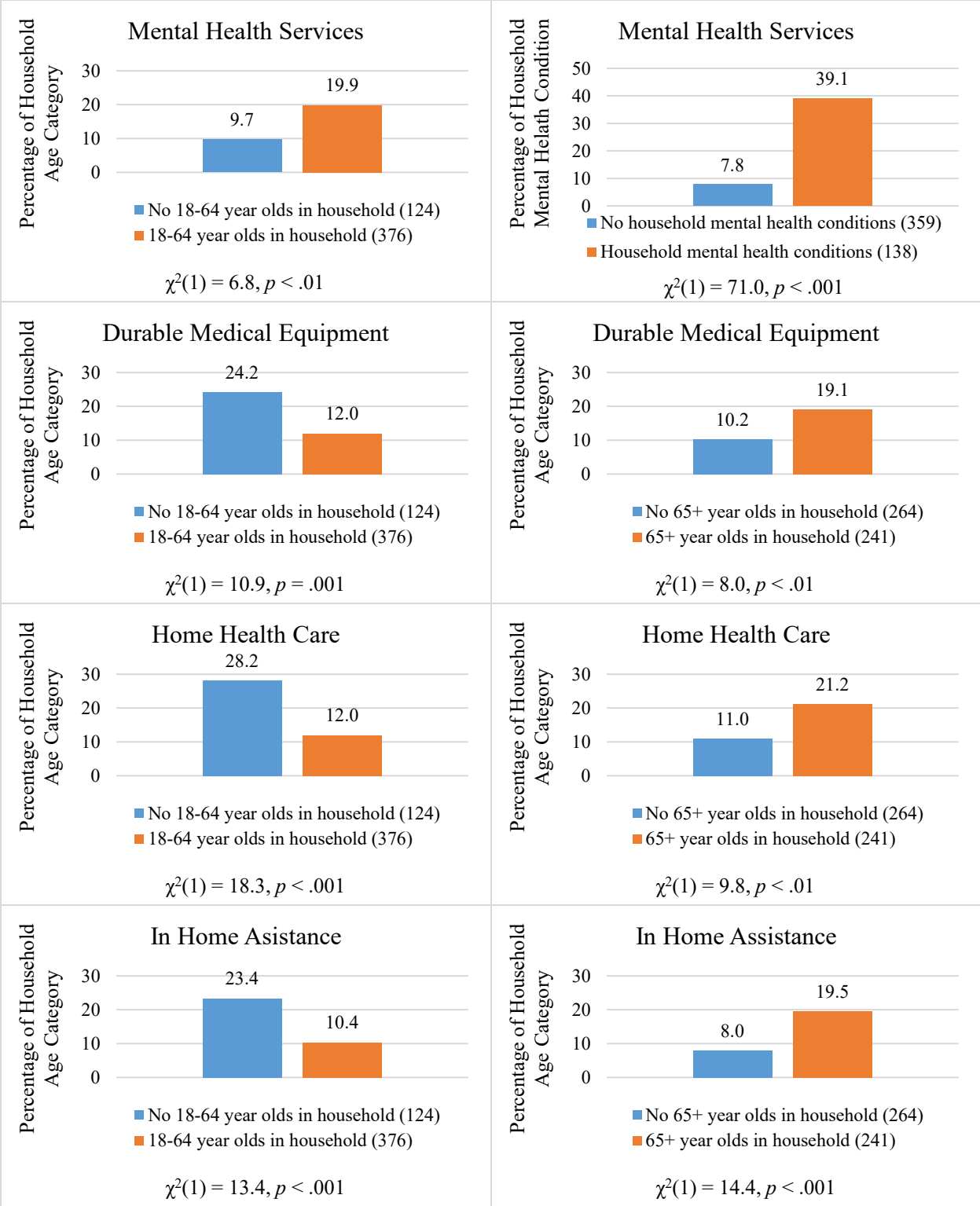
Pharmacy (3 respondents)
All if available
All would be wonderful driving out of town for x-rays is a huge problem since the issue is usually serious. I have had to do just that!
As long as they had a contract with Kaiser
Behavioral health services for the community, full scale treatment
Better communication
Cardiologist
Cardiologist (peds)
checkups
Del Puerto
Dental
Dentist
Dialysis
Doctor's Office with General Practitioners
Doctors office
Doctors Office
Drs office clinic
everything
Future needs? At our age
Healthcare specialists
I would say of all after hours urgent care
If it were here, I'd use it. But the reality is that its cost prohibits to have it all.
Kaiser
Kaiser HMO (Westside)
Kaiser office
Medicare General Dr.
Needs to be a Kaiser facility
None but you should accept Kaiser or work with Kaiser to see if their patients can come there it would be better for us and hopefully del puerto can make some money see if they can contract with you so patients don't have to travel outside the 95363 area code for service
not in need of services at this time but comforting to have close at hand for our loved ones. It would be absolutely helpful indeed awesome to have one/all of the above services available to our town/community.
Obgyn/prenatal care
Patterson doesn't really have many of the selections--Sad.
Pediatrics
quiropactico
Regular doctor visits
spine & back care

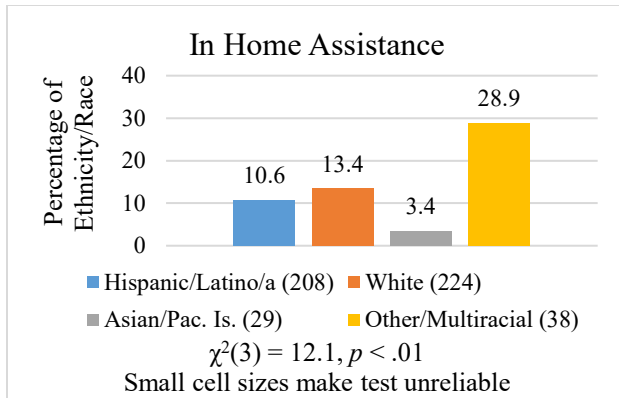
Differences in the number of services endorsed as well as endorsing each of the health care services are explored by ethnicity/race, health care coverage, ages of household members (children, 18-64 year olds, 65+ year olds), and household chronic conditions. The most common differences are seen by ethnicity/race, having 18-64 year olds in the home and having 65+ year olds in the home. No differences are found by health care coverage, children in the household, or household asthma, heart disease, hypertension, or diabetes¹. Due to the number of analyses conducted here, significance is reduced to $p < .01$ in order to reduce the chance of reporting a random effect. See Figure Set 31.

Figure Set 31: Health Care Services Household Would/Does Use by Demographics and Chronic Health Conditions



¹ There is a significant relationship between Imaging/X-Ray and household heart disease, but as this has no clinical implication, and so that significant finding is not presented.

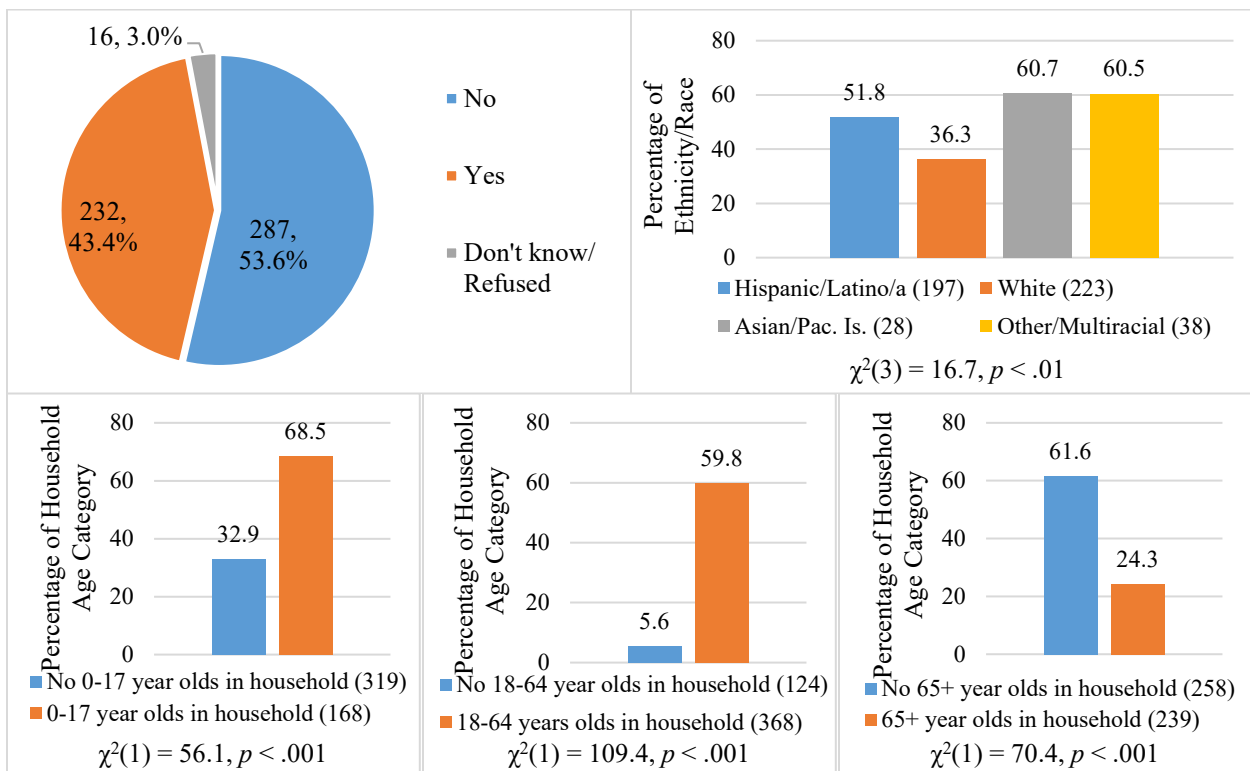




Commuting and Working Vehicles

About half of CHANS respondents' households include someone who commutes outside of the West Side for work, which is related to the respondent not being White, having children in the home, having 18-64 year olds in the home, and not having 65+ year olds in the home. No other associations are explored. See Figure Set 32.

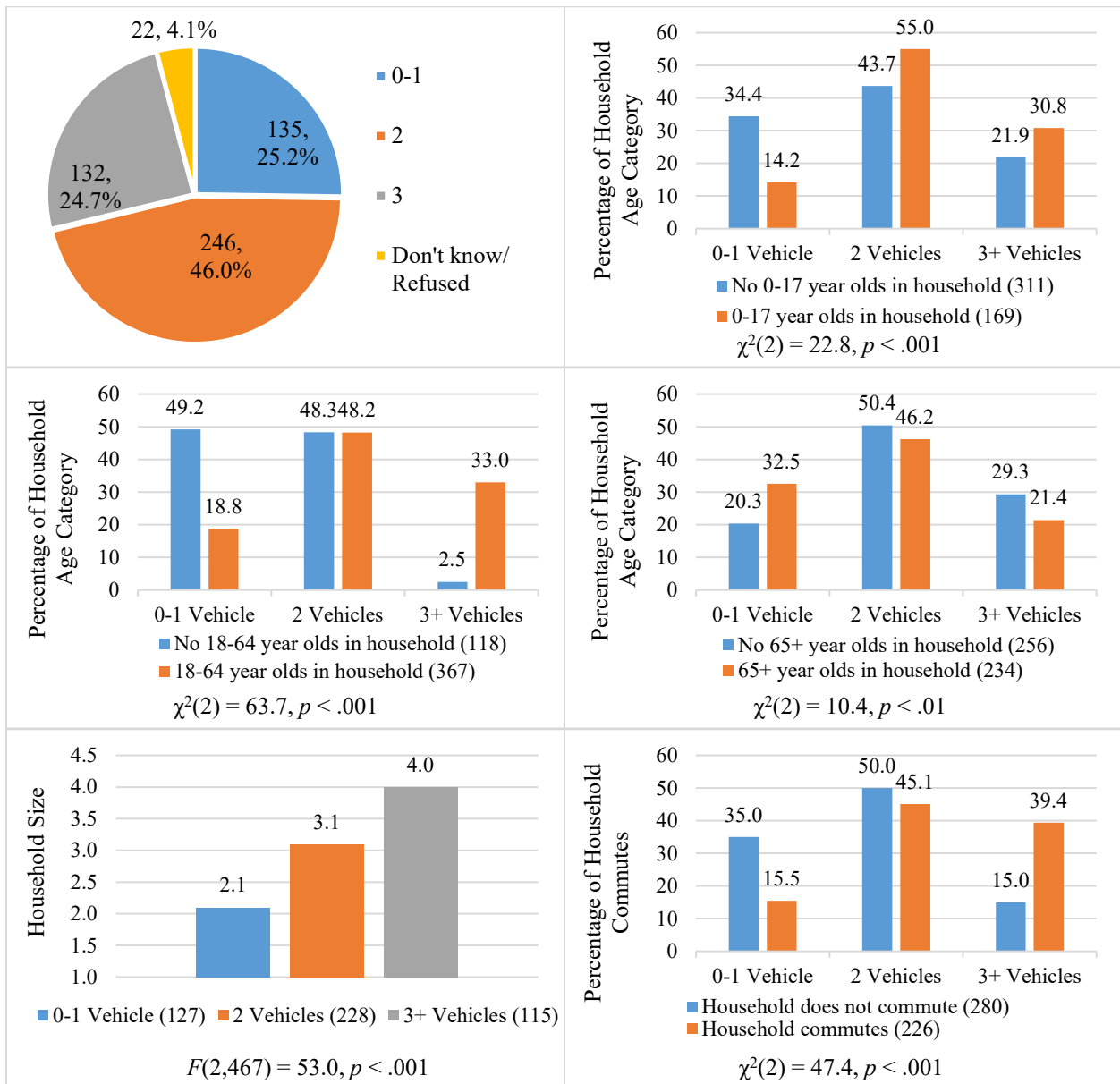
Figure Set 32: Commuting Out of the West Side (Question 29)



Nearly half of CHANS households have two working vehicles. The number of working vehicles in the household is not related to respondent ethnicity/race, but is related to having children, 18-64 year olds, and 65+ year olds in the household, as well as household size, and someone from the household commuting out of the West Side for work. Households with children are more

likely to have 2, or 3+ vehicles. Households with 18-64 year olds are more likely to have 3+ vehicles and less likely to have 0-1 vehicles. Households with 65+ year olds are more likely to have 0-1 vehicles and less likely to have 3+ vehicles. Increases in number of vehicles is associated with an increase in household size. Households with someone who commutes out of the West Side to work are more likely to have 3+ vehicles and less likely to have 0-1 vehicles. See Figure Set 33.

Figure Set 33: Number of Working Vehicles in Household (Question 30)

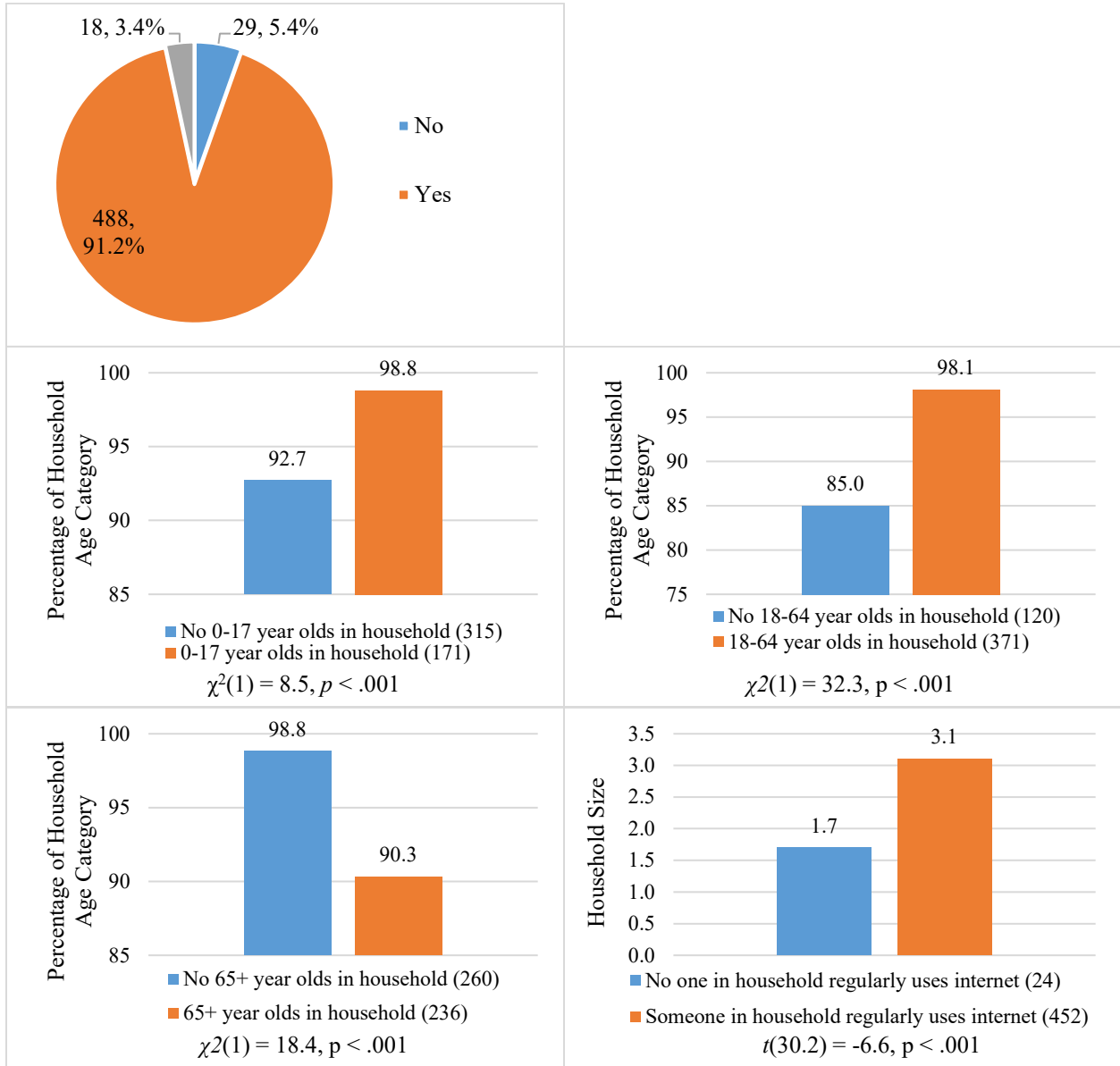


Internet Use

Respondents reported on the number of people who use the internet regularly in their home, and nearly all reported living in a household where someone regularly uses the internet. Having anyone who regularly uses the internet is related to having children in the home, having 18-64

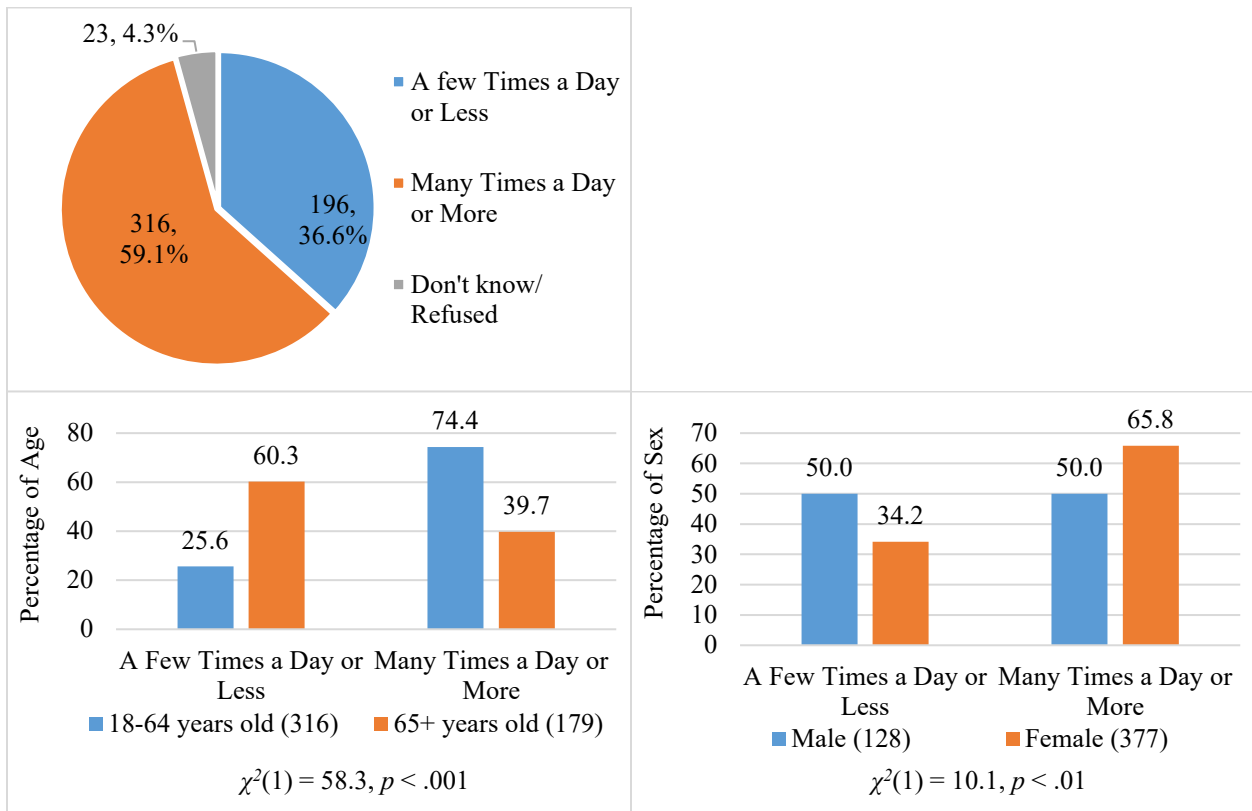
year olds in the home, , not having an older adult in the home, , and having a larger household size,. Having someone in the home who regularly uses the internet is not related to respondent's ethnicity/race. See Figure Set 34.

Figure Set 34: Household Regularly Uses Internet (Question 31)



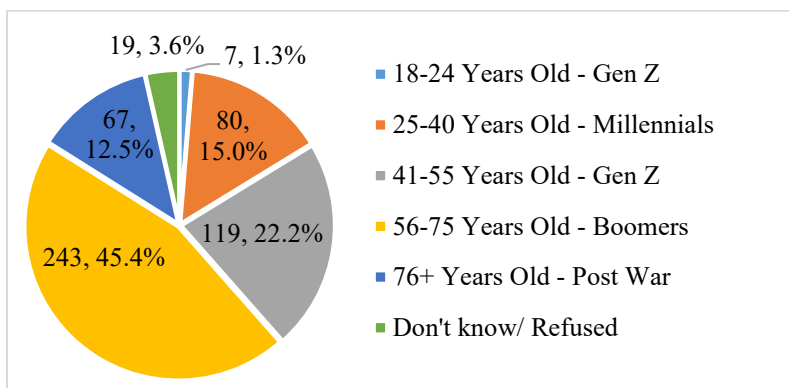
In terms of respondents' personal use of the internet, most report using the internet many times a day or more, and frequency of use is associated with age and sex, but not ethnicity/race. Older respondents and males use the internet less frequently than younger respondents and females. See Figure Set 35.

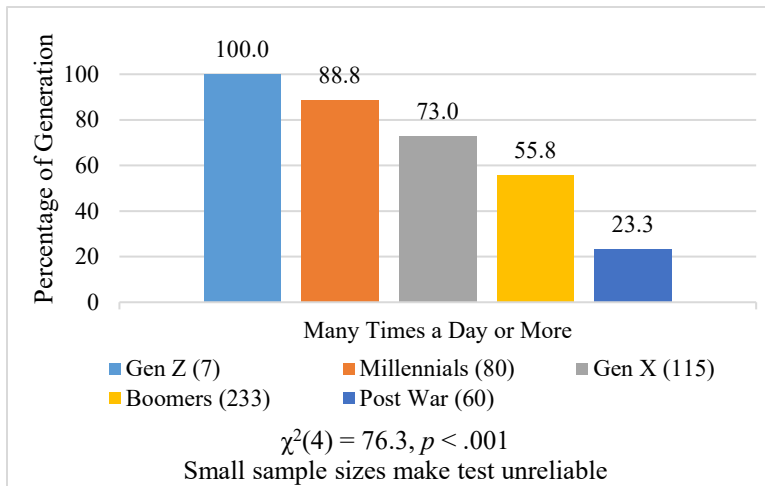
Figure Set 35: Frequency of Internet Use (Question 32)



In addition, DPCHD specifically asked to see age recoded into approximate generation groups and compared to internet use. Age is recoded into 5 generation groups and is associated with internet use, such that all of the youngest generation reported using the internet many times a day or more, the percentage of each preceding generation's use at that level decreased, and the amount of that decrease increased. See Figure Set 36.

Figure Set 36: Frequency of Internet Use by Generation (Question 32)





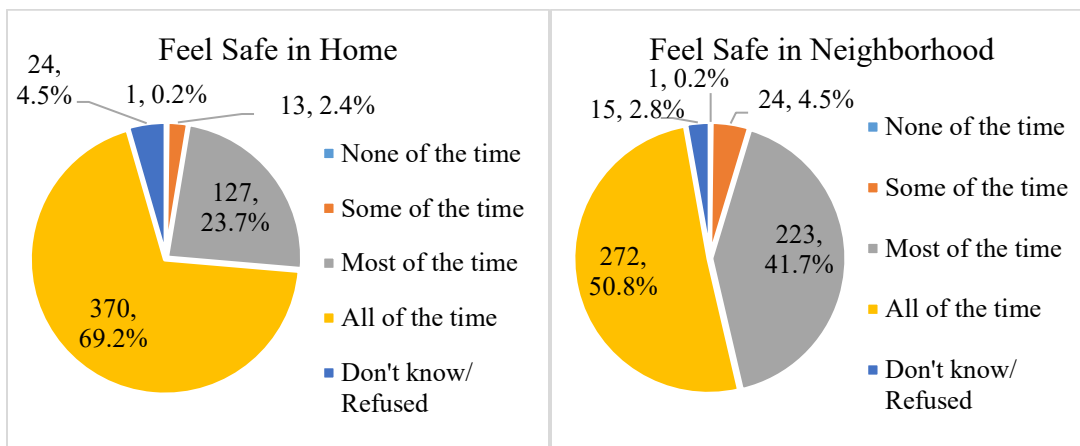
Difference in Percentage of Frequent Internet Use between Generations Groups:

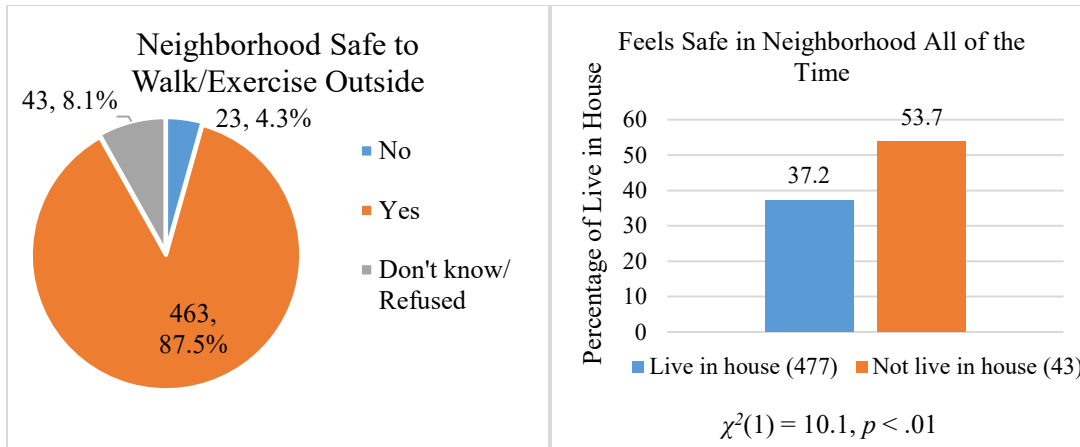
- Gen Z – Millennials = 11.2
- Millennials – Gen X = 15.8
- Gen X – Boomers = 17.2
- Boomers – Post War = 32.5

Safety and Worries

Respondents reported on how often they feel safe in their home and in their neighborhood, as well as if whether or not their neighborhood is safe for walking or exercising outside. In order to conduct analyses, frequency of feeling safe in the home and in the neighborhood are recoded into “All of the time” and “Not all of the time.” These ratings of safety are not related to age, sex, ethnicity/race, household ages (children, 18-64 year olds, or 65+ year olds in household), household size, or home ownership. There is a relationship between feeling safe in the neighborhood and living in a house. See Figure Set 37.

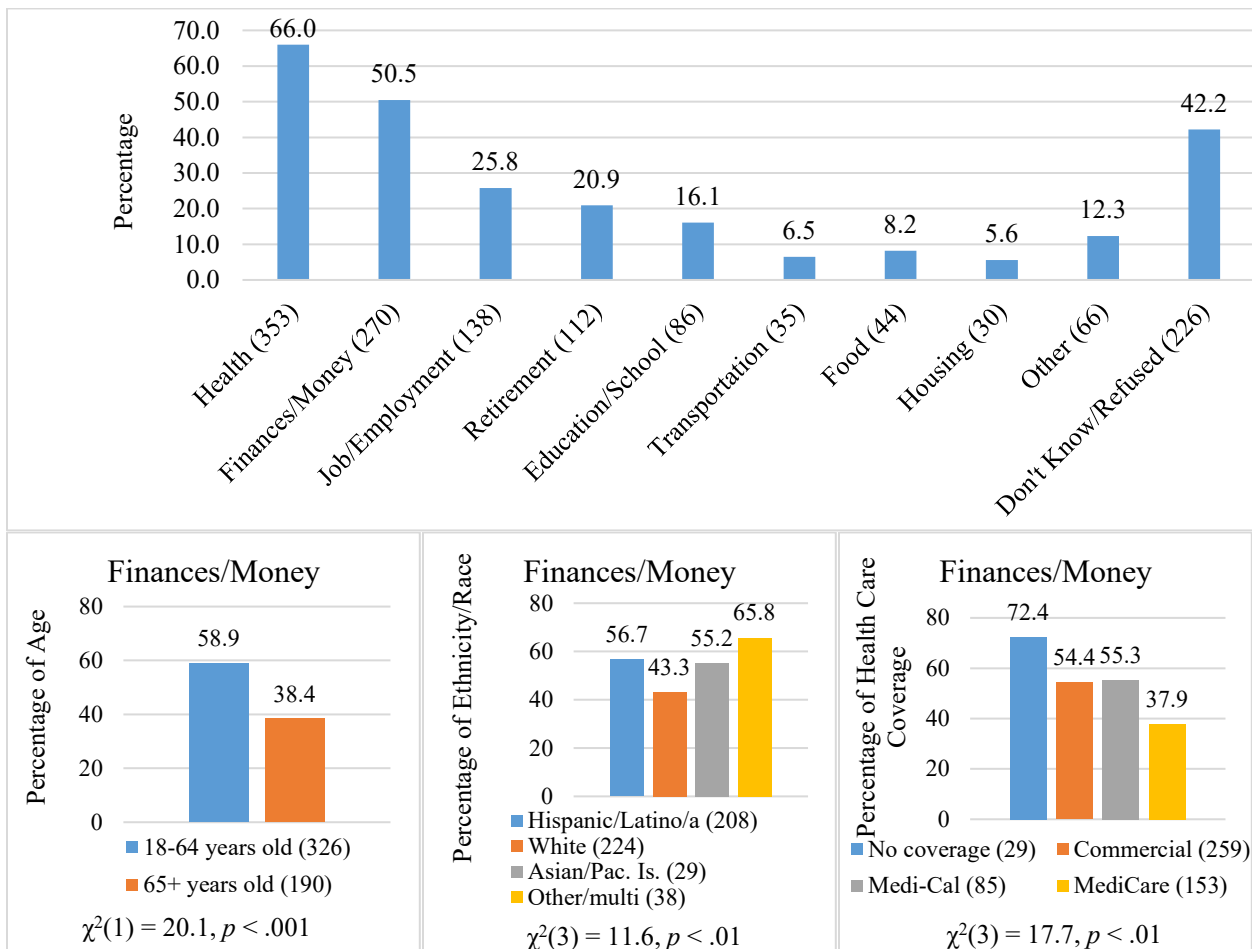
Figure Set 37: Safety in Home and Neighborhood (Questions 46-48)

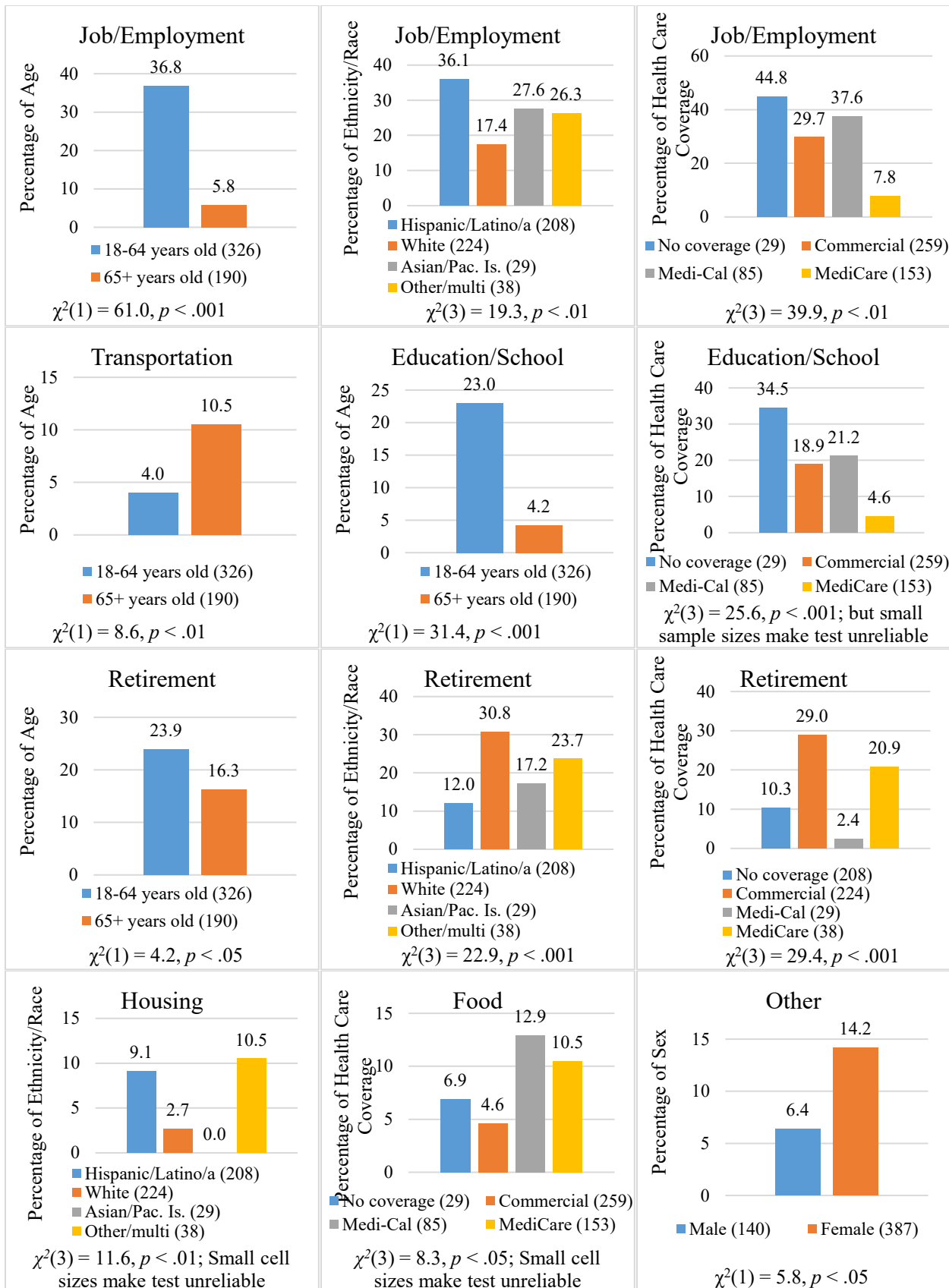




From a list of 9 topics (including Other), respondents selected what they have worried about most often in the last year. The most frequently endorsed worries are health and finances, each reported by at least half of respondents. Differences for endorsing each of the worry topics are explored by age, sex, ethnicity/race, and health care coverage. The most common differences are seen by age and health care coverage. See Figure Set 38.

Figure Set 38: Top Worries in Last Year (Question 51)





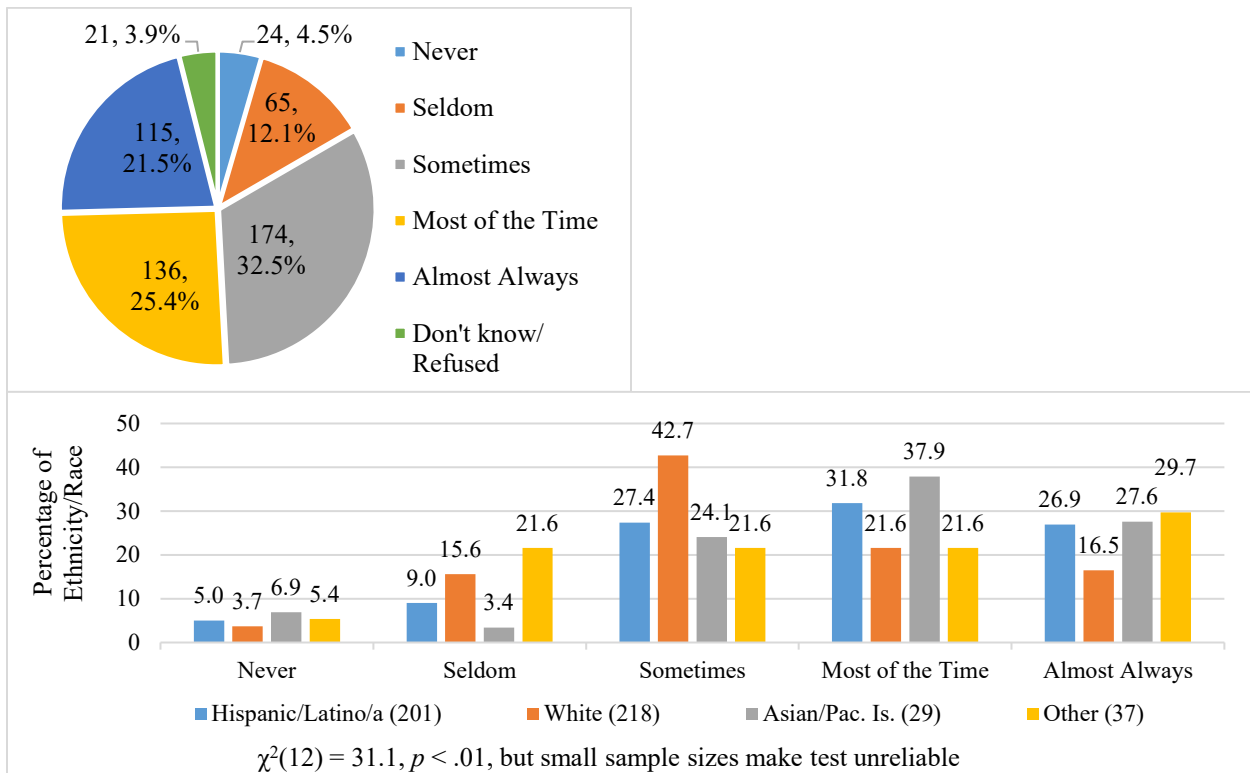
Sixty-six respondents selected that they worry about “Other,” and Table 5 lists their verbatim responses, except for 19 (28.8%) respondents who only said something related to the general COVID-19 situation (not a specific COVID-19 worry, such as “covid 19 related travel”, or COVID-19 and another topic), and 2 (3.0%) respondents who did not write anything. Note the number of respondents who spontaneously mention politics or political issues 15 (22.7%).

Table 5: Other Topics Worried About in Last Year

Activities for my children, that are COVID safe
Better grocery store options
Changing laws
Child care
Children's education
Covid 19, world situation
covid related travel
Democrats in power
Donald Trump. I'm so relieved that Joe Biden is our new President.
environment, racial, political unrest
Family (<i>2 respondents</i>)
Family members
Freedom to go out
Government overreach
Government stability
Having to work from home; exposure while grocery shopping (not lack of food)
hospital needs
How to pay rent
If they would ever build a hospital
In home assistance
In home help
Losing freedoms
Mental Health of my kids caused by lockdown
My grandchildrens education because of COVID
Newsom/Government
Other Peoples health and well being
others
Parenting
Perdida de un familiar
Political stability of the country
Politicians
Politics (<i>3 respondents</i>)
Relationships
Safety
Safety-policing, Political environment
Salud Mental
Socialism
Speeders through town
Traffic to work
Un hospital
Vacation & virus
Weight loss

Respondents also reported on how frequently they worry about the health effects of COVID-19, including whether or not they contract the virus, with “Sometimes” receiving the most endorsements. Frequency of COVID-19 worries is compared to age, sex, ethnicity/race, insurance, household chronic conditions, and household smoking. The only difference is for ethnicity/race, with White and other/multiracial respondents being the most likely to Seldom worry, White respondents being most likely to Sometimes worry, Hispanic/Latino/a and Asian/Pacific Islander respondents most likely to worry Most of the Time, and White respondents least likely to worry about it Almost Always,. See Figure Set 39.

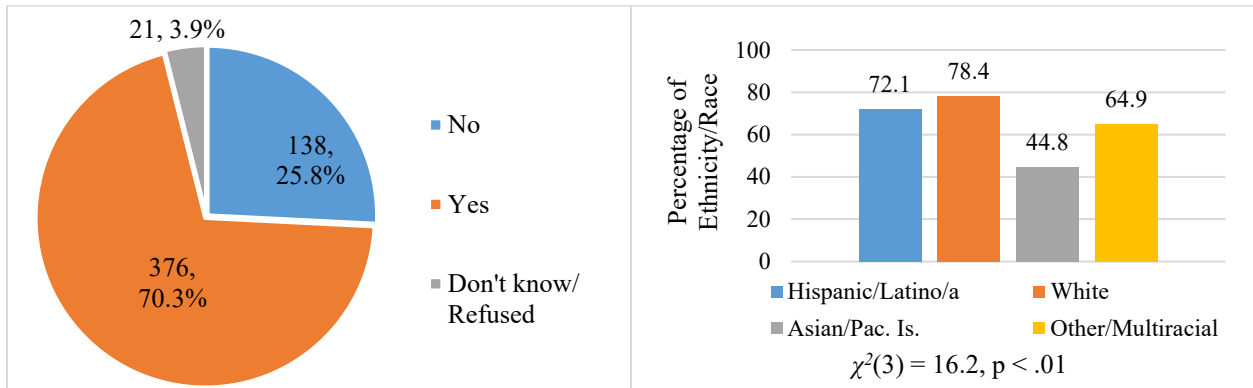
Figure Set 39: Frequency of COVID-19 Worries (Question 52)



Heard of Del Puerto Health Care District

Finally, CHANS respondents reported on whether or not they had ever heard of the Del Puerto Health Care District, with most saying they had. There are no age, sex, or health care coverage differences in having heard of DPHCD, but there are differences by ethnicity/race. Asian/Pacific Islanders are the least likely to have heard of DPHCD. See Figure Set 40.

Figure Set 40: Heard of the Del Puerto Health Care District (Question 53)



Comparison to CHIS Data for Stanislaus County

As noted above, the CHANS data is not fully representative of the West Side when the demographics are compared to the West Side population as described by the ACS, and so the CHANS data should not be treated as population estimates of the West Side. This means comparison of the CHANS data to the CHIS County level population estimates should be observed with caution, with the understanding that it is a comparison of the CHANS respondents and not of the population of the West Side. Several of the measures used in the CHANS are derived from CHIS, and so this section presents CHIS 2019 Stanislaus County population estimates with CHANS raw data, split by age groups (18-64 years old, and 65+ years old) to somewhat account for the disproportional number of older adults in the CHANS sample.

Table 6: Ethnicity

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
Hispanic/Latino/a	%	n	%	valid %	%	n	%	valid %
Yes	41.3	151	46.3	47.8	30.0	46	24.2	25.1
No	58.7	165	50.6	52.2	70.0	137	72.1	74.9
Don't know/Refused	--	10	3.1	--	--	7	3.7	--
Total	--	326	--	--	--	190	--	--

Table 7: Race

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
American Indian/Alaskan Native	4.0	6	1.8	2.2	*	3	1.6	1.8
Asian	7.8	18	5.5	6.5	6.6	8	4.2	4.7
African American	10.0	8	0.5	2.9	*	9	4.7	5.3
White	67.6	183	56.1	66.3	75.1	125	65.8	73.1
Other (including NHOPI)	9.9	42	13.9	15.2	15.0	19	10.0	11.1
Two or more races	0.7	19	5.8	6.9	1.3	7	3.7	4.1
Don't know/Refused	--	50	15.3	--	--	19	10.0	--
Total	--	326	--	--	--	190	--	--

*Suppressed due to small sample size

Table 8: Health Rating

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
Excellent	13.8	29	8.9	9.0	10.1	8	4.2	4.3
Very Good	39.0	110	33.7	34.0	24.5	54	28.4	28.7
Good	33.7	136	41.7	42.0	35.2	76	40.0	40.4
Fair	9.7	43	13.2	13.3	25.9	37	19.5	19.7
Poor	3.8	6	1.8	1.9	4.3	13	6.8	6.9
Don't know/Refused	--	2	0.6	--	--	2	1.1	--
Total	--	326	--	--	--	190	--	--

Table 9: Have Health Care Coverage

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
Yes	97.2	296	90.8	91.4	100	190	100	100
No	2.8	28	8.6	8.6	*	0	0	0
Don't know/Refused	--	2	0.6	--	--	0	0	--
Total	--	326	--	--	--	190	--	--

*Suppressed due to small sample size

Table 10: Source of Care

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
Doctor's office/HMO	52.1	230	70.6	71.4	90.9	159	83.7	85.0
Community Clinic	27.6	63	19.3	19.6	6.3	12	6.3	6.4
Emergency Room/Urgent Care	*	5	1.5	1.5	*	3	1.6	1.6
Some Other Place/ No One Place	2.4	3	0.9	0.9	1.6	4	2.1	2.1
No Usual Source	17.8	21	6.4	6.5	1.2	9	4.7	4.8
Don't know/Refused	--	4	1.2	--	--	3	1.6	--
Total	--	326	--	--	--	190	--	--

*Suppressed due to small sample size

Table 11: Doctor Visits in Last Year

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
0	37.6	88	27.0	27.5	**	25	13.2	13.7
1	8.5	50	15.3	15.6	6.6	31	16.3	17.0
2	11.8	67	20.6	20.9	40.6	38	20.0	20.9
3	5.1	43	13.2	13.4	4.3	22	11.6	12.1
4	7.5	27	8.3	8.4	9.4	25	13.2	13.7
5	6.4	14	4.3	4.4	4.4	7	3.7	3.8
6	8.4	10	3.1	3.1	7.8	12	6.3	6.6
7-8	2.8	2	0.6	0.6	**	8	4.2	4.4
9-12	4.2	15	4.6	4.7	6.2	8	4.2	4.4
13-24	6.0	3	0.9	0.9	7.2	4	2.1	2.2
25+	1.5	1	0.3	0.3	*	2	1.1	1.1
Don't know/Refused	--	6	1.8	--	--	8	4.2	--
Total	--	326	--	--	--	190	--	--

*Comparison is further complicated by COVID-19

**Suppressed due to small sample size

Table 12: Routine Check-Up in Last Year*

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
In the past 12 months	58.1	172	52.8	57.1	93.0	122	64.2	72.2
More than 12 months ago	34.1	127	38.9	42.2	6.4	47	24.7	27.8
Never	7.9	2	0.6	0.7	**	0	0	0
Don't know/Refused	--	25	7.7	--	--	21	11.1	--
Total	--	326	--	--	--	190	--	--

*Comparison is further complicated by COVID-19

**Suppressed due to small sample size

Table 13: Tele-Visit in Last Year

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
Yes	3.9	190	58.3	60.1	5.6	121	63.7	66.1
No	96.1	126	38.7	39.9	94.4	62	32.6	33.9
Don't know/Refused	--	10	3.1	--	--	7	3.7	--
Total	--	326	--	--	--	190	--	--

*Comparison is further complicated by COVID-19

Table 14: Need Medical Specialist in Last Year

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
Yes	39.3	138	42.3	43.8	47.8	122	64.2	64.6
No	60.7	177	54.3	56.2	52.2	67	35.3	35.4
Don't know/Refused	--	11	3.4	--	--	1	0.5	--
Total	--	326	--	--	--	190	--	--

Table 15: Time since Last Dental Visit

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
Never	*	4	1.2	1.3	*	1	0.5	0.5
6 Months Ago or Less	36.9	153	46.9	48.1	38.7	99	52.1	53.8
More than 6 Months to 1 Year Ago	17.0	59	18.1	18.6	15.8	24	12.6	13.0
More than 1 Year to 2 years Ago	22.6	46	14.1	14.5	24.7	26	13.7	14.1
More than 2 Years to 5 Years Ago	6.2	37	11.3	11.6	8.2	18	9.5	9.8
More then 5 Years Ago	16.1	19	5.8	6.0	12.6	16	8.4	8.7
Don't know/Refused	--	8	2.5	--	--	6	3.2	--
Total	--	326	--	--	--	190	--	--

*Suppressed due to small sample size

Table 16: Reason for Last Dental Visit

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
Routine Check-Up/Cleaning	52.1	194	59.5	65.1	60.7	117	61.6	67.6
Specific Problem	28.9	56	17.2	18.8	27.1	30	15.8	17.3
Both	19.0	48	14.7	16.1	12.2	26	13.7	15.0
Don't know/Refused	--	14	4.3	--	--	17	8.9	--
Total	--		--	--	--	190	--	--

Table 17: Dental Health Rating

Condition of Teeth	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
Excellent	10.5	31	9.5	10.0	10.8	6	3.2	3.4
Very Good	22.0	79	24.2	25.4	18.6	35	18.4	19.9
Good	25.3	101	31.0	32.5	26.0	63	33.2	35.8
Fair	17.6	63	19.3	20.3	12.7	36	18.9	20.5
Poor	13.6	35	10.7	11.2	21.0	26	13.7	14.8
No Natural Teeth	3.1	2	0.6	0.6	8.3	10	5.3	5.7
Don't know/Refused	--	15	4.6	--	--	14	7.4	--
Total	--	326	--	--	--	190	--	--

Table 18: Languages Spoken at Home

Languages spoken at home	18-64 Year Olds					65+ Year Olds				
	Stanislaus %	CHANS n	%	valid %		Stanislaus %	CHANS n	%	valid %	
English Only	45.1	English Only 176	54.0	54.3		English Only 67.5	English Only 144	75.8	77.4	
Spanish Only	7.9	Spanish Only 28	8.6	8.6		Spanish Only *	Spanish Only 12	6.3	6.5	
Chinese Only	*	Other 3	0.9	0.9		Chinese Only *	Other 2	2	1.1	
Vietnamese Only	*					Vietnamese Only *				
One other language only	*					One other language only *				
Other multilingual	8.4					Other multilingual *				
English and Spanish	25.3	English and Spanish 102	31.3	31.5		English and Spanish 6.6	English and Spanish 24	12.6	12.9	
English and Chinese	*	English and another language 15	0.9	0.9		English and Chinese *	English and another language 4	2.1	2.2	
English and another language	7.9					English and another language 4.1				
Don't know/Refused	--	Don't know/Refused 2	0.6	--		Don't know/Refused --	Don't know/Refused 4	2.1	--	
Total	--	Total 326	--	--		Total --	Total --	--	--	

*Suppressed due to small sample size

Table 19: Frequency of Internet Use*

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
Almost Constantly	31.8	112	34.4	35.4	5.1	16	8.4	8.9
Many Times a Day	41.2	123	37.7	38.9	28.0	55	28.9	30.7
A Few Times a Day	20.0	58	17.8	18.4	23.4	59	31.1	33.0
Less than a Few Times a Day	7.0	23	7.1	7.3	43.5	49	25.8	27.4
Don't know/Refused	--	10	3.1	--	--	11	5.8	--
Total	--	326	--	--	--	190	--	--

*Comparison is further complicated by COVID-19

Table 20: Lifetime Marijuana Use

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
Yes	63.8	117	35.9	37.1	20.4	54	28.4	30.0
No	36.2	198	60.7	32.9	79.6	126	66.3	70.0
Don't know/Refused	--	11	3.4	--	--	10	5.3	--
Total	--	326	--	--	--	190	--	--

Table 21: Neighborhood Safety

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
Feels safe in Neighborhood	%	n	%	valid %	%	n	%	valid %
All of the Time	49.7	166	50.9	51.6	39.3	98	51.6	53.6
Most of the Time	42.2	140	42.9	43.5	59.0	77	40.5	42.1
Some of the Time	7.2	16	4.9	5.0	*	7	3.7	3.8
None of the Time	1.0	0	0	0	*	1	0.5	0.5
Don't know/Refused	--	4	1.2	--	--	7	3.7	--
Total	--	326	--	--	--	190	--	--

*Suppressed due to small sample size

Table 22: Type of Housing Unit

Do you live in a...	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
House	88.6	301	92.3	93.2	78.7	162	85.3	88.5
Duplex	5.0	4	1.2	1.2	12.1	5	2.6	2.7
Building with 3 or More Units	5.0	9	2.8	2.8	5.9	2	1.1	1.1
Mobile Home	1.3	9	2.8	2.8	3.3	14	7.4	7.7
Don't know/Refused	--	3	0.9	--	--	7	3.7	--
Total	--	326	--	--	--	190	--	--

Table 23: Own or Rent Home

	18-64 Year Olds				65+ Year Olds			
	Stanislaus		CHANS		Stanislaus		CHANS	
	%	n	%	valid %	%	n	%	valid %
Own	63.3	240	73.6	75.2	78.1	155	81.6	84.7
Rent	32.2	72	22.1	22.6	18.0	23	12.1	12.6
Other Arrangement	4.4	7	2.1	2.2	3.9	5	2.6	2.7
Don't know/Refused	--	7	2.1	--	--	7	3.7	--
Total	--	326	--	--	--	190	--	--

Appendix A: Mail Versions of the CHANS and Cover Letters

English



P.O. Box 187
Patterson, CA. 95363

Phone 209-892-8781
Fax 209-892-3755

ADDRESS
CITY, ST ZIP

Dear Del Puerto Health Care District Resident,

The Del Puerto Health Care District has served residents in ZIP codes 95313, 95363, 95385, and 95387 since 1946, first with Patterson Hospital and now providing family and pediatric medicine through the Del Puerto Health Center and emergency medical transportation through Patterson District Ambulance. As a local government agency, we are governed by a publicly elected Board of Directors who are charged to plan and improve the general health care of area residents.

We are asking for your help with our Community Health Assessment and Needs Survey. This survey is being conducted by the Public Health Survey Research Program (PHSRP) at California State University, Sacramento on behalf of the Del Puerto Health Care District. With help from people like you, the survey can provide us with information to improve health programs and available services for families on the West Side over the next five to ten years.

We would like the person most familiar with the health of household residents to complete the survey. They can do this by completing and returning the included paper survey (no stamp needed) or online using this link and code attached to the address this letter was sent to:

Link: <https://tinyurl.com/y5ze49b7> **Survey Code:** CODE

Our goal is to have 300-400 households participate. Each household that completes and submits a survey by February 28th, 2021 will be entered into a drawing for one of three \$200 VISA gift cards. You can call 1-800-311-4909 for free if you have any questions about the survey. You can also call this number to tell us that you do not want to do the survey.

Sincerely,

Anne Ielmini Stokman
Board Director
DPHCD Community Assessment Committee Chair

Karin Freese Hennings
Administrative Director
Chief Executive Officer

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410, or call (800) 795-3272 (voice), or (202) 720-6382 (TDD).
A Public Entity Providing Health Care Services

The Del Puerto Community Health Assessment and Needs Survey is being conducted by the Public Health Survey Research Program at Sacramento State.



Del Puerto Health Care District Community Health Assessment and Needs Survey

Thank you for taking the time to complete the Del Puerto Health Care District Community Health Assessment and Needs Survey! Please write your answers clearly. If you have any questions please call 1-800-311-4909.

When you are done, please use the included pre-paid return envelope to submit the survey by mail.

In this survey, the “West Side” refers to the zip codes: 95313, 95363, 95385, and 95387.

Q1. Is this your current address?

**STREET
CITY, ST ZIP**

- Yes (Skip to Q2)
- No, and I do not live on the West Side
- No, but I do live on the West Side (Answer Q1a)
- I don't know



Thank you for your time. We are only surveying households on the West Side. Please return this survey using the included envelope.

Q1a. What is your current address?

Street Address

City

ZIP Code

Demographics

Q2. What is your age, in years: _____

- I don't know

Q3. What was your sex at birth?

- Male
- Female
- I don't know

Q4. Are you Hispanic, Latino/a, or of Spanish origin?

- Yes
- No
- I don't know

Q5. Which one or more of the following would you say is your race?

(SELECT ALL THAT APPLY)

- Native Hawaiian or Other Pacific Islander
- White
- Black or African American
- Asian
- American Indian or Alaska Native

- Other, Specify: _____
- I don't know

General Health and Health Insurance

Q6. Would you say that in general your health is:

- Excellent
- Very Good
- Good
- Fair
- Poor
- I don't know

Q7. Do you have any kind of health care coverage including health insurance, prepaid plans such as HMOs (Health Maintenance Organizations) or government plans such as Medicare or the Indian Health Service?

- Yes
- No (Skip to Q9, next page) →
- I don't know (Skip to Q9, next page) →

Q8. What type of health care coverage do you have? **(SELECT ALL THAT APPLY)**

- Medi-Cal / Medicaid
- Medicare
- Kaiser HMO
- Sutter HMO
- Anthem Blue Cross or Blue Shield
- United Health Care

- Preferred Provider Option (PPO)
- Tricare (formerly CHAMPUS), VA, or Military
- Alaska Native, Indian Health Service, Tribal Health Service
- Other, Specify: _____
- I don't know

Continue to next page →

**Del Puerto Health Care District
Community Health Assessment and Needs Survey**

Access to Health Care

Q9. What kind of place do you go to most often for your medical care?

- Doctor's Office / Kaiser / Other HMO
- Clinic / Health Center / Non-Profit Community Clinic
- Emergency Room
- Retail Urgent Care (not a standard doctor's office, for example an urgent care center in a strip mall)
- Some other place, Specify: _____
- No one place
- I don't know

Q10. Do you leave the West Side to see your regular doctor?

- Yes
- No (Skip to Q12)
- I don't know (Skip to Q12)

Q11. What distance in miles did you have to travel to get to your regular doctor? (Your best estimate is fine)

- _____ MILES
- I have not attended one
- I don't know

Q12. About how long has it been since you last saw a doctor about your own health?

- One year ago or less (Continue to Q13)
- More than 1 year, up to 2 years (Skip to Q14)
- More than 2 years, up to 5 years (Skip to Q14)
- More than 5 years (Skip to Q14)
- Never (Skip to Q14)
- I don't know (Skip to Q14)

Q13. During the past 12 months, how many times have you seen a medical doctor? (Your best estimate is fine)

- _____ TIMES
- I don't know

Q14. About how long has it been since you last saw a doctor or medical provider for a **routine check-up** (for example, an annual/general physical exam)?

- One year ago or less
- More than 1 year, up to 2 years ago
- More than 2 years, up to 5 years ago
- More than 5 years ago
- Never
- I don't know

Q15. Has COVID-19 (also known as the coronavirus) prevented you from seeing your regular doctor?

- Yes
- No
- I don't know

Q16. During the past 12 months, did you receive care from a doctor or health professional through a video or telephone conversation rather than an office visit?

- Yes
- No
- I don't know

The next questions ask about specialists. Specialists are doctors like surgeons, heart doctors, allergy doctors, skin doctors, and others who specialize in one area of health care.

Q17. In the past 12 months, did you or a doctor think you needed to see a medical specialist?

- Yes
- No (Skip to Q20, next page)
- I don't know (Skip to Q20, next page)

Q18. Did you see the specialist or other health professional?

- Yes (Skip to Q20, next page)
- No (Continue to Q19)
- I don't know (Skip to Q20, next page)

Q19. Why didn't you see the specialist or other health professional?

<input type="radio"/> Couldn't get an appointment	<input type="radio"/> Hours not convenient	<input type="radio"/> Couldn't afford / Cost too much
<input type="radio"/> No insurance	<input type="radio"/> No child care for children at home	<input type="radio"/> Other, Specify: _____
<input type="radio"/> My insurance not accepted	<input type="radio"/> Forgot or lost referral	<input type="radio"/> I don't know
<input type="radio"/> Insurance did not cover	<input type="radio"/> I didn't have time	
<input type="radio"/> Transportation problems	<input type="radio"/> Language problems	

Continue to next page →

**Del Puerto Health Care District
Community Health Assessment and Needs Survey**

The next questions ask about health education. Health education are classes or programs about health issues such as diabetes education, smoking cessation, or nutrition.

- Q20.** Has a doctor ever advised you to attend a health education class or program?
- Yes, and I attended one
 - Yes, but I have not attended one
 - No (Skip to Q23, next section)
 - I don't know (Skip to Q23, next section)
- Q21.** Would/Do you prefer to take health education classes or programs:
- One-on-one virtually / online
 - One-on-one in person
 - In a group virtually / online
 - In a group in person
 - I don't know
- Q22.** If you attended a health-related education in the past 12 months, what distance in miles did you have to travel to get to your class? (Your best estimate is fine)
- ____ MILES
 - I have not attended one
 - I don't know

Dental Health

These next questions are about dental health.

- Q23.** About how long has it been since you visited a dentist or dental clinic? Include hygienists and all types of dental specialists.
- Have never visited (Skip to Q25)
 - 6 months ago or less
 - More than 6 months, up to 1 year ago
 - More than 1 year, up to 2 years ago
 - More than 2 years, up to 5 years ago
 - More than 5 years ago
 - I don't know (Skip to Q25)
- Q24.** Was it for a routine check-up or cleaning, or was it for a specific problem?
- Routine check-up or cleaning
 - Specific problem
 - Both
 - I don't know
- Q25.** How would you describe the condition of your teeth?
- Excellent
 - Very Good
 - Good
 - Fair
 - Poor
 - I don't have any natural teeth
 - I don't know
- Q26.** Do you have a dental provider on the West Side?
- Yes
 - No
 - I don't know

About Your Household

Now we'd like to ask questions about your entire household. When we ask about anyone in your household please include yourself.

Q27. How many people live in your house who are...	# of People	I don't know
...aged 0-17 years old?	_____	<input type="radio"/>
...aged 18-64 years old?	_____	<input type="radio"/>
...aged 65 years old or older?	_____	<input type="radio"/>

Continue to next page →

**Del Puerto Health Care District
Community Health Assessment and Needs Survey**

- Q28.** What languages are spoken in your household?
(SELECT ALL THAT APPLY)
- English
 - Spanish
 - Russian
 - Cantonese
 - Vietnamese
 - Tagalog
 - Mandarin
 - Korean
 - Asian / Indian Languages
 - Other 1, Specify: _____
 - Other 2, Specify: _____
 - I don't know

- Q29.** Does any person in the household commute outside of the West Side for work?
- Yes
 - No
 - I don't know
- Q30.** How many working vehicles (motor vehicles used for transportation to places such as work or a doctor's appointment) are in your household?
- _____ WORKING VEHICLES
 - I don't know

The next questions are about use of the internet on a computer, phone, or other mobile device (tablet). People may use the internet for video/music, games, social media, browsing the web, etc.

- Q31.** How many people in your household regularly use the internet?
- _____
 - I don't know

- Q32.** On a typical day, how often do **YOU** use the internet?
- Almost constantly
 - Many times a day
 - A few times a day
 - Less than a few times a day
 - I don't know

Chronic Health Conditions

The next question ask about various health conditions and behaviors for anyone in your household.

Q33. Has a doctor, nurse, or health care provider ever told a person in the household they have...	Yes	No	I don't know
...asthma?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...any kind of heart disease?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...any kind of depression or other mental health condition	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- Q34.** Has a doctor, nurse, or health care provider ever told a person in the household they have diabetes or sugar diabetes (not including during pregnancy)?
- Yes
 - Yes – borderline / pre-diabetes
 - No
 - I don't know

- Q35.** Has a doctor, nurse, or health care provider ever told a person in the household they have high blood pressure?
- Yes
 - Yes – high normal / borderline / pre-hypertension
 - No
 - I don't know

Continue to next page →

Del Puerto Health Care District
Community Health Assessment and Needs Survey

Emergency Room Use

Q36. During the past 12 months, has anyone in your household had to visit a hospital emergency room for a medical reason?

- Yes
- No (Skip to Q38, next section)
- I don't know (Skip to Q38, next section)

Q37. Why did they visit the emergency room? (SELECT ALL THAT APPLY)

- | | | |
|--|--|--|
| <input type="checkbox"/> Didn't have another place to go | <input type="checkbox"/> Problem was too serious for a doctor's office or clinic | <input type="checkbox"/> Arrived by ambulance or other emergency vehicle |
| <input type="checkbox"/> Doctor's office or clinic was not open | <input type="checkbox"/> Only a hospital could help them | <input type="checkbox"/> Other, Specify: _____ |
| <input type="checkbox"/> Doctor or other medical provider advised they should go | <input type="checkbox"/> The emergency room was the closest medical provider | <input type="checkbox"/> I don't know |
| | <input type="checkbox"/> They get most of their care at the emergency room | |

Tobacco / Substance Use

Q38. What is the most frequent anyone in your household currently smokes cigarettes?

- Every day
- Some days
- Not at all
- I don't know

Q39. During the past 12 months, has anyone in your household stopped smoking for one day or longer because they were trying to quit smoking?

- Yes
- No
- I don't know

The next questions are about marijuana (also called cannabis or weed), hashish, and other products containing THC. In California, the use of marijuana is legal. There are many methods for consuming these products, such as smoking, vaporizing, dabbing, eating, or drinking.

Q40. Have **YOU** ever, even once, tried marijuana, hashish, or another THC product in any form?

- Yes
- No (Skip to Q43)
- I don't know (Skip to Q43)

Q42. Was any of your marijuana use in the past month recommended by a doctor or other health care provider?

- Yes
- No
- I don't know

Q41. During the past 30 days, on how many days did you use marijuana, hashish, or another THC product?

- 0 days (Skip to Q43)
- 1-2 days
- 2-5 days
- 6-9 days
- 10-19 days
- 20-29 days
- 30 days
- I don't know (Skip to Q43)

Q43. Does **anyone in your household** vape any substance (for example, e-cigarettes / nicotine, marijuana vape, or flavored vape)?

- Yes
- No
- I don't know

Continue to next page →

**Del Puerto Health Care District
Community Health Assessment and Needs Survey**

Safety

These next questions are about your housing and neighborhood.

- | | |
|---|---|
| <p>Q44. Do you live in a...</p> <ul style="list-style-type: none"><input type="radio"/> House<input type="radio"/> Duplex<input type="radio"/> Building with 3 or more units<input type="radio"/> Mobile Home<input type="radio"/> I don't know <p>Q45. Do you own or rent your home?</p> <ul style="list-style-type: none"><input type="radio"/> Own<input type="radio"/> Rent<input type="radio"/> Other arrangement<input type="radio"/> I don't know <p>Q46. Do you feel safe in your home?</p> <ul style="list-style-type: none"><input type="radio"/> All of the time<input type="radio"/> Most of the time<input type="radio"/> Some of the time<input type="radio"/> None of the time<input type="radio"/> I don't know | <p>Q47. Do you feel safe in your neighborhood?</p> <ul style="list-style-type: none"><input type="radio"/> All of the time<input type="radio"/> Most of the time<input type="radio"/> Some of the time<input type="radio"/> None of the time<input type="radio"/> I don't know <p>Q48. Is your neighborhood safe for walking or exercising outside?</p> <ul style="list-style-type: none"><input type="radio"/> Yes<input type="radio"/> No<input type="radio"/> I don't know |
|---|---|

Closing Questions

- | | |
|--|---|
| <p>Q49. How would you rate the availability of health care services on the West Side?</p> <ul style="list-style-type: none"><input type="radio"/> Excellent<input type="radio"/> Very Good<input type="radio"/> Good<input type="radio"/> Fair<input type="radio"/> Poor<input type="radio"/> I don't know <p>Q50. Which of the following health care services do/would members of your household use on the West Side?
(SELECT ALL THAT APPLY)</p> <ul style="list-style-type: none"><input type="checkbox"/> After hours urgent care<input type="checkbox"/> Imaging / X-ray<input type="checkbox"/> Laboratory / Blood Draw<input type="checkbox"/> Physical Therapy<input type="checkbox"/> Hospital / Emergency Room<input type="checkbox"/> Mental Health Service<input type="checkbox"/> Durable Medical Equipment Distribution (for example, home oxygen, home hospital bed)<input type="checkbox"/> Home health care (for example, an in-home nurse)<input type="checkbox"/> Skilled nursing home or assisted living facility<input type="checkbox"/> In-home assistance (for example, cooking, cleaning, self-care)<input type="checkbox"/> Other, Specify: _____<input type="checkbox"/> I don't know | <p>Q51. In the last 12 months, which three things have you worried about most often?
(SELECT 3)</p> <ul style="list-style-type: none"><input type="checkbox"/> Health<input type="checkbox"/> Finances / Money<input type="checkbox"/> Job / Employment<input type="checkbox"/> Transportation<input type="checkbox"/> Education / School<input type="checkbox"/> Retirement<input type="checkbox"/> Housing<input type="checkbox"/> Food<input type="checkbox"/> Other, Specify: _____<input type="checkbox"/> I don't know <p>Q52. How worried are you about the <i>health effects</i> of COVID-19 (also known as the coronavirus), including whether or not you contract the virus?</p> <ul style="list-style-type: none"><input type="radio"/> Never<input type="radio"/> Seldom<input type="radio"/> Sometimes<input type="radio"/> Most of the time<input type="radio"/> Almost always<input type="radio"/> I don't know <p>Q53. Before filling out this survey, had you heard of the Del Puerto Health Care District?</p> <ul style="list-style-type: none"><input type="radio"/> Yes<input type="radio"/> No<input type="radio"/> I don't know |
|--|---|

Continue to the BACK page →

**Del Puerto Health Care District
Community Health Assessment and Needs Survey**

Is there anything you would like to share about health care or community services on the West Side?

If we have questions about your survey (for example, clarify a hand written answer), can we contact you?

- Yes - please provide your first name and phone number below
- No

Do you want to be entered into the drawing for one of three \$200 VISA gift cards? We will reach out to you once if your household is chosen.

- Yes - please provide your first name and phone number below
- No

First Name _____

Phone Number _____ - _____ - _____

THE END

Thank you for completing the survey!

Please use the pre-paid return envelope to submit the survey by mail.
If you have any questions, please call 1-800-311-4909

Spanish



DEL PUERTO

Health Care District

P.O. Box 187
Patterson, CA. 95363

Phone 209-892-8781
Fax 209-892-3755

ADDRESS
CITY, ST ZIP

Estimado residente del Distrito de Salud de Del Puerto,

El Distrito de Salud de Del Puerto ha servido a los residentes en los códigos postales 95313, 95363, 95385 y 95387 desde 1946, primero con el Hospital Patterson y ahora brindando medicina familiar y pediátrica a través del Centro de Salud Del Puerto y transporte médico de emergencia a través de la Ambulancia del Distrito de Patterson. Como agencia del gobierno local, estamos gobernados por una Junta Directiva elegida públicamente que se encarga de planear y mejorar la atención médica general de los residentes del área.

Le pedimos su ayuda con nuestra Encuesta de Necesidades y Evaluación de Salud Comunitaria. Esta encuesta está siendo realizada por el Programa de Investigación de Encuestas de Salud Pública (PHSRP) de la Universidad Estatal de California, Sacramento, en nombre del Distrito de Salud de Del Puerto. Con ayuda de personas como usted, la encuesta puede brindarnos información para mejorar los programas de salud y los servicios disponibles para las familias en el lado oeste durante los próximos cinco a diez años.

Nos gustaría que la persona más familiarizada con la salud de los residentes del hogar completara la encuesta. Pueden hacerlo completando y devolviendo la encuesta en papel incluida (no se necesita sello) o en línea usando este enlace y el código adjunto a la dirección donde se envió esta carta:

Enlace: <https://tinyurl.com/y5ze49b7> **Código de encuesta:** CODE

Nuestra meta es que participen entre 300 a 400 hogares. Cada hogar que complete y envíe una encuesta antes del 28 de febrero de 2021 será inscrito en un sorteo para ganar una de tres tarjetas de regalo VISA de \$200. Puede llamar gratis al 1-800-311-4909 si tiene alguna pregunta sobre la encuesta. También puede llamar a este número para decirnos que no desea realizar la encuesta.

Sinceramente,

Anne Ielmini Stokman
Directora de la Junta

Presidente del Comité de Evaluación Comunitaria del DPHCD

Karin Freese Hennings
Directora Administrativa
Directora Ejecutiva

De acuerdo con la ley federal y la política del Departamento de Agricultura de los Estados Unidos, esta institución tiene prohibido discriminar por motivos de raza, color, nacionalidad, sexo, edad o discapacidad. (No todas las bases prohibidas se aplican a todos los programas). Para presentar una queja por discriminación, escribe al USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410, o llame al (800) 795-3272 (voz), o (202) 720-6382 (TDD).

Una entidad pública que brinda servicios de atención médica.

La Encuesta de Necesidades y Evaluación de Salud de la Comunidad de Del Puerto está siendo realizada por el Programa de Investigación de la Encuesta de Salud Pública en la Universidad Estatal de California, Sacramento.



Distrito de Salud de Del Puerto
Encuesta de Necesidades y Evaluación de Salud de la Comunidad

¡Gracias por tomarse el tiempo para completar la Encuesta de Necesidades y Evaluación de Salud de la Comunidad del Distrito de Salud de Del Puerto! Por favor, escriba sus respuestas claramente. Si tiene alguna pregunta, por favor llame al 1-800-311-4909.

Cuando haya terminado, por favor utilice el sobre de regreso prepagado incluido para enviar la encuesta por correo.

En esta encuesta, el "lado oeste" se refiere a los códigos postales: 95313, 95363, 95385 y 95387.

P1. ¿Es esta su dirección actual?

ADDRESS
CITY, ST ZIP

- Si (Pase a P2)
- No, y no vivo en el lado oeste
- No, pero vivo en el lado oeste (Responda P1a)
- No sé



Gracias por su tiempo. Solo estamos encuestando hogares en el lado oeste.
Por favor regrese esta encuesta utilizando el sobre incluido.

P1a. ¿Cual es su dirección?

Dirección

Ciudad

Codigo Postal

Datos Demográficos

P2. ¿Cuál es su edad, en años? _____
 No sé

P3. ¿Cual fue su sexo (asignado) al nacer?
 Masculino
 Femenino
 No sé

P4. ¿Eres hispano(a), latino(a) o de origen español?
 Si
 No
 No sé

P5. ¿Cuál o cuáles de los siguientes diría usted que es su raza?

- (SELECCIONE TODAS LAS QUE CORRESPONDAN)
- Nativo de Hawaii o otra isla del Pacifico
 - Blanco
 - Negro o Afroamericano
 - Asiático
 - Indio americano o nativo de Alaska

Otro, Especifique: _____
 No sé

Salud General y Seguro Médico

P6. En general, ¿diría usted que su salud es:
 Excelente
 Muy buena
 Buena
 Regular
 Mala
 No sé

P7. ¿Tiene usted cobertura de salud médica, incluyendo seguro médico, planes pre-pagados como los de HMOs (Organizaciones de Mantenimiento de la Salud), o planes gubernamentales como Medicare o servicio de salud para indígenas?
 Si
 No (Pase a P9, siguiente pagina) →
 No sé (Pase a P9, siguiente pagina) →

P8. ¿Qué tipo de cobertura de atención médica tiene? (SELECCIONE TODAS LAS QUE CORRESPONDAN)

- Medi-Cal / Medicaid
- Medicare
- Kaiser HMO
- Sutter HMO
- Anthem Blue Cross o Blue Shield
- United Health Care
- Opción de Proveedor Preferido (PPO)

- Tricare (antes CHAMPUS), VA, o Militar
- Nativo de Alaska, Servicio de Salud Indígena, Servicio de Salud Tribal
- Otro, Especifique: _____
- No sé

Continuar en la página siguiente →

Distrito de Salud de Del Puerto
Encuesta de Necesidades y Evaluación de Salud de la Comunidad
Acceso a la Atención Médica

- P9.** ¿A qué tipo de lugar vas más seguido para su atención médica?
- Consultorio médico / Kaiser / Otro HMO
 - Una clínica / Centro de salud / Clínica comunitaria sin fines de lucro
 - Sala de emergencias
 - Atención de urgencia al por menor (no un consultorio médico estándar, por ejemplo un centro de atención de urgencia en un centro comercial)
 - En otro lugar, especifique: _____
 - Ni un solo lugar
 - No sé
- P10.** ¿Sale del lado oeste para ver a su médico regular?
- Si
 - No (Pase a P12)
 - No sé (Pase a P12)
- P11.** ¿Qué distancia en millas tiene que viajar para llegar a su médico regular? (Su mejor estimación está bien)
- _____ MILLAS
 - No he asistido a ninguna
 - No sé
- P12.** Mas o menos, ¿cuánto tiempo ha pasado desde la última vez que vio a un médico sobre su propia salud?
- Hace un año o menos (Continúe a P13)
 - Más de 1 año, hasta 2 años (Pase a P14)
 - Más de 2 años, hasta 5 años (Pase a P14)
 - Más de 5 años (Pase a P14)
 - Nunca (Pase a P14)
 - No sé (Pase a P14)
- P13.** Durante los últimos 12 meses, ¿cuántas veces ha visitado a un médico? (Su mejor estimación está bien)
- _____ VECES
 - No sé
- P14.** Mas o menos, ¿cuánto tiempo ha pasado desde la última vez que vió a un médico o proveedor de servicios médicos para un chequeo de rutina (por ejemplo, un examen físico anual/general)?
- Hace un año o menos
 - Más de 1 año, hasta 2 años atrás
 - Más de 2 años, hasta hace 5 años
 - Hace más de 5 años
 - Nunca
 - No sé
- P15.** ¿Le ha impedido ver a su médico habitual el COVID-19 (también conocido como coronavirus)?
- Si
 - No
 - No sé
- P16.** Durante los últimos 12 meses, ¿recibió atención de un médico o profesional de la salud a través de una conversación telefónica o por video en lugar de una visita al consultorio?
- Si
 - No
 - No sé

Las siguientes preguntas se refieren a especialistas. Especialistas son medicos como cirujanos, cardiólogos, alergólogos, dermatólogos y otros que se especializan en un área de atención médica.

- P17.** En los últimos 12 meses, ¿usted o un médico pensó que necesitaba ver a un especialista médico?
- Si
 - No (Pase a P20, la siguiente página)
 - No sé (Pase a P20, la siguiente página)
- P18.** ¿Vió a su especialista o otro profesional de la salud?
- Si (Pase a P20, la siguiente página)
 - No (Continúe a P19)
 - No sé (Pase a P20, la siguiente página)
- P19.** Por qué no consultó al especialista o otro profesional de la salud?
- | | | |
|--|--|---|
| <input type="radio"/> No pude conseguir una cita | <input type="radio"/> Horas no eran convenientes | <input type="radio"/> No podía pagar / Cuesta demasiado |
| <input type="radio"/> Sin seguro | <input type="radio"/> No tube cuidado de niños en casa | <input type="radio"/> Otro, especifique: _____ |
| <input type="radio"/> Mi seguro no fue aceptado | <input type="radio"/> Olvidé o perdí la referencia | <input type="radio"/> No sé |
| <input type="radio"/> Mi seguro no cubrió | <input type="radio"/> No tuve tiempo | |
| <input type="radio"/> Problemas de transporte | <input type="radio"/> Problemas de idioma | |

Continuar en la página siguiente →

Distrito de Salud de Del Puerto

Encuesta de Necesidades y Evaluación de Salud de la Comunidad

Las siguientes preguntas se refieren a la educación de salud. La educación de salud son clases o programas sobre temas de salud como educación sobre la diabetes, dejar de fumar, o nutrición.

- P20.** ¿Alguna vez le ha aconsejado un médico asistir una clase o programa de educación de salud?
- Sí, y asistí a una
 - Sí, pero no he asistido ninguna
 - No (Pase a P23, la siguiente página)
 - No sé (Pase a P23, la siguiente página)

- P21.** ¿Cómo preferiría tomar clases o programas de educación para la salud?
- Uno a uno virtualmente / en línea
 - Uno a uno en persona
 - En grupo virtualmente / en línea
 - En grupo en persona
 - No sé

- P22.** Si asistió una clase de educación relacionada con la salud en los últimos 12 meses, ¿qué distancia en millas tuvo que viajar para llegar a su clase? (Su mejor estimación está bien)
- _____ MILLAS
 - No he asistido ninguna
 - No sé

Salud Dental

Las siguientes preguntas son sobre la salud dental.

- P23.** ¿Cómo cuánto tiempo ha pasado desde que visitó un dentista o a una clínica dental? Incluya higienistas y todo tipo de especialistas dentales.

 - Nunca he visitado (Pase a P25)
 - Hace 6 meses o menos
 - Más de 6 meses, hasta 1 año atrás
 - Más de 1 año, hasta 2 años atrás
 - Más de 2 años, hasta hace 5 años
 - Hace más de 5 años
 - No sé (Pase a P25)

P24. ¿Fue por un chequeo o limpieza de rutina, o fue por un problema específico?

 - Revisión o limpieza de rutina
 - Problema específico
 - Ambos
 - No sé

P25. ¿Cómo describiría el estado de sus dientes?

 - Excelente
 - Muy bien
 - Bien
 - Aceptable
 - Mal
 - No tengo dientes naturales
 - No sé

P26. ¿Tiene un proveedor de servicios dentales en el lado oeste?

 - Si
 - No
 - No sé

Acerca de su Hogar

Ahora, nos gustaría hacer preguntas sobre su hogar entero. Cuando preguntamos por alguien en su hogar, inclúyase a usted mismo.

P27. Cuántas personas viven en su casa que son...	# de Personas	No sé
...de 0 a 17 años?	_____	<input type="radio"/>
...de 18 a 64 años?	_____	<input type="radio"/>
...de 65 años o mas?	_____	<input type="radio"/>

Continuar en la página siguiente →

Distrito de Salud de Del Puerto
Encuesta de Necesidades y Evaluación de Salud de la Comunidad

- P28.** ¿Qué idiomas se hablan en su hogar?
(SELECCIONE TODAS LAS QUE CORRESPONDAN)
- Inglés
 - Español
 - Ruso
 - Cantones
 - Vietnamita
 - Tagalo
 - Mandarín
 - Coreano
 - Lenguas asiáticas/ indias

 - Otro 1, especificar: _____
 - Otro 2, especificar: _____
 - No sé

- P29.** ¿Alguna persona en el hogar viaja fuera del lado oeste para trabajar?
- Si
 - No
 - No sé
- P30.** ¿Cuántos vehículos funcionales (vehículos de motor utilizados para el transporte a lugares como el trabajo o una cita con el médico) están en su hogar?
- _____ VEHÍCULOS
 - No sé

Las siguientes preguntas son sobre el uso del Internet en una computadora, teléfono u otro aparato móvil (tableta). Las personas pueden usar el Internet para videos/música, juegos, redes sociales, navegando por la web, etc.

- P31.** ¿Cuántas personas en su hogar utilizan el Internet con regularidad?
- _____
 - No sé

- P32.** En un día típico, ¿con qué frecuencia usa **USTED** el Internet?
- Casi constantemente
 - Muchas veces al día
 - Unas cuantas veces al día
 - Menos de unas pocas veces al día
 - No sé

Condiciones de Salud Crónicas

Las siguiente pregunta se refiere a varias condiciones y comportamientos de salud para cualquier persona en su hogar.

P33. ¿Alguna vez un médico, enfermera o proveedor de atención médica le ha dicho a una persona en el hogar que tiene ...	Si	No	No sé
...¿asma?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...¿algún tipo de enfermedad cardíaca?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...¿cualquier tipo de depresión u otra condición de salud mental?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- P34.** ¿Alguna vez un médico, enfermera o proveedor de atención médica le ha dicho a una persona en el hogar que tiene diabetes (sin incluir durante el embarazo)?
- Si
 - Si – al punto de diabetes / prediabetes
 - No
 - No sé

- P35.** ¿Alguna vez un médico, enfermera o proveedor de atención médica le ha dicho a una persona en el hogar que tiene presión arterial alta?
- Si
 - Si– alto normal / al riesgo / pre hipertensión
 - No
 - No sé

Continuar en la página siguiente→

Distrito de Salud de Del Puerto
Encuesta de Necesidades y Evaluación de Salud de la Comunidad

Uso de la Sala de Emergencias

P36. Durante los últimos 12 meses, ¿alguien en su hogar ha tenido que visitar la sala de emergencias de un hospital por una razón médica?

- Sí
- No (Pase a P38, la siguiente página)
- No sé (Pase a P38, la siguiente página)

P37. ¿Por qué visitaron la sala de emergencias? (SELECCIONE TODAS LAS QUE CORRESPONDAN)

- | | | |
|---|---|--|
| <input type="checkbox"/> No tenía otro lugar a dónde ir | <input type="checkbox"/> El problema era demasiado grave para el consultorio de un médico o una clínica | <input type="checkbox"/> Reciben la mayor parte de su atención en la sala de emergencias |
| <input type="checkbox"/> El consultorio o la clínica del médico no estaban abiertos | <input type="checkbox"/> Solo un hospital podría ayudarlos | <input type="checkbox"/> Llegó en ambulancia o otro vehículo de emergencia |
| <input type="checkbox"/> El médico o otro proveedor médico les recomendó ir | <input type="checkbox"/> La sala de emergencias era el proveedor médico más cercano | <input type="checkbox"/> Otro, Especifique _____ |
| | | <input type="checkbox"/> No sé |

Uso de Tabaco/ Sustancias

P38. ¿Cuál es la frecuencia con la que alguien en su hogar fuma cigarrillos?

- Todos los días
- Algunos días
- Para nada
- No sé

P39. Durante los últimos 12 meses, ¿alguien en su hogar ha dejado de fumar durante un día o más porque estaba tratando de dejar de fumar?

- Sí
- No
- No sé

Las siguientes preguntas son sobre la marihuana (también llamada cannabis o mota), hachís y otros productos que contienen THC. En California, el uso de marihuana es legal. Existen muchos métodos para consumir estos productos, como fumar, vaporizar, comer o beber.

P40. ¿Alguna vez, aunque sea solo una vez, a probado **USTED**, marihuana, hachís, u otro producto de THC en alguna forma?

- Sí
- No (Pase a P43)
- No sé (Pase a P43)

P42. ¿Fue alguna de la marihuana que consumió en el último mes recomendado por un médico o por otro proveedor de atención médica?

- Sí
- No
- No sé

P41. Durante los últimos 30 días, ¿cuántos días ah consumió marihuana, hachís u otro producto con THC?

- 0 días (Pasar a P43)
- 1-2 días
- 2-5 días
- 6-9 días
- 10-19 días
- 20-29 días
- 30 días
- No sé (Pase a P43)

P43. ¿Alguien en su hogar fuma alguna sustancia (por ejemplo, cigarrillos electrónicos / nicotina, vaporizador de marihuana o vaporizador con sabor)?

- Sí
- No
- No sé

Continuar en la página siguiente →

Distrito de Salud de Del Puerto
Encuesta de Necesidades y Evaluación de Salud de la Comunidad

SEGURIDAD

Las siguientes preguntas son acerca de su hogar y su vecindario.

- | | |
|--|---|
| <p>P44. ¿Vive usted en un(a)...</p> <ul style="list-style-type: none"><input type="radio"/> Casa<input type="radio"/> Un duplex<input type="radio"/> Un edificio con 3 o más unidades<input type="radio"/> Una casa móvil<input type="radio"/> No sé <p>P45. ¿Es dueño(a) de su propia casa o alquila?</p> <ul style="list-style-type: none"><input type="radio"/> Propio<input type="radio"/> Alquila<input type="radio"/> Otro arreglo<input type="radio"/> No sé <p>P46. ¿Se siente seguro(a) en su casa?</p> <ul style="list-style-type: none"><input type="radio"/> Todo el tiempo<input type="radio"/> La mayor parte del tiempo<input type="radio"/> Algunas veces<input type="radio"/> Ninguna de las veces<input type="radio"/> No sé | <p>P47. ¿Se siente seguro(a) en su vecindario?</p> <ul style="list-style-type: none"><input type="radio"/> Todo el tiempo<input type="radio"/> La mayor parte del tiempo<input type="radio"/> Algunas veces<input type="radio"/> Ninguna de las veces<input type="radio"/> No sé <p>P48. ¿Es su vecindario seguro para caminar o hacer ejercicio al aire libre?</p> <ul style="list-style-type: none"><input type="radio"/> Sí<input type="radio"/> No<input type="radio"/> No sé |
|--|---|

PREGUNTAS FINALES

- | | |
|---|---|
| <p>P49. ¿Cómo calificaría la disponibilidad de servicios de salud en el lado oeste?</p> <ul style="list-style-type: none"><input type="radio"/> Excelente<input type="radio"/> Muy buena<input type="radio"/> Buena<input type="radio"/> Regular<input type="radio"/> Mala<input type="radio"/> No sé <p>P50. ¿Cuáles de los siguientes servicios de atención médica utilizan o utilizarían los miembros de su hogar en el lado oeste? (SELECCIONE TODAS LAS QUE CORRESPONDAN)</p> <ul style="list-style-type: none"><input type="checkbox"/> Atención urgente fuera de horario<input type="checkbox"/> Imágenes / Rayos X<input type="checkbox"/> Laboratorio / Extracción de sangre<input type="checkbox"/> Fisioterapia<input type="checkbox"/> Hospital / Sala de emergencias<input type="checkbox"/> Servicio de Salud Mental<input type="checkbox"/> Distribución de equipos médicos durables (por ejemplo, oxígeno en el hogar, cama de hospital en el hogar)<input type="checkbox"/> Atención médica en el hogar (por ejemplo, una enfermera en el hogar)<input type="checkbox"/> Hogar de ancianos especializado o centro de vida asistida<input type="checkbox"/> Asistencia en el hogar (por ejemplo, cocina, limpieza, cuidado personal)<input type="checkbox"/> Otro, Especifique: _____<input type="checkbox"/> No sé | <p>P51. En los últimos 12 meses, ¿qué tres cosas le han preocupado más a menudo? (SELECCIONE 3)</p> <ul style="list-style-type: none"><input type="checkbox"/> Salud<input type="checkbox"/> Finanzas / Dinero<input type="checkbox"/> Trabajo / Empleo<input type="checkbox"/> Transporte<input type="checkbox"/> Educación / Escuela<input type="checkbox"/> Jubilación<input type="checkbox"/> Vivienda<input type="checkbox"/> Comida<input type="checkbox"/> Otro, Especifique: _____<input type="checkbox"/> No sé <p>P52. ¿Qué tan preocupado está por los efectos en la salud del COVID-19 (también conocido como coronavirus) incluso si contrae el virus o no?</p> <ul style="list-style-type: none"><input type="radio"/> Nunca<input type="radio"/> Raramente<input type="radio"/> A veces<input type="radio"/> La mayor parte del tiempo<input type="radio"/> Casi siempre<input type="radio"/> No sé <p>P53. Antes de completar esta encuesta, ¿había oído hablar del Distrito de Salud de Del Puerto?</p> <ul style="list-style-type: none"><input type="radio"/> Sí<input type="radio"/> No<input type="radio"/> No sé |
|---|---|

Continuar a la última página →

Distrito de Salud de Del Puerto
Encuesta de Evaluación de Necesidades

¿Hay algo que le gustaría compartir sobre la atención médica o los servicios comunitarios en el lado oeste?

¿Si tenenos preguntas sobre su encuesta (por ejemplo, aclarar una respuesta escrita a mano), ¿podemos comunicarnos con usted?

- Sí – por favor proporcione su nombre y número de teléfono abajo
- No

¿Gusta participar en el sorteo de una de las tres tarjetas de regalo VISA de \$200? Nos comunicaremos con usted si se elige su hogar.

- Sí, – por favor proporcione su nombre y número de teléfono abajo
- No

Primer Nombre _____

Número de teléfono _____ - _____ - _____

EL FIN

¡Gracias por completar la encuesta!

Por favor utilice el sobre de regreso pre pagado para enviar la encuesta por correo.

Si tiene alguna pregunta, llame al 1-800-311-4909

Appendix B: Paper Version of the Online CHANS

Thank you for taking the time to complete the Del Puerto Health Care District Community Health Assessment and Needs Survey! If you have any questions please call 1-800-311-4909. ¡Gracias por tomarse el tiempo para completar la Encuesta de Necesidades y Evaluación de Salud de la Comunidad del Distrito de Salud de Del Puerto! Si tiene alguna pregunta, por favor llame al 1-800-311-4909.

LANG.

In what language would you like to complete the survey?

Select one option

- English
- Spanish
- Other: _____ *(SKIP TO LANGINEL)*

¿En qué idioma le gustaría completar la encuesta?

Seleccione una opción

- inglés
- español
- Otro: _____ *(SKIP TO LANGINEL)*

In this survey, the “West Side” refers to the zip codes: 95313, 95363, 95385, and 95387.

En esta encuesta, el "lado oeste" se refiere a los códigos postales: 95313, 95363, 95385 y 95387.

Q1.

Is this your current address?

STREET

CITY, ST ZIP

- Yes *(SKIP TO Q2)*
- No, but I do live on the West Side
- No, and I do not live on the West Side *(SKIP TO ADDINEL)*
- I don't know *(SKIP TO ADDINEL)*
- Prefer not to answer *(SKIP TO ADDINEL)*

¿Es esta su dirección actual?

STREET

CITY, ST ZIP

- Si *(SKIP TO Q2)*
- No, pero vivo en el lado oeste
- No, y no vivo en el lado oeste *(SKIP TO ADDINEL)*
- No sé *(SKIP TO ADDINEL)*
- Prefiero no responder *(SKIP TO ADDINEL)*

Q1a.

What is your current address? _____

¿Cual es su dirección? _____

Demographics
Datos Demográficos

Q2.

What is your age, in years: _____

- I don't know
- Prefer not to answer

¿Cuál es su edad, en años? _____

- No sé
- Prefiero no responder

Q3.

What was your sex at birth?

- Male
- Female
- I don't know
- Prefer not to answer

¿Cual fue su sexo (asignado) al nacer?

- Masculino
- Femenino
- No sé
- Prefiero no responder

Q4.

Are you Hispanic, Latino/a, or of Spanish origin?

- Yes
- No
- I don't know
- Prefer not to answer

¿Eres hispano(a), latino(a) o de origen español?

- Si
- No
- No sé
- Prefiero no responder

Q5.

Which one or more of the following would you say is your race?

Select all that apply

- Native Hawaiian or Other Pacific Islander
- White
- Black or African American
- Asian
- American Indian or Alaska Native
- Other, Specify: _____
- I don't know
- Prefer not to answer

¿Cuál o cuáles de los siguientes diría usted que es su raza?

Seleccione todas las que correspondan

- Nativo de Hawái o otra isla del Pacífico
- Blanco
- Negro o Afroamericano
- Asiático
- Indio americano o nativo de Alaska
- Otro, Especifiqué: _____
- No sé
- Prefiero no responder

General Health and Health Insurance **Salud General y Seguro Médico**

Q6.

Would you say that in general your health is:

- Excellent
- Very Good
- Good
- Fair
- Poor
- I don't know
- Prefer not to answer

En general, ¿diría usted que su salud es:

- Excelente
- Muy buena
- Buena
- Regular
- Mala
- No sé
- Prefiero no responder

Q7.

Do you have any kind of health care coverage including health insurance, prepaid plans such as HMOs (Health Maintenance Organizations) or government plans such as Medicare or the Indian Health Service?

- Yes
- No *(SKIP TO Q9)*
- I don't know *(SKIP TO Q9)*
- Prefer not to answer *(SKIP TO Q9)*

¿Tiene usted cobertura de salud médica, incluyendo seguro médico, planes pre-pagados como los de HMOs (Organizaciones de Mantenimiento de la Salud), o planes gubernamentales como Medicare o servicio de salud para indígenas?

- Si
- No *(SKIP TO Q9)*
- No sé *(SKIP TO Q9)*
- Prefiero no responder *(SKIP TO Q9)*

Q8.

What type of health care coverage do you have?

Select all that apply

- Medi-Cal / Medicaid
- Medicare
- Kaiser HMO
- Sutter HMO
- Anthem Blue Cross or Blue Shield
- United Health Care
- Preferred Provider Option (PPO)
- Tricare (formerly CHAMPUS), VA, or Military
- Alaska Native, Indian Health Service, Tribal Health Service
- Other, Specify: _____
- I don't know
- Prefer not to answer

¿Qué tipo de cobertura de atención médica tiene?

Seleccione todas las que correspondan

- Medi-Cal / Medicaid
- Medicare
- Kaiser HMO
- Sutter HMO
- Anthem Blue Cross o Blue Shield
- United Health Care
- Opción de Proveedor Preferido (PPO)
- Tricare (antes CHAMPUS), VA, o Militar
- Nativo de Alaska, Servicio de Salud Indígena, Servicio de Salud Tribal
- Otro, Especifique: _____
- No sé
- Prefiero no responder

Access to Health Care
Acceso a la Atención Médica

Q9.

What kind of place do you go to most often for your medical care?

- Doctor's Office / Kaiser / Other HMO
- Clinic / Health Center / Non-Profit Community Clinic
- Emergency Room
- Retail Urgent Care (not a standard doctor's office, for example an urgent care center in a strip mall)
- Some other place, Specify: _____
- No one place
- I don't know
- Prefer not to answer

¿ A qué tipo de lugar vas más seguido para su atención médica?

- Consultorio médico / Kaiser / Otro HMO
- Una clínica / Centro de salud / Clínica comunitaria sin fines de lucro
- Sala de emergencias
- Atención de urgencia al por menor (no un consultorio medico estándar, por ejemplo un centro de atención de urgencia en un centro comercial)
- En otro lugar, especifique: _____
- Ni un solo lugar
- No sé
- Prefiero no responder

Q10.

Do you leave the West Side to see your regular doctor?

The "West Side" refers to the zip codes: 95313, 95363, 95385, and 95387.

- Yes
- No *(SKIP TO Q12)*
- I don't know *(SKIP TO Q12)*
- Prefer not to answer *(SKIP TO Q12)*

¿Sale del lado oeste para ver a su médico regular?

El "lado oeste" se refiere a los códigos postales: 95313, 95363, 95385 y 95387.

- Si
- No *(SKIP TO Q12)*
- No sé *(SKIP TO Q12)*
- Prefiero no responder *(SKIP TO Q12)*

Q11.

What distance in miles did you have to travel to get to your regular doctor?

(Your best estimate is fine)

- _____ MILES
- I have not attended one
- I don't know
- Prefer not to answer

¿Qué distancia en millas tiene que viajar para llegar a su médico regular?

(Su mejor estimación está bien)

- _____ MILLAS
- No he asistido a ninguna
- No sé
- Prefiero no responder

Q12.

About how long has it been since you last saw a doctor about your own health?

- One year ago or less
- More than 1 year, up to 2 years *(SKIP TO Q14)*
- More than 2 years, up to 5 years *(SKIP TO Q14)*
- More than 5 years *(SKIP TO Q14)*
- Never *(SKIP TO Q14)*
- I don't know *(SKIP TO Q14)*
- Prefer not to answer *(SKIP TO Q14)*

Mas o menos, ¿cuánto tiempo ha pasado desde la última vez que vio a un médico sobre su propia salud?

- Hace un año o menos
- Más de 1 año, hasta 2 años *(SKIP TO Q14)*
- Más de 2 años, hasta 5 años *(SKIP TO Q14)*
- Más de 5 años *(SKIP TO Q14)*
- Nunca *(SKIP TO Q14)*
- No sé *(SKIP TO Q14)*
- Prefiero no responder *(SKIP TO Q14)*

Q13.

During the past 12 months, how many times have you seen a medical doctor?

(Your best estimate is fine)

- _____ TIMES
- I don't know
- Prefer not to answer

Durante los últimos 12 meses, ¿cuántas veces ha visitado a un médico?

(Su mejor estimación está bien)

- _____ VECES
- No sé
- Prefiero no responder

Q14.

About how long has it been since you last saw a doctor or medical provider for a **routine check-up** (for example, an annual/general physical exam)?

- One year ago or less
- More than 1 year, up to 2 years ago
- More than 2 years, up to 5 years ago
- More than 5 years ago
- Never
- I don't know
- Prefer not to answer

Mas o menos, ¿cuánto tiempo ha pasado desde la última vez que vió a un médico o proveedor de servicios médicos para un **chequeo de rutina** (por ejemplo, un examen físico anual/general)?

- Hace un año o menos
- Más de 1 año, hasta 2 años atrás
- Más de 2 años, hasta hace 5 años
- Hace más de 5 años
- Nunca
- No sé
- Prefiero no responder

Q15.

Has COVID-19 (also known as the coronavirus) prevented you from seeing your regular doctor?

- Yes
- No
- I don't know
- Prefer not to answer

¿Le ha impedido ver a su médico habitual el COVID-19 (también conocido como coronavirus)?

- Si
- No
- No sé
- Prefiero no responder

Q16.

During the past 12 months, did you receive care from a doctor or health professional through a video or telephone conversation rather than an office visit?

- Yes
- No
- I don't know
- Prefer not to answer

Durante los últimos 12 meses, ¿recibió atención de un médico o profesional de la salud a través de una conversación telefónica o por video en lugar de una visita al consultorio?

- Si
- No
- No sé
- Prefiero no responder

The next questions ask about specialists. Specialists are doctors like surgeons, heart doctors, allergy doctors, skin doctors, and others who specialize in one area of health care.

Las siguientes preguntas se refieren a especialistas. Especialistas son medicos como cirujanos, cardiólogos, alergólogos, dermatólogos y otros que se especializan en un área de atención médica.

Q17.

In the past 12 months, did you or a doctor think you needed to see a medical specialist?

- Yes
- No *(SKIP TO Q20)*
- I don't know *(SKIP TO Q20)*
- Prefer not to answer *(SKIP TO Q20)*

En los últimos 12 meses, ¿usted o un médico pensó que necesitaba ver a un especialista médico?

- Si
- No *(SKIP TO Q20)*
- No sé *(SKIP TO Q20)*
- Prefiero no responder *(SKIP TO Q20)*

Q18.

Did you see the specialist or other health professional?

- Yes *(SKIP TO Q20)*
- No
- I don't know *(SKIP TO Q20)*
- Prefer not to answer *(SKIP TO Q20)*

¿Vió a su especialista o otro profesional de la salud?

- Si *(SKIP TO Q20)*
- No
- No sé *(SKIP TO Q20)*
- Prefiero no responder *(SKIP TO Q20)*

Q19.

Why didn't you see the specialist or other health professional?

- Couldn't get an appointment
- No insurance
- My insurance not accepted
- Insurance did not cover
- Transportation problems
- Hours not convenient
- No child care for children at home
- Forgot or lost referral
- I didn't have time
- Language problems
- Couldn't afford / Cost too much
- Other, Specify: _____
- I don't know
- Prefer not to answer

Por qué no consultó al especialista o otro profesional de la salud?

- No pude conseguir una cita
- Sin seguro
- Mi seguro no fue aceptado
- Mi seguro no cubrió
- Problemas de transporte
- Horas no eran convenientes
- No tube cuidado de niños en casa
- Olvidé o perdí la referencia
- No tuve tiempo
- Problemas de idioma
- No podía pagar / Cuesta demasiado
- Otro, especifique: _____
- No sé
- Prefiero no responder

The next questions ask about health education. Health education are classes or programs about health issues such as diabetes education, smoking cessation, or nutrition.

Las siguientes preguntas se refieren a la educación de salud. La educación de salud son clases o programas sobre temas de salud como educación sobre la diabetes, dejar de fumar, o nutrición.

Q20.

Has a doctor **ever** advised you to attend a health education class or program?

- Yes, and I attended one
- Yes, but I have not attended one
- No *(SKIP TO Q23)*
- I don't know *(SKIP TO Q23)*
- Prefer not to answer *(SKIP TO Q23)*

¿Alguna vez le ha aconsejado un médico asistir una clase o programa de educación de salud?

- Sí, y asistí a una
- Sí, pero no he asistido ninguna
- No *(SKIP TO Q23)*
- No sé *(SKIP TO Q23)*
- Prefiero no responder *(SKIP TO Q23)*

Q21.

Would/Do you prefer to take health education classes or programs:

- One-on-one virtually / online
- One-on-one in person
- In a group virtually / online
- In a group in person
- I don't know
- Prefer not to answer

¿Cómo preferiría tomar clases o programas de educación para la salud?

- Uno a uno virtualmente / en línea
- Uno a uno en persona
- En grupo virtualmente / en línea
- En grupo en persona
- No sé
- Prefiero no responder

Q22.

If you attended a health-related education in the past 12 months, what distance in miles did you have to travel to get to your class?

Your best estimate is fine

- _____ MILES
- I have not attended one
- I don't know
- Prefer not to answer

Si asistió una clase de educación relacionada con la salud en los últimos 12 meses, ¿qué distancia en millas tuvo que viajar para llegar a su clase? (Su mejor estimación está bien)

- _____ MILLAS
- No he asistido ninguna
- No sé
- Prefiero no responder

Dental Health

These next questions are about dental health.

Salud Dental

Las siguientes preguntas son sobre la salud dental.

Q23.

About how long has it been since you visited a dentist or dental clinic? Include hygienists and all types of dental specialists.

- Have never visited (*SKIP TO Q25*)
- 6 months ago or less
- More than 6 months, up to 1 year ago
- More than 1 year, up to 2 years ago
- More than 2 years, up to 5 years ago
- More than 5 years ago
- I don't know (*SKIP TO Q25*)
- Prefer not to answer (*SKIP TO Q25*)

¿Cómo cuánto tiempo ha pasado desde que visitó un dentista o a una clínica dental? Incluya higienistas y todo tipo de especialistas dentales.

- Nunca he visitado *(SKIP TO Q25)*
- Hace 6 meses o menos
- Más de 6 meses, hasta 1 año atrás
- Más de 1 año, hasta 2 años atrás
- Más de 2 años, hasta hace 5 años
- Hace más de 5 años
- No sé *(SKIP TO Q25)*
- Prefiero no responder *(SKIP TO Q25)*

Q24.

Was it for a routine check-up or cleaning, or was it for a specific problem?

- Routine check-up or cleaning
- Specific problem
- Both
- I don't know
- Prefer not to answer

¿Fue por un chequeo o limpieza de rutina, o fue por un problema específico?

- Revisión o limpieza de rutina
- Problema específico
- Ambos
- No sé
- Prefiero no responder

Q25.

How would you describe the condition of your teeth?

- Excellent
- Very Good
- Good
- Fair
- Poor
- I don't have any natural teeth
- I don't know
- Prefer not to answer

¿Cómo describiría el estado de sus dientes?

- Excelente
- Muy bien
- Bien
- Aceptable
- Mal
- No tengo dientes naturales
- No sé
- Prefiero no responder

Q26.

Do you have a dental provider on the West Side?

The "West Side" refers to the zip codes: 95313, 95363, 95385, and 95387.

- Yes
- No
- I don't know
- Prefer not to answer

¿Tiene un proveedor de servicios dentales en el lado oeste?

El "lado oeste" se refiere a los códigos postales: 95313, 95363, 95385 y 95387.

- Si
- No
- No sé
- Prefiero no responder

About your Household

Now we'd like to ask questions about your entire household. When we ask about anyone in your household please include yourself.

Acerca de su Hogar

Ahora, nos gustaría hacer preguntas sobre su hogar entero. Cuando preguntamos por alguien en su hogar, inclúyase a usted mismo.

Q27a.

How many people live in your house who are aged **0-17 years old**?

- Number of people: _____
- I don't know
- Prefer not to answer

Cuántas personas viven en su casa que son de... **0 a 17 años**?

- # de personas: _____
- No sé
- Prefiero no responder

Q27b.

How many people live in your house who are aged **18-64 years old**?

- Number of people: _____
- I don't know
- Prefer not to answer

Cuántas personas viven en su casa que son de... **18 a 64 años**?

- # de personas: _____
- No sé
- Prefiero no responder

Q27c.

How many people live in your house who are aged **65 years or older**?

- Number of people: _____
- I don't know
- Prefer not to answer

Cuántas personas viven en su casa que son de...65 años o mas?

- # de personas: _____
- No sé
- Prefiero no responder

Q28.

What languages are spoken in your household?

Select all that apply

- English
- Spanish
- Russian
- Cantonese
- Vietnamese
- Tagalog
- Mandarin
- Korean
- Asian / Indian Languages
- Other 1, Specify: _____
- Other 2, Specify: _____
- I don't know
- Prefer not to answer

¿Qué idiomas se hablan en su hogar?

Seleccione todas las que correspondan

- Inglés
- Español
- Ruso
- Cantones
- Vietnamita
- Tagalo
- Mandarín
- Coreano
- Lenguas asiáticas/ indias
- Otro 1, especificar: _____
- Otro 2, especificar: _____
- No sé
- Prefiero no responder

Q29.

Does any person in the household commute outside of the West Side for work?

The "West Side" refers to the zip codes: 95313, 95363, 95385, and 95387.

- Yes
- No
- I don't know
- Prefer not to answer

¿Alguna persona en el hogar viaja fuera del lado oeste para trabajar?

El "lado oeste" se refiere a los códigos postales: 95313, 95363, 95385 y 95387.

- Si
- No
- No sé
- Prefiero no responder

Q30.

How many working vehicles (motor vehicles used for transportation to places such as work or a doctor's appointment) are in your household?

- Number of WORKING VEHICLES: _____
- I don't know
- Prefer not to answer

¿Cuántos vehículos funcionales (vehículos de motor utilizados para el transporte a lugares como el trabajo o una cita con el médico) están en su hogar?

- Numero de VEHÍCULOS FUNCIONALES: _____
- No sé
- Prefiero no responder

The next questions are about use of the internet on a computer, phone, or other mobile device (tablet). People may use the internet for video/music, games, social media, browsing the web, etc.

Las siguientes preguntas son sobre el uso del Internet en una computadora, teléfono u otro aparato móvil (tableta). Las personas pueden usar el Internet para videos/música, juegos, redes sociales, navegando por la web, etc.

Q31.

How many people in your household regularly use the internet?

- Number of people: _____
- I don't know
- Prefer not to answer

¿Cuántas personas en su hogar utilizan el Internet con regularidad?

- Numero de personas: _____
- No sé
- Prefiero no responder

Q32.

On a typical day, how often do **YOU** use the internet?

- Almost constantly
- Many times a day
- A few times a day
- Less than a few times a day
- I don't know
- Prefer not to answer

En un día típico, ¿con qué frecuencia usa **USTED** el Internet?

- Casi constantemente
- Muchas veces al día
- Unas cuantas veces al día
- Menos de unas pocas veces al día
- No sé
- Prefiero no responder

Chronic Health Conditions

The next question ask about various health conditions and behaviors for anyone in your household.

Condiciones de Salud Crónicas

Las siguiente pregunta se refiere a varias condiciones y comportamientos de salud para cualquier persona en su hogar.

Q33a-c.

Has a doctor, nurse, or health care provider ever told a person in the household they have...

	Yes	No	I don't know	Prefer not to answer
...asthma?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...any kind of heart disease?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...any kind of depression or other mental health condition	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
¿Alguna vez un médico, enfermera o proveedor de atención médica le ha dicho a una persona en el hogar que tiene ...	Si	No	No sé	Prefiero no responder
...¿asma?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...¿algún tipo de enfermedad cardíaca?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...¿cualquier tipo de depresión u otra condición de salud mental?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q34.

Has a doctor, nurse, or health care provider ever told a person in the household they have diabetes or sugar diabetes (not including during pregnancy)?

- Yes
- Yes – borderline / pre-diabetes
- No
- I don't know
- Prefer not to answer

¿Alguna vez un médico, enfermera o proveedor de atención médica le ha dicho a una persona en el hogar que tiene diabetes (sin incluir durante el embarazo)?

- Si
- Si – al punto de diabetes / prediabetes
- No
- No sé
- Prefiero no responder

Q35.

Has a doctor, nurse, or health care provider ever told a person in the household they have high blood pressure?

- Yes
- Yes – high normal / borderline / pre-hypertension
- No
- I don't know
- Prefer not to answer

¿Alguna vez un médico, enfermera o proveedor de atención médica le ha dicho a una persona en el hogar que tiene presión arterial alta?

- Si
- Si– alto normal / al riesgo / pre hipertensión
- No
- No sé
- Prefiero no responder

Emergency Room Use
Uso de la Sala de Emergencias

Q36.

During the past 12 months, has anyone in your household had to visit a hospital emergency room for a medical reason?

- Yes
- No *(SKIP TO Q38)*
- I don't know *(SKIP TO Q38)*
- Prefer not to answer *(SKIP TO Q38)*

Durante los últimos 12 meses, ¿alguien en su hogar ha tenido que visitar la sala de emergencias de un hospital por una razón médica?

- Si
- No *(SKIP TO Q38)*
- No sé *(SKIP TO Q38)*
- Prefiero no responder *(SKIP TO Q38)*

Q37.

Why did they visit the emergency room?

Select all that apply

- Didn't have another place to go
- Doctor's office or clinic was not open
- Doctor or other medical provider advised they should go
- Problem was too serious for a doctor's office or clinic
- Only a hospital could help them
- The emergency room was the closest medical provider
- They get most of their care at the emergency room
- Arrived by ambulance or other emergency vehicle
- Other, Specify: _____
- I don't know
- Prefer not to answer

¿Por qué visitaron la sala de emergencias?

Seleccione todas las que correspondan

- No tenía otro lugar a dónde ir
- El consultorio o la clínica del médico no estaban abiertos
- El médico o otro proveedor médico les recomendó ir
-
- El problema era demasiado grave para el consultorio de un médico o una clínica
- Solo un hospital podría ayudarlos
- La sala de emergencias era el proveedor médico más cercano
-
- Reciben la mayor parte de su atención en la sala de emergencias
- Llegó en ambulancia o otro vehículo de emergencia
-
- Otro, Especifique _____
- No sé
- Prefiero no responder

Tobacco / Substance Use
Uso de Tabaco/ Sustancias

Q38.

What is the most frequent anyone in your household currently smokes cigarettes?

- Every day
- Some days
- Not at all
- I don't know
- Prefer not to answer

¿Cuál es la frecuencia con la que alguien en su hogar fuma cigarrillos?

- Todos los días
- Algunos días
- Para nada
- No sé
- Prefiero no responder

Q39.

During the past 12 months, has anyone in your household stopped smoking for one day or longer because they were trying to quit smoking?

- Yes
- No
- I don't know
- Prefer not to answer

Durante los últimos 12 meses, ¿alguien en su hogar ha dejado de fumar durante un día o más porque estaba tratando de dejar de fumar?

- Si
- No
- No sé
- Prefiero no responder

The next questions are about marijuana (also called cannabis or weed), hashish, and other products containing THC. In California, the use of marijuana is legal. There are many methods for consuming these products, such as smoking, vaporizing, dabbing, eating, or drinking.

Las siguientes preguntas son sobre la marihuana (también llamada cannabis o mota), hachís y otros productos que contienen THC. En California, el uso de marihuana es legal. Existen muchos métodos para consumir estos productos, como fumar, vaporizar, comer o beber.

Q40.

Have **YOU** ever, even once, tried marijuana, hashish, or another THC product in any form?

- Yes
- No *(SKIP TO Q43)*
- I don't know *(SKIP TO Q43)*
- Prefer not to answer *(SKIP TO Q43)*

¿Alguna vez, aunque sea solo una vez, a probado **USTED**, marihuana, hachís, u otro producto de THC en alguna forma?

- Si
- No *(SKIP TO Q43)*
- No sé *(SKIP TO Q43)*
- Prefiero no responder *(SKIP TO Q43)*

Q41.

During the past 30 days, on how many days did you use marijuana, hashish, or another THC product?

- 0 days *(SKIP TO Q43)*
- 1-2 days
- 2-5 days
- 6-9 days
- 10-19 days
- 20-29 days
- 30 days
- I don't know *(SKIP TO Q43)*
- Prefer not to answer *(SKIP TO Q43)*

Durante los últimos 30 días, ¿cuántos días ah consumidó marihuana, hachís u otro producto con THC?

- 0 días *(SKIP TO Q43)*
- 1-2 días
- 2-5 días
- 6-9 días
- 10-19 días
- 20-29 días
- 30 días
- No sé *(SKIP TO Q43)*
- Prefiero no responder *(SKIP TO Q43)*

Q42.

Was any of your marijuana use in the past month recommended by a doctor or other health care provider?

- Yes
- No
- I don't know
- Prefer not to answer

¿Fue alguna de la marihuana que consumió en el último mes recomendado por un médico o por otro proveedor de atención médica?

- Si
- No
- No sé
- Prefiero no responder

Q43.

Does **anyone in your household** vape any substance (for example, e-cigarettes / nicotine, marijuana vape, or flavored vape)?

- Yes
- No
- I don't know
- Prefer not to answer

¿Alguien **en su hogar** fuma alguna sustancia (por ejemplo, cigarrillos electrónicos / nicotina, vaporizador de marihuana o vaporizador con sabor)?

- Si
- No
- No sé
- Prefiero no responder

Safety

These next questions are about your housing and neighborhood.

Seguridad

Las siguientes preguntas son acerca de su hogar y su vecindario.

Q44.

Do you live in a...

- House
- Duplex
- Building with 3 or more units
- Mobile Home
- I don't know
- Prefer not to answer

¿Vive usted en un(a)...

- Casa
- Un duplex
- Un edificio con 3 o más unidades
- Una casa móvil
- No sé
- Prefiero no responder

Q45.

Do you own or rent your home?

- Own
- Rent
- Other arrangement
- I don't know
- Prefer not to answer

¿Es dueño(a) de su propia casa o alquila?

- Propio
- Alquila
- Otro arreglo
- No sé
- Prefiero no responder

Q46.

Do you feel safe in your home?

- All of the time
- Most of the time
- Some of the time
- None of the time
- I don't know
- Prefer not to answer

¿Se siente seguro(a) en su casa?

- Todo el tiempo
- La mayor parte del tiempo
- Algunas veces
- Ninguna de las veces
- No sé
- Prefiero no responder

Q47.

Do you feel safe in your neighborhood?

- All of the time
- Most of the time
- Some of the time
- None of the time
- I don't know
- Prefer not to answer

¿Se siente seguro(a) en su vecindario?

- Todo el tiempo
- La mayor parte del tiempo
- Algunas veces
- Ninguna de las veces
- No sé
- Prefiero no responder

Q48.

Is your neighborhood safe for walking or exercising outside?

- Yes
- No
- I don't know
- Prefer not to answer

¿Es su vecindario seguro para caminar o hacer ejercicio al aire libre?

- Si
- No
- No sé
- Prefiero no responder

Closing Questions **Preguntas Finales**

In this survey, the “West Side” refers to the zip codes: 95313, 95363, 95385, and 95387.

En esta encuesta, el "lado oeste" se refiere a los códigos postales: 95313, 95363, 95385 y 95387.

Q49.

How would you rate the availability of health care services on the West Side?

- Excellent
- Very Good
- Good
- Fair
- Poor
- I don't know
- Prefer not to answer

¿Cómo calificaría la disponibilidad de servicios de salud en el lado oeste?

- Excelente
- Muy buena
- Buena
- Regular
- Mala
- No sé
- Prefiero no responder

Q50.

Which of the following health care services do/would members of your household use on the West Side?

Select all that apply

- After hours urgent care
- Imaging / X-ray
- Laboratory / Blood Draw
- Physical Therapy
- Hospital / Emergency Room
- Mental Health Service
- Durable Medical Equipment Distribution (for example, home oxygen, home hospital bed)
- Home health care (for example, an in-home nurse)
- Skilled nursing home or assisted living facility
- In-home assistance (for example, cooking, cleaning, self-care)
- Other, Specify: _____
- I don't know
- Prefer not to answer

¿Cuáles de los siguientes servicios de atención médica utilizan o utilizarían los miembros de su hogar en el lado oeste?

Seleccione todas las que correspondan

- Atención urgente fuera de horario
- Imágenes / Rayos X
- Laboratorio / Extracción de sangre
- Fisioterapia
- Hospital / Sala de emergencias
- Servicio de Salud Mental
- Distribución de equipos médicos durables (por ejemplo, oxígeno en el hogar, cama de hospital en el hogar)
- Atención médica en el hogar (por ejemplo, una enfermera en el hogar)
- Hogar de ancianos especializado o centro de vida asistida
- Asistencia en el hogar (por ejemplo, cocina, limpieza, cuidado personal)
- Otro, Especifique: _____
- No sé
- Prefiero no responder

Q51.

In the last 12 months, which three things have you worried about most often?

Select 3

- Health
- Finances / Money
- Job / Employment
- Transportation
- Education / School
- Retirement
- Housing

- Food
- Other, Specify: _____
- I don't know
- Prefer not to answer

En los últimos 12 meses, ¿qué tres cosas le han preocupado más a menudo?

Seleccione 3

- Salud
- Finanzas / Dinero
- Trabajo / Empleo
- Transporte
- Educación / Escuela
- Jubilación
- Vivienda
- Comida
- Otro, Especifique: _____
- No sé
- Prefiero no responder

Q52.

How worried are you about the *health effects* of COVID-19 (also known as the coronavirus), including whether or not you contract the virus?

- Never
- Seldom
- Sometimes
- Most of the time
- Almost always
- I don't know
- Prefer not to answer

¿Qué tan preocupado está por los *efectos en la salud* del COVID-19 (también conocido como coronavirus) incluso si contrae el virus o no?

- Nunca
- Raramente
- A veces
- La mayor parte del tiempo
- Casi siempre
- No sé
- Prefiero no responder

Q53.

Before filling out this survey, had you heard of the Del Puerto Health Care District?

- Yes
- No
- I don't know
- Prefer not to answer

Antes de completar esta encuesta, ¿había oído hablar del Distrito de Salud de Del Puerto?

- Si
- No
- No sé
- Prefiero no responder

SHARE.

Is there anything you would like to share about health care or community services on the West Side?

The “West Side” refers to the zip codes: 95313, 95363, 95385, and 95387.

¿Hay algo que le gustaría compartir sobre la atención médica o los servicios comunitarios en el lado oeste?

El "lado oeste" se refiere a los códigos postales: 95313, 95363, 95385 y 95387.

CONQ.

If we have questions about your survey (for example, clarify a written answer), can we contact you?

- Yes – please provide your first name and phone number on the next page
- No

¿Si tenemos preguntas sobre su encuesta (por ejemplo, aclarar una respuesta escrita), ¿podemos comunicarnos con usted?

- Si – por favor proporcione su nombre y número de teléfono abajo
- No

CONDRAW.

Do you want to be entered into the drawing for one of three \$200 VISA gift cards? We will reach out to you once if your household is chosen.

- Yes – please provide your first name and phone number on the next page
- No

¿Gusta participar en el sorteo de una de las tres tarjetas de regalo VISA de \$200? Nos comunicaremos con usted si se elige su hogar.

- Sí, – por favor proporcione su nombre y número de teléfono abajo
- No

CONINFO.

First Name _____
Phone Number _____ - _____ - _____
Primer Nombre _____
Número de teléfono _____ - _____ - _____

THE END

Thank you for completing the survey!

If you have any questions, please call 1-800-311-4909

EL FIN

¡Gracias por completar la encuesta!

Si tiene alguna pregunta, llame al 1-800-311-4909

LANGINEL.

Sorry, this survey is only available in English and Spanish. Thank you for your interest in helping us better understand our community!

Lo sentimos, esta encuesta sólo está disponible en inglés y español. ¡Gracias por su interés en ayudarnos a entender mejor nuestra comunidad!

Can go back

ADDINEL.

Thank you for your time. We are only surveying households on the West Side. Thank you for your interest in helping us better understand our community!

Gracias por su tiempo. Solo estamos encuestando hogares en el lado oeste. ¡Gracias por su interés en ayudarnos a entender mejor nuestra comunidad!

Can go back